

## BREAKFAST

SERVES UP TO 10 PEOPLE

- VG CHIA CHARGE \$100**  
Gluten-Free Overnight Oats, Chia Seeds, Old Chatham Sheep's Milk Yogurt, HB Raw Wildflower Honey, Blueberry Compote, Banana, HB Granola
- VG EGG SANDWICH ON 8 GRAIN BREAD \$100**  
Two Over Easy Omega 3 Eggs, HB Honey "Sriracha," Arugula, 8 Grain Ciabatta  
CHOOSE ONE: Plainville Farms Turkey Bacon or Mashed Avocado
- VG QUINOA RANCHERO POWER BOWL \$110**  
Two 8 Minute Omega 3 Eggs, Black Beans, Tri-Color Quinoa, Himalayan Ruby Rice, Roasted Corn, Mango, Jicama Salad, Seeded Corn Tortilla Crisp
- V SEASONAL FRUIT SALAD \$100**
- VG ASSORTED GLUTEN FREE BREAKFAST PASTRIES \$80**  
Vegan Options Available
- VG MULTI-GRAIN CHIA SEED CROISSANTS \$50**

## TOASTS

SERVES UP TO 10 PEOPLE

- V AVOCADO TOAST \$110**  
Crushed Avocado, Lemon, Chia Hemp Flax Seed Medley, Maldon Salt, Infused Olive Oil, Seeded Sourdough
- SMOKED SALMON TOAST \$130**  
Atlantic Salmon, Labneh Spread, Cucumber, Fresh Dill, Extra Virgin Olive Oil, Lemon Zest, Sourdough
- VG DARK CHOCOLATE GANACHE PRALINE TOAST \$110**  
Toasted Pecan Pralines in Molasses, Banana, HB Raw Wildflower Honey, 80% Belgian Dark Chocolate, Cranberry Walnut Bread

GLUTEN FREE BREAD +\$15

VG vegetarian V vegan

## BEVERAGES

SERVES UP TO 10 PEOPLE

- LA COLOMBE COFFEE \$30**
- ASSORTED TEAS \$30**
- STILL OR SPARKLING WATER \$25**
- FRUIT-INFUSED ICED TEAS \$45**  
Ginger Mango Peach or Pear Green
- GREEN TEA REFRESH \$45**  
Matcha, Peppermint Lime Tea, Cucumber
- BELGIAN HOT CHOCOLATE \$40**  
80% Dark Belgian Chocolate, Raw Wildflower Honey, Choice of Milk

