

Hot Bowls

Add side salad for \$3.70

Includes SAUCE, BASE & 4 MIX-INS

- CHICKEN Hot Bowl • 10.95
- STEAK Hot Bowl • 11.45
- SHRIMP Hot Bowl • 11.45
- EGGS Hot Bowl • 10.95
- TOFU Hot Bowl • 10.95
- VEGGIE Hot Bowl • 10.45

CHIPOTLE CHICKEN Hot Bowl * NEW * • 7.45 / • 10.95

This hot bowl features our Seasoned chicken, Chipotle sauce, Onions, Red bell peppers, over white rice. Small or Regular bowl size.

Choice of Sauce -

- Teriyaki
- Szechuan 
- Sweet & Spicy
- Sesame Soy & Chili
- Thai Green Curry 
- Thai Peanut 
- Tikka Masala 
- Alfredo 
- Basil Pesto 
- Chipotle Southwest 

Choice of Base -

- White Rice
- Fresh Spinach
- Brown Rice
- Half & Half – Choice of any Two Bases
- Noodles
- Pasta

Salads

CHICKEN COBB SALAD • 11.95

Avocado, Grilled Chicken, Smoked Bacon, Eggs, Tomatoes, Blue Cheese, Greens, Buttermilk-Herb Dressing

SOUTHWEST CHICKEN SALAD • 11.45

Grilled Chicken, Corn, Black Beans, Cheddar Cheese, Greens, Southwest Dressing, Tortilla Strips

BBQ CHICKEN SALAD • 11.45

Grilled Chicken, Corn, Black Beans, Greens, BBQ Buttermilk Dressing, Tortilla Strips, Drizzled with BBQ Sauce

MANDARIN CHICKEN SALAD • 11.45

Grilled Chicken, Mandarins, Carrots, Almonds, Greens, Asian Dressing

STEAK SALAD • 11.95

Steak, Red Peppers, Red Onions, Pepper Jack Cheese, Greens, BBQ Buttermilk

GRILLED CHICKEN CAESAR SALAD • 10.95

Grilled Chicken, Parmesan Cheese, Romaine, Caesar Dressing, Croutons

GREEK SALAD • 10.95

Tomatoes, Olives, Pepperoncini, Red Onions, Feta Cheese, Greens, Lemon-Oregano Vinaigrette

GRILLED CHICKEN SALAD • 11.45

Grilled Chicken, Any 3 Mix-In, Cheese, Greens, Dressing

Any Salad Can Be Made Into A Wrap

Sandwiches

Add side salad for \$3.70

CHIPOTLE CHICKEN & AVOCADO PANINI • 9.45

Chipotle Chicken, Avocado, Pepper Jack Cheese and Chipotle Mayo

STEAK PANINI • 9.45

Steak, Red Peppers, Red Onions, Pepper Jack Cheese, and BBQ Buttermilk

GRILLED CHICKEN & AVOCADO PANINI • 9.45

Grilled Chicken, Avocado, Tomato, Provolone Cheese & Chipotle Mayo

TURKEY & BASIL PESTO PANINI • 9.45

Turkey, Basil Pesto, Tomatoes, Pepper Jack Cheese and Chipotle Mayo

TURKEY & AVOCADO PANINI • 9.45

Sliced Turkey, Avocado, Tomato, Provolone Cheese & Chipotle Mayo

VEGGIE PANINI • 9.45

Spinach, Mushrooms, Red Peppers, Red Onions, Pepper Jack Cheese, and Balsamic Vinaigrette

CHICKEN SLIDER • 4.45

Seasoned Chicken, Chipotle Mayo, pickles on a bun

Wraps

SOUTHWEST CHICKEN WRAP • 11.45

Grilled Chicken, Corn, Black Beans, Cheddar Cheese, Greens, Southwest Dressing, Tortilla Strips

BBQ CHICKEN WRAP • 11.45

Grilled Chicken, Corn, Black Beans, Greens, BBQ Buttermilk Dressing, Tortilla Strips, Drizzled with BBQ Sauce

GREEK SALAD WRAP • 10.95

Tomatoes, Olives, Pepperoncini, Red Onions, Feta Cheese, Greens, Lemon-Oregano Vinaigrette

GRILLED CHICKEN WRAP • 11.45

Grilled Chicken, Any 3 Mix-Ins, Cheese, Greens, Dressing

CHIPOTLE CHICKEN HOT WRAP • 10.45

Seasoned Chicken, Red Bell Peppers, Onions, Chipotle Sauce on White Rice, Cheddar Cheese, Southwest Dressing

CHICKEN TIKKA MASALA HOT WRAP • 10.45

Seasoned Chicken, Red Bell Peppers, Onions, Tikka Masala Sauce on White Rice, Cheddar Cheese, Southwest Dressing

Kids

Kids meals served with fries & kids drink

- CHEESEBURGER • 6.70
- TURKEY & CHEESE SANDWICH
- ALFREDO PASTA w/CHICKEN & 1 MixIn
- TERIYAKI NOODLES or RICE w/CHICKEN & 1 Mix-In
- CHICKEN QUESADILLA

Sides, Drinks & Dessert

French Fries • Tater Tots • Curly Fries • 2.50

House Side Salad • 3.95 Caesar Side Salad • 3.95

Egg Fried Rice • 5.45

Chips Small • 1.25 Large • 2.00 Cookie • 1.50

Bottled Soda • 2.95 (20 oz Coke/Diet Coke/Sprite)

Bottled Water • 1.95

MIX-INS:

Almonds
Apples
Baby Corn
Bean Sprouts
Beets
Black Beans

Black Olives
Broccoli
Carrots
Celery
Cilantro
Corn

Cranberries
Croutons
Cucumber
Garbanzo Beans
Jalapeno
Kalamata Olives

Mandarin Oranges
Mushrooms
Pepperoncini
Pickles
Pineapple
Red Bell Peppers
Red Onions

Scallions
Sun Dried Tomatoes
Sunflower Seeds
Tomatoes
Water Chestnuts
Zucchini

PREMIUM MIX-INS:

Avocado

Artichokes

Eggs

Cheese

Tofu

DRESSINGS:

- Asian
- Balsamic Vinaigrette
- Buttermilk Herb
- Caesar
- Southwest
- BBQ Buttermilk
- Lemon-Oregano Vinaigrette
- Olive Oil and Vinegar
- Ranch

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