



sandwiches

Deli Classics

Served on your choice of bread (whole wheat, sourdough, white, egg or rye), bagel, pita, baguette (kaiser, onion or gluten-free - add 50¢). Served with choice of organic mixed greens, potato salad, macaroni salad or cole slaw. Sub fruit 1.79.

Cold	HALF	FULL	HALF	FULL
Free Range Roasted Turkey Breast	8.49	12.49	White Albacore Tuna Salad	7.79 / 11.99
Smoked Turkey Breast	8.49	12.49	Turkey Salad	7.79 / 12.29
Turkey Pastrami	8.99	12.99	Chicken Salad	7.79 / 12.29
Roast Beef	8.29	12.99	Egg Salad	7.29 / 9.99
Kosher or Italian Salami	8.29	12.99	Smoked Whitefish Salad	12.99
The Vegetarian	10.49			
Avocado, Jack cheese, tomato, cucumber, alfalfa sprouts & hummus on whole wheat bread				

Hot	HALF	FULL	HALF	FULL
Hot New York Pastrami	8.99	13.49	Hot Corned Beef	8.29 / 12.99
French Dip	14.79			
Hot prime brisket or prime roast beef on a baguette with au jus.				

Nosh Signature Sandwiches

We highly recommend no substitutions for our signature sandwiches. Served with your choice of organic mixed greens or french fries, and your choice of potato salad, macaroni salad or cole slaw. Sub fruit for 1.79.

Prime Rare Roast Beef House roasted top round, arugula, grilled onions, sweet & sassy horseradish aioli. . . 13.79

BLT...an old classic revisited Applewood smoked bacon, grilled tomato, avocado spread, hint of Point Reyes blue cheese. 11.99

Golden Curry Chicken Salad Spinach and tomato on a baguette, organic mixed greens on the side*. . . . 12.99

Caprese Mozzarella, tomato, basil on a baguette. Organic mixed greens on the side*. 12.29

The Canon Tender roast beef, turkey and Swiss cheese, piled high, cole slaw, Russian dressing, rye bread. . . 14.29

The Roxbury Corned beef, pastrami, Swiss cheese on rye, cole slaw, Russian dressing. 14.29

The Camden Roasted turkey breast, ham, Swiss cheese, cole slaw, Russian dressing on rye. 14.29

Esther's Organic Falafel Golden, delicious organic falafel fritters, cucumbers, lettuce, tomato and tahini sauce in a pita. 10.49
*Served with organic mixed greens only

Grilled Sandwiches, Burgers, Reubens and Melts

Served with your choice of organic mixed greens or french fries, and your choice of potato salad, macaroni salad or cole slaw. Sub fruit for 1.79.

Reuben Sandwich Corned beef, pastrami or turkey, sauerkraut, Swiss cheese, homemade Russian dressing on grilled rye bread. 14.49

Tuna Melt Sandwich All-white albacore tuna salad, melted Swiss or American cheese on grilled rye bread. . . 13.49

Classic Patty Melt Griddled rye with sauteed onion, Swiss or American cheese. 12.99

The Nosh Hamburger Lettuce, tomato and onion. Add cheese or fried egg . . . 1.00 Add bacon . . 1.79 12.99

Backyard BBQ Burger Piled high with cheddar cheese, bacon, onion ring, smokey BBQ sauce 14.29

Turkey Burger Lettuce, tomato, onion. Add cheese or fried egg . . . 1.00 Add bacon . . 1.79 12.99

Veggie Burger Vegan patty, lettuce, tomato, onion. Add cheese or fried egg 1.00 Add bacon 1.79 11.79

Tres Queso Grilled Cheese Sandwich Melted jack, munster & mozzarella cheese, rustic bread. Add ham 3.99 . 10.99

BBQ Chicken Breast Sandwich Mozzaerlla, red onion, tomato, lettuce & house BBQ sauce, challah bun . 13.79

Grilled Chicken Breast Sandwich Red onion, tomato, lettuce, homemade challah bun 12.99

Deluxe Grilled Chicken Breast Sandwich Melted Jack cheese, avocado, lettuce, tomato, red onion, challah bun . 13.99

All Beef Hebrew National Kosher Hot Dog 1/2 lb. kosher dog with sauerkraut or chopped onions. 9.49

