

LUNCH

MONDAY-FRIDAY 11AM-3PM

YOU-PICK-TWO

10.99

SOUP OF THE DAY

SMALL SALAD

HALF FLATBREAD

BF HOUSE, KALE QUINOA, CAESAR

LUNCH ITEMS

FRIED FISH SANDWICH

14.99

fried haddock, coleslaw, cheddar and tartar sauce on a roll, served with crispy fries

BBQ RIBS

13.99

6 dry rubbed baby back ribs brushed with spicy chipotle honey bbq sauce, served with crispy fries and coleslaw

BLACKFINN CHICKEN WRAP

13.99

buttermilk brined roasted chicken, mixed greens, parmesan, roma tomatoes, pine nuts, red onions and housemade buttermilk parmesan dressing, served with steamed broccoli

HIPPIE BOWL

15.99

pulled chicken, with quinoa, cilantro, toasted sesame seeds and basil simmered in tomato broth topped with fresh avocado **GF**

BLACKENED CHICKEN ALFREDO

16.99

blackened chicken, with corkscrew pasta, alfredo sauce, roma tomatoes, red and green onions with garlic bread

ROASTED CHICKEN AVOCADO

13.99

mixed greens, roasted chicken, fresh avocado, bacon, red onions, roma tomatoes, cucumbers, carrots and green goddess dressing **GF**

BAMA CHICKEN SANDWICH

13.99

buttermilk fried chicken, alabama white bbq sauce, housemade pickles on a fresh baked bun and crispy fries

GF Gluten Free

GFO Gluten Free Option

V Vegetarian

DC1021

* These items may be cooked to order. Contains raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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