

# Rise-N-Shine

*If you are serious about breakfast, you came to the right place! Our biscuits are scratch made, we serve them with our homemade apple butter. Our sausage is locally raised from Hickory Nut Gap Farm in NC that specializes in sausage that is all natural and hormone free. We hand patty our sausage and also use it to make our scratch made white pepper gravy. Our Bacon is a Premium Hickory Smoked Cut, our Liver Mush Comes from a Triad Favorite, Neece's Farm; and our Country Ham is a Center Cut from Boone, NC in Watuga County. We use only Yellow Stone Ground Grits and our Breakfast Potato is choice of Hash-brown Casserole or Red Skin Potato Home-fry.*

## TRADITIONAL BREAKFAST FAVORITES

### The Piedmont Breakfast

2 Eggs (choose your style), Moose Cake or French Toast, Bacon or Hickory Nut Gap Sausage, Grits or Breakfast Potato 9.25

### The Triad Breakfast

2 Eggs (choose your style), Blueberry Moose Cake, Bacon or Hickory Nut Gap Sausage, Grits or Breakfast Potato 9.50

### Farmer's Market Breakfast

2 Eggs (Choose your style), Moose Cake or French Toast, Watuga County NC Country Ham, Grits or Breakfast Potato 9.99

### All American Breakfast

2 Eggs (Choose your style), Bacon or Hickory Nut Gap Sausage, Biscuit & Gravy, Grits or Breakfast Potato, and Fruit 8.99

### All You Can Eat Breakfast

Endless Scrambled Eggs, Bacon, Grits, Breakfast Potato, Biscuits & Gravy 8.99



## OMELETS

Omelets are served with Hickory Nut Gap Sausage Gravy for your Freshly Baked Biscuit, plus Grits or Breakfast Potato

### Ham & Cheese

8.50

### Western Omelet

Freshly Chopped Onions, Green Peppers, Ham, and Cheese 8.50

— Make it a Spanish Omelet for 50 cents to top it with Salsa

### Veggie Omelet

stuffed with chopped onions, green peppers, tomatoes, and cheese 8.50

### Farmer's Omelet

ham, bacon, sausage, peppers, onions, tomatoes, red skin potatoes and cheese, topped with homemade cheese sauce 9.99



## MOOSE CAKES & FRENCH TOAST

### Single Moose Cake

5.99

— Add Blueberries or Chocolate Chips

### Two (2) Moose Cakes

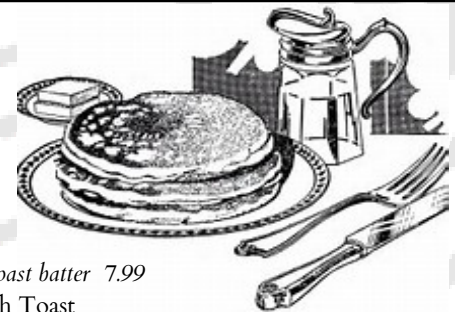
6.99

— Add Blueberries or Chocolate Chips

### French Toast

We use a specialty Challah bread perfect in sweetness and thickness and dip in our French Toast batter 7.99

— Add Bacon or Sausage for or Center Cut Country Ham with your Cakes or French Toast



Consuming raw or undercooked meat, seafood, eggs, shellfish or poultry may increase your risk of a food borne illness

## COUNTRY FAVORITES

### Breakfast Combo

3 eggs (any style), 2 strips of bacon, city ham, Hickory Nut Gap sausage, and a Moose Cake. Served with choice of grits, fruit, or breakfast potato 9.99

### True Southern Breakfast

Choice of buttermilk fried chicken or country fried steak topped with white pepper gravy, 3 eggs (any style). Served with your choice of grits fruit, or breakfast potato 9.50

### 1-2-3 Breakfast

1 Moose Cake, 2 eggs (any style), and 3 strips of bacon 8.50  
— add Chocolate Chips or Blueberries to your Moose Cake

### Fit Farmer

Egg Beater, Turkey Bacon, Tomatoes, and Fruit 8.50

### Hillbilly Breakfast

2 eggs (any style), Local Neece's Liver Mush, and Biscuits and Gravy. Served with your choice of grits, fruit, or breakfast potato 7.99

### Country Benedict

scratch made biscuits topped with Hickory Nut Gap Sausage, over hard eggs, white pepper gravy. Served with choice of grits, fruit, or breakfast potato 7.99



## THE HEN HOUSE - FRESH EGGS FOR BREAKFAST

Served with Made From Scratch White Pepper Gravy for your Fresh Baked Biscuits, plus Grits or Homefries

Single Egg, Single Egg with Breakfast Meat, Single Egg with Country Ham

5.50 7.50 8.50

Two (2) Eggs, Two Eggs with Breakfast Meat, Two Eggs with Country Ham

6.50 7.99 8.99



## BISCUITS AND SIDES

Egg Biscuit, Bacon or Sausage Biscuit, Breakfast Meat & Egg Biscuit

2.99 3.50 3.99

Egg & Country Ham Biscuit

5.99

— Add Cheese to any Biscuit Sandwich

Grits, Homefries, or Gravy

1.99

Biscuits & Gravy

3.99

Orange Juice

Small, Large 1.99 2.99

Share Plate

1.50