Half Sandwich Combo (M-F only)

1/2 Sandwich with Salad or Soup Combo Half classic deli sandwich (hot or cold) with mixed greens, caesar salad or bowl of soup. 12.99

from the grill

Hot Entrees

Free Range Half Rotisserie Rosemary Chicken Seasonal vegetables and mashed potatoes. 18.99

Brisket Plate Thick slices of fresh brisket with potato pancakes, medley of fresh vegetables, apple sauce. . 19.99

Fried Chicken Crispy fried chicken served with seasoned fries & honey-dijon sauce.. 14.29

Chicken Tenders Served with French fries and BBQ sauce or honey dijon. 12.99

Hot Turkey Sandwich Served open-faced with mashed potatoes, gravy and cranberry sauce. 15.99

Side Dishes

French Fries/Steak French Fries 4.29

Onion Rings 6.49

Potato Latkes (1) 3.99 . . . (3) 10.99

Chili Cheese Fries 6.99

Macaroni & Cheese 6.59

Our Famous Cole Slaw 2.99

Classic Potato Salad 2.99

Israeli Couscous Salad 3.99

Guacamole 2.49/5.99

Homemade Falafel Balls with tahini sauce . . . 7.49

Homemade Macaroni Salad 2.99

Steamed Fresh Vegetables 4.59

Tomatoes (2/5 slices) 99 / 1.99

Old Fashioned Mashed Potatoes 4.99

Fresh Avocado 2.29

Pickled Herring 4.99

Small Side of Greek Olives 2.99

Desserts From Our Own Bakery

Slice of Carrot Cake 8.29

Slice of Cheesecake 7.99

Slice of Chocolate Cake 8.49

Homemade Pudding chocolate or butterscotch . 4.50

Black & White Cookie 3.49

Chocolate Chip or Dulce de Leche Cookie . . . 3.29

Chocolate Brownie/a la mode 3.49/6.49

Snickerdoodle 2.79

M&M Cookie 2.79

Cinnamon Bun 4.99

Scoop of Ice Cream vanilla or chocolate 3.99

We reserve the right to refuse service to anyone.
Prices subject to change.

Have us cater your private event and make it special. We deliver.

Prices subject to change.

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- Free range turkey roasted daily
- Grass-fed kosher hamburger
- Nitrate-free bacon
- Free-range chicken
- Meats roasted daily
- Pastries baked daily in house
- Natural nitrate-free smoked salmon
- Organic coffee, tea & hot chocolate



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The Nosh app is now available at the App Store.

breakfast

Served all day, every day

From Our Bakery

Homemade, New York Style Bagels

Plain, Egg, Blueberry, Onion, Pumpernickel, Sesame, Rye, Wheat, Sea Salt, Everything,	
Cinnamon Raisin, Poppyseed, Garlic	1.20
With butter	2.39
Cream cheese	3.59
Lite Ccream Cheese	3.69
Lox Spread	5.49
With flavored cream cheese: Vegetable, Chive, Jalpeño, Spinach, Strawberry,	
Cinnamon Walnut Raisin, Za’atar	4.29
With Peanut Butter/Nutella	4.79
With Hummus	4.99
Cheese Bagel or Nosh Stick	add 1.50

Breakfast Pastries

Fresh Baked Muffin (Blueberry, Banana-Walnut, Banana Chocolate Chip, Morning Glory,	
Lemon Poppy, Chocolate Chocolate Chip)	3.79
Gluten-Free Flax Seed Muffin	3.79
Mini Danish	1.99
Crumb Cake	3.79
Croissant Plain/Chocolate	2.99/3.49

Light Breakfast at The Nosh

Organic Granola Yogurt Parfait seasonal berries and vanilla yogurt	6.99
Seasonal Fruit Salad Bowl mix of seasonal fruits	6.29
Organic Steel Cut Oatmeal banana, raisins, brown sugar	6.79

