



## NYC EATS: ABAITA

BY: ELISHEVA HIRSCH | MARCH 13, 2022



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By Elisheva Hirsch, Arts and Culture Editor

Nestled away in the Upper East side, just a few blocks from Rockefeller Center, lies a cozy yet chic kosher Italian restaurant. Abaita is a reservation-only higher end dairy kitchen known for its fresh ingredients and authentic Italian flavors. Its minimal menu offers homemade pastas, wood-fired pizzas, and delicious fish.

Abaita's small dining room with limited tables and an open kitchen design lend it an exclusive air; the modern artwork and blue toned decor give a fresh and bright energy that matches the food. Specialty sharp cheeses and herbs are prominent flavors in many of the dishes, as is a homemade tomato sauce blend. The cream of sunchoke soup is a well loved starter among Abaita fans, as is the Tajarin truffle pasta. Although Abaita doesn't offer much in terms of dessert, they do have a large drink menu including various coffees and interesting tea blends.

I went to Abaita with a few friends for Friendsgiving this year, and we had a lot of fun each ordering a different dish so we could sample as many as possible. While foodies will have an especially great time at this upscale Italian spot, everyone will appreciate the fresh flavors and bright ambiance that make Abaita unique.

Abaita is located at 145 E 49th St, New York, NY 10017.



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