

# MR . PUR PLE

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# OFF THE MRKT

Your Guide To new York Real Estate And More

## Celebrating International Women's Day, One Dish At A Time

Food is the highest form of art. It is art that you experience with all five senses, everywhere, all the time. The Internationality of it makes it an even broader form of expression, and in the cosmopolitan heart of the United States, it is no different.

With this piece we intend to celebrate those women who help put smiles on the faces of every person who so happens to stumble into their NYC Restaurants, not only to congratulate them on their incredible work but also on the fact that they made it big in an industry primarily dominated by men.

In this, the International Women's Day, we render tribute to three empowering individuals who are eager for you to stop by sometime and allow them to share their passion and hard work with you.

### ***Cara Thompson, Executive Chef at Mr. Purple at Hotel Indigo Lower East Side (NYC)***

After conquering culinary school, this Alabama native established herself within the industry through many years in the kitchen at well-known restaurants around the country. Throughout her career, Chef Cara has appeared on multiple Food Network shows, with a win under her belt on Chopped. Today, Cara holds the role of Executive Chef at New York City's wildly popular rooftop bar, Mr. Purple.

A true leader in the kitchen, Chef Cara holds a huge importance to cultivating a learning and teaching environment for her staff. Plus, with a unique background of experience from Japanese to Southern cuisines, Chef Cara prides herself in creative plate presentations and techniques.