Nosh Specialties

Breakfast Burrito Scrambled eggs, crispy bacon & cheese with guacamole and salsa.	9.49
Shakshuka (Israeli Breakfast) Two poached eggs atop a slow roasted stew (tomato). Served with a baguette.	11.99
Matzoh Brie sour cream and/or strawberry jam. Add egg whites 1.29.	10.99
Cheese Blintzes sour cream and/or strawberry jam 2/3	9.49/12.99
Chicken Apple Sausage Hash Aidells chicken apple sausage mixed with home fries, red onions, red peppers and topped with 2 eggs any style	12.49
Veggie Hash Diced potatoes, mushrooms, artichoke hearts, sun-dried tomatoes, spinach & red onion topped with 2 eggs any style.	11.99

Breakfast Sandwiches

Nosh Breakfast Bagel Fluffy eggs, crispy bacon & cheese	7.49
Gourmet Breakfast Bagel Egg whites, sun-dried tomatoes, spinach and goat cheese	8.49
Veggie Breakfast Bagel Fluffy eggs, Swiss cheese, lettuce, tomato and cucumber	7.49
Lox ‘n Bagel Cream cheese and smoked salmon	11.49
Light Breakfast Croissant Egg whites, spinach, feta cheese, tomato.	9.49
Hole In One Grilled Cheese Egg Sandwich Two slices of bread with eggs cooked inside the bread, melty American cheese, bacon, lettuce, tomato and mayo on a rustic sourdough	9.99

Build Your Own Breakfast

Scramble / Omelet . . . 7.99 **Egg White** (add 1.29)

Protein 2.49 each: Bacon / Corned Beef / Sausage / Pastrami / Chicken Apple Sausage / Turkey Sausage / Ham / Chicken Breast / Ground Turkey / Salami (kosher or Italian) / Roasted Turkey Breast / Smoked Salmon (add 4.99)

Cheese 1.10 each: Swiss / Muenster / Jack / Cheddar / Mozzarella / American / Feta Crumbles / Goat cheese (add 2.00)

Veggies 1.29 each: Tomatoes / Broccoli / Green Peppers / Onions / Mushrooms / Scallions / Red Pepper / Spinach / Jalapeños / Avocado (add 2.29)

breakfast

Served all day, every day

Eggs, Omelets & More

Two Eggs Any Style Free-range eggs with a choice of potatoes, tomatoes, cottage cheese or organic green salad and bagel or bread. Sub fruit 1.79. Egg whites 1.29	8.99
with applewood smoked, nitrate-free bacon	9.99
with sausage links, turkey sausage or turkey bacon.	9.99
with Aidell’s chicken apple sausage	12.49
with corned beef hash.	12.99
Lox, Eggs & Onions (+3.00 for lox on the side)	13.29
Bacon Cheddar Omelet Applewood smoked bacon, cheddar	11.99
Rustic Artichoke hearts, sundried tomatoes, goat cheese and griddled onions.	12.49
Denver Ham, green pepper, onions	12.49
Spanish Melted Jack & cheddar cheese topped with Spanish sauce. Sour cream & guac on the side.	12.49
Mediterranean Spinach, red onion, feta cheese, tomatoes, black olives	11.99
Caprese Tomatoes, basil, mozzarella.	11.99
Turkey Egg White Scramble Egg whites, ground turkey, spinach. Served with fruit only	11.99
Chicken Egg White Scramble Egg whites, chicken breast, fresh broccoli. Served with fruit only.	11.99

From the Griddle

Buttermilk Pancakes Made from scratch every day. Short stack (3) / Reg Stack (4)	8.99/10.99
Pancake Combo Two fluffy pancakes with two eggs and bacon or sausage.	12.79
Blueberry Cakes (3)	10.99
Gluten-Free Pancakes (3)	10.99
Nutella Banana Pancakes (2)	10.99
Challah French Toast	10.99
French Toast Combo Four triangles of French toast, two eggs and bacon or sausage.	12.79
Plain Waffle (with fresh strawberries add 2.49)	7.99
Waffle Combo A delicious waffle, two eggs and bacon or sausage.	12.79

Smoked Fish and Lox

Served open faced on a bagel or as a plate with cream cheese, capers, tomatoes, cucumbers, red onions, Greek olives and lemon wedges on the side.

