

Laurent Tourondel Chef Partner	 LT STEAK & SEAFOOD BREAKFAST 	Sandy Rodriguez Executive Chef
GF gluten-free, VG vegan, VT vegetarian, N contains nuts		daily 7am-11am
SWEET BEGINNINGS PASTRY BASKET VT N 23 <i>croissant, pain au chocolat, danish, coffee cake, lemon poppyseed poundcake, mini muffins</i> CINNAMON ROLL VT 6 MUFFIN VT choice of raspberry, blueberry, chocolate.... 6 PECAN CINNAMON COFFEE CAKE VT N 6 LEMON POPPYSEED POUNDCAKE VT 6		HEALTHY START SEASONAL FRUIT PLATE VG GF22 GREEK YOGURT, HOMEMADE GRANOLA GF N .18 <i>sunflower seed, nuts, honey, coconut oil</i> ANCIENT ORGANIC OATMEAL VG 15 <i>oat, kamut, rye, spelt, barley, flax seed</i> ADD banana 3 / berries 8
BETSY CLASSICS THE BETSY BREAKFAST 32 <i>two eggs any style, homestyle potato, fruit, sausage or bacon toast or bagel</i> THE FRENCH OMELETTE* VT GF 24 <i>fine herbs, boursin cheese, homestyle potato, local greens</i> HUEVOS RANCHEROS VT GF 21 <i>oven baked eggs, poblano pepper, corn tortilla, pinto bean avocado, queso fresco</i> SUNRISE SANDWICH* 23 <i>maple glazed chicken sausage, fried egg, pepperjack cheese chili guava jam, homestyle potato</i> POPOVER BENEDICT*26 <i>housemade popover filled with creamed spinach, ham, gruyere, poached egg, smoked bacon, hollandaise, homestyle potato</i>		SIDES GF APPLEWOOD SMOKED BACON.....9 CHICKEN OR PORK SAUSAGE.....9 SLICED AVOCADO.....5 SMOKED SALMON.....12 JUICE FRESH SQUEEZED ORANGE.....11 COLD PRESSED GREEN.....16 <i>cucumber, spinach, celery, lemon, dandelion</i> COLD PRESSED CITRUS.....16 <i>pineapple, orange, apple, lemon, turmeric, ghost pepper</i> COLD PRESSED ZEST.....16 <i>watermelon, pineapple, apple, lemon, lime, beet</i> COLD PRESSED AMBER.....16 <i>apple, carrot, jicama, ginger, turmeric</i>
SMOKED SALMON BAGEL* 21 <i>cream cheese, capers, pickled red onion, cucumber, dill everything bagel</i> CUBAN MOLLETES.....22 <i>english muffin, black beans, swiss cheese, ham, fried eggs mashed sweet plantain, pickled mojo, cilantro</i> CHALLAH FRENCH TOAST VT N 21 <i>confit grapefruit, banana, almonds</i> PANCAKES VT N 21 <i>coconut cream, roasted pineapple, shaved coconut fresh passion fruit</i> STEAK & EGGS 42 <i>8oz hanger steak, homestyle potato, hollandaise</i> AVOCADO TOAST VT 19 <i>7 grain bread, feta, lemon zest, cilantro</i> ADD two eggs 8 / smoked salmon 12		COFFEE & TEA We proudly serve Panther Coffee and Jojo Tea. Both are award winning & local. COFFEE.....5 HOT CHOCOLATE....9 ESPRESSO.....7 TEA BY JOJO TEA.....8 CAFÉ LATTE.....8 CHAI LATTE.....8 CAPPUCCINO.....8 ICED CHAI.....8 COLD BREW.....9 MATCHA LATTE.....9 ICED MOCHA.....9 ICED VANILLA MATCHA..9 ICED SALTED CARAMEL LATTE.....8 PISTACHIO LATTE, HOT OR ICED.....8 PUMPKIN SPICE LATTE, HOT OR ICED.....8 CLASSIC EARLY DAY LIBATIONS TITO'S BLOODY MARY19 . MEXICA BLOODY MARIA18 PASSION CHISMOSA17 FRESH FLORIDA MIMOSA17 ESPRESSO MARTINI.....24 GRUET BLANC DE BLANC17
* Consuming raw or undercooked meats, eggs or fish may increase your risk of foodborne illness especially if you have certain medical conditions. If you have chronic illness of the liver, stomach or blood, or have immune disorders, you are at greater risk of serious illness from raw oysters, and should eat oysters fully cooked. If unsure of your risk, consult a physician. a 20% service charge will be added to all checks...se agregará un cargo por servicio del 20 % a todos los cheques... y ap ajoute yon frè sèvis 20% nan tout chèk yo		