## JUICES

SERVES UP TO 10 PEOPLE

- FRESHLY SQUEEZED ORANGE JUICE \$25**
- ASSORTED HB COLD PRESSED JUICES \$90**
- ASSORTED HB JUICE SHOTS \$35**

## SWEETS

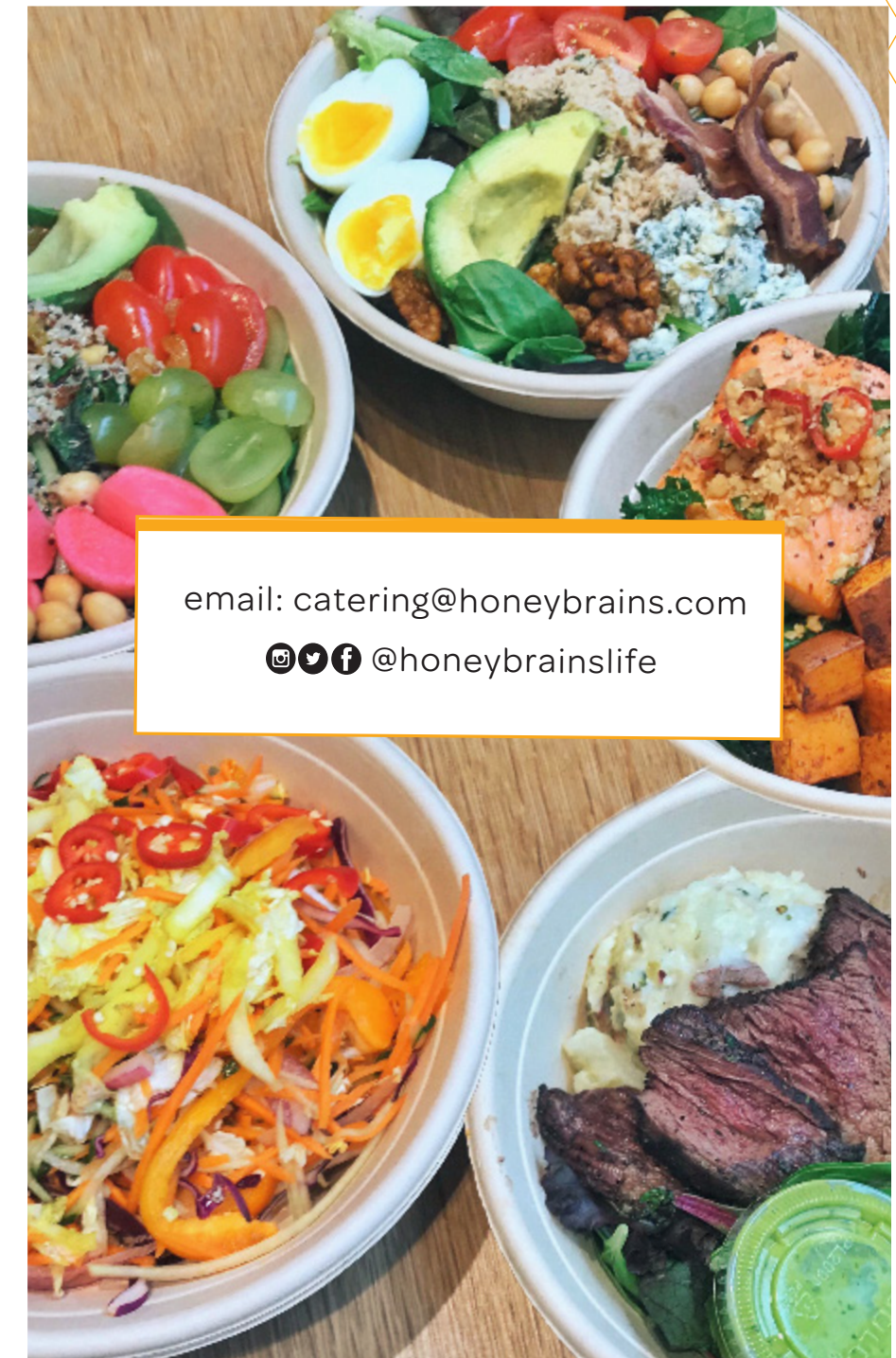
SERVES UP TO 10 PEOPLE

- VG ASSORTED GLUTEN FREE BAKED GOODS \$80**  
Vegan Options Available

VG vegetarian V vegan



HONEYBRAINS  
CATERING MENU



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@honeybrainslife

## SALADS

SERVES UP TO 10 PEOPLE

### HB COBB SALAD \$130

Sliced Free-Range Chicken, Plainville Farms Turkey Bacon, 8 Minute Omega 3 Egg, Avocado, Grape Tomatoes, HB Seasoned Walnuts, Chickpeas, Bleu Cheese, Organic Mesclun Greens

### (v) HB FARM SALAD \$110

Tri-Color Quinoa, Zaatar Chickpeas, Avocado, Shaved Fennel, Cucumber, Tomatoes, Sweet Peppers, Pickled Radish, Grapes, Almonds, Raisins, Fresh Herbs, Organic Mesclun Greens

### (v) MEDITERRANEAN MIND SALAD \$110

HB Hummus, Tri-Color Quinoa, Zaatar Chickpeas, Cucumber, Tomatoes, HB Seasoned Walnuts, Baby Spinach

### (v) EVERGREEN SALAD \$110

Tuscan Kale, Spinach, Watermelon Radish, Hearts of Palm, Corn, Grapes, Spiced Edamame, Pumpkin Seeds, Fennel