Hand-Sliced Nova “Eastern” Salmon (Nitrate-free)	16.29
Nova Smoked Salmon center sliced (Nitrate-free)	14.99
Smoked Whitefish .	13.99
Smoked Sable (natural cod)	18.99
Baked Salmon	17.99
Smoked Whitefish Salad	13.29

Breakfast Sides

Bacon or Sausage Links (3)	3.49	Nova Lox (2 slices)	8.99
Ground Beef Patty 1/2 lb	5.99	Hand-Sliced Nova Black	9.99
Ground Turkey Patty	5.99	Smoked Sable (Natural Cod)	10.99
Turkey Sausage Patties (4)	3.99	Smoked White Fish	7.99
Aidell’s Chicken Apple Sausage (3)	4.99	Breakfast Potatoes	3.49
Tomatoes (2/5 slices)	99 / 1.99	Side of Eggs	4.29
Turkey Bacon (3)	4.29		

We always use cage-free eggs and nitrate-free bacon

soups, salads & little noshes

Homemade Soups

Chicken Matzoh Ball Soup	24 OZ 7.79	QUART 8.99
Chicken Soup	6.99	7.99
Chicken Noodle	6.99	7.99
Chicken Rice	6.99	7.99
Vegetarian Vegetable	6.99	7.99
Mushroom Barley	6.99	7.99
Beef Chili	9.99	

Served with corn muffin, cheddar cheese and onion

Soup of the Day

MONDAY–Split Pea	24 OZ 6.99	QUART 8.29
TUESDAY–Tortilla	6.99	8.29
WEDNESDAY–Turkey Chili	9.99	
THURSDAY–Tomato Rice	6.99	8.29
FRIDAY–New England Clam Chowder	7.49	9.99

Chicken in the pot

A half boiled chicken simmered in a pot with veggies (and noodles or rice if you wish). Just like mom used to make! 15.49

Snacks to Share - Chips and Dips

Choice of bagel chips or pita bread

Homemade Organic Hummus	7.29
Baba Ga-Nosh	7.99
Guacamole	6.99
Mediterranean Sampler	12.99

Organic falafel balls, tabouli, organic hummus, baba-ga-nosh

Light & Fresh Entrée Salads

Add: Shredded chicken . . . 2.99 Grilled chicken . . . 4.99 Falafel balls (4) . . . 3.99 Avocado . . . 2.29

Chinese Chicken Salad Romaine, wontons, chicken breast, scallions, Mandarin oranges, crispy noodles, sesame seeds, almonds tossed with homemade Chinese dressing11.49 . . 13.49

Acapulco Chopped Salad Romaine, tomatoes, jicama, corn, radishes, avocado, red bell pepper, feta cheese, honey-lime vinaigrette.11.49 . . 13.49

Arugula Artichoke Salad Arugula, marinated artichoke hearts, tomatoes, pine nuts, black olives, roasted mushrooms, shaved parmesan, sherry pesto vinaigrette.10.99 . . 12.99

Roasted Corn & Garbanzo Bean Salad Organic mixed greens, roasted corn, organic garbanzo beans, green onions, bell peppers, tomatoes, balsamic dressing..10.49 . . 12.49

Chopped Antipasto Salad Fresh mixed greens, Italian salami, mozzarella cheese, red onions, garbanzo beans, black olives, pepperoncinis, Italian dressing.10.99 . . 12.99

Caesar Salad An old standby of crisp romaine, seasoned croutons, parmesan cheese, our classic Caesar dressing.9.99 . . 11.99

Cobb Salad Greens, chicken breast, Point Reyes bleu cheese crumbles, tomatoes, Niman Ranch bacon, avocado, chopped egg, choice of dressing.11.29 . . 13.29

Tossed Green Salad Tomatoes, cucumbers, carrots & croutons.7.29

Southwest Salad Chicken tenders, organic mixed greens, corn, green onions, shredded carrots, cucumber, BBQ ranch dressing.13.49

Mediterranean Platter Organic falafel balls, tabouli, organic hummus, baba-ga-nosh 12.99

Dressings: Italian, Lite Italian, Vinaigrette, Ranch, Thousand Island, Honey Mustard, Honey Lime Vinaigrette, Blue Cheese, Caesar, Chinese

Deli Salads

Scoop . . . 7.99 Bowl . . . 12.49 (Organic mixed greens, ripe tomatoes and cucumber slices)

Whitefish Salad	Golden Curry Chicken Salad	Artichoke-Olive-Tomato
Turkey Salad	Chicken Salad	