### (v) SIMPLE GREENS \$90

Baby Lettuce, Cucumbers, Grape Tomatoes

**DRESSINGS:** Choose one to be served on the side - (vg) Lemon & Flax Dressing, (vg) Basil & Honey Dressing, (v) White Truffled Tahini Dressing, (vg) Red Curry Vinaigrette, (v) EV Olive Oil & Balsamic Vinegar

## SANDWICHES

SERVES UP TO 10 PEOPLE

PER TRAY \$110

Mix & Match up to 2 per tray

### CHILI-MANGO CHICKEN SANDWICH

Pulled Free-Range HB Seasoned Chicken, Daikon-Carrot Slaw, Mango Chutney, Pickled Red Radishes, Scallions, Whole Wheat Roll

### SALMON SANDWICH

Atlantic Salmon, Sliced Vine-Ripened Tomato Marinated with Extra Virgin Olive Oil & Basil, Hummus, 8 Grain Ciabatta

### CHICKEN SCHNITZEL SANDWICH

Crisp Free-Range Chicken, Tangy Mango Israeli Amba Sauce, House Pickled Onions, Micro Greens, Kalamata Olives, 8 Grain Ciabatta

VEGAN OPTION: Curry Cauliflower

### WAKE & STEAK SANDWICH

Coffee & Herb Crusted Grass-Fed Sirloin Steak, Roasted Garlic, Basil & Hemp Seed Mashed Potatoes, Organic Mesclun Greens, Seeded Sourdough Bread

GLUTEN FREE BREAD +\$15

## SIDES

SERVES UP TO 10 PEOPLE

### (v) HB HUMMUS \$75

Served with Plain or Pickled Baby Carrots

FLAVORS: Plain or Curry Cauliflower

### (v) EDAMAME \$75

FLAVORS: HB Seasoned or Chia & Maldon Salt

### (v) QUINOA TABOULEH SALAD \$75

Tri-Color Quinoa, Parsley, Tomatoes, Red Onions, Cucumbers, Extra Virgin Olive Oil, Fresh Lemon Juice

### (vg) ZAATAR SPICED CHICKPEAS \$75

Mediterranean Zaatar Spices, Chickpeas, Old Chatham Sheep's Yogurt

### (vg) GARLIC MASHED POTATOES \$65

Roasted Garlic, Basil & Hemp Seed Mashed Potatoes

### (v) HB SEASONED SWEET POTATOES \$65

### (v) ROASTED VEGETABLES \$65

Roasted Brussels Sprouts, Red Onions, Fennel & Grape Tomatoes

### (v) HIMALAYAN RUBY RICE \$65

## BOWLS

SERVES UP TO 10 PEOPLE

### DAILY CATCH \$145

Atlantic Salmon or Daily Whitefish, Kale, HB Seasoned Sweet Potatoes, Crushed Peanuts

### HB CHICKEN & RICE \$135

Pulled Free-Range HB Seasoned Chicken, Mediterranean Zaatar Herb Chickpeas, Himalayan Ruby Rice, Baby Spinach

### WAKE & STEAK \$155

Coffee & Herb Crusted Grass-Fed Sirloin Steak, Roasted Garlic, Basil & Hemp Seed Mashed Potatoes, Organic Mesclun Greens

### (v) CURRY CAULIFLOWER \$120

Roasted Curry Cauliflower, Coconut Himalayan Ruby Rice, Cauliflower Hummus, Dried Mangos, Kale

### CHICKEN TIKKA \$135

Yogurt Marinated Grass-Fed Chicken Breast with Indian Spices, Tamarind Himalayan Ruby Rice with Chana Dal & Peanuts, Mint, Cilantro, Kale, Roasted Tomatoes, Broccoli & Red Onions

### (v) CAULIFLOWER COUSCOUS \$120

Cauliflower, Whole Wheat Couscous, Kale, Zaatar Spiced Chickpeas, Toasted Almonds, Flax, Hemp & Chia Seeds, Serrano Peppers, Curry Sauce

ADD PROTEIN (+\$40)

Free-Range Pulled Chicken

Free-Range Chicken Breast

Atlantic Salmon