

OASES
CAFÉ

LOTUS BOWL

SHANGRI LA PARFAIT	(VE)	15
COCONUT YOGURT, OASES GRANOLA, HIMALAYAN RUDILO HONEY, SEASONAL ASSORTED FRUIT		
TARA ACAI	(GF, V, VE)	16
CHIA PUDDING, STRAWBERRY ACAI BLEND, PEANUT BUTTER, COCONUT FLAKES, AGAVE		
SURYA	(GF, VE)	16
CHIA PUDDING, RADIANT MANGO PUREE, HIMALAYAN RUDILO, ALMONDS, COCONUT FLAKES, COCONUT NECTAR		

EGGS

BLANCA	(VE)	17
SCRAMBLED EGG WHITES, CHERRY TOMATOES, GHEE, BASIL, TARRAGON, PARSLEY		
FARMERS	(GF, VE)	19
SCRAMBLED EGGS, HAVARTI CHEESE, CHERRY TOMATOES, RADISH, BELL PEPPER PURÉE		
OASES BENEDICT ON GLUTEN-FREE LATKES	(GF)	25
POACHED EGGS, SMOKED SALMON, HOLLANDAISE SAUCE, CHIVES		

SOURDOUGH TOAST

EARTHEN BEETROOT & RICOTTA	(VE)	18
7 MINUTE EGG, BEETROOT CITRUS RICOTTA, FRISEE, STRAWBERRIES		
HALDI AVOCADO	(VE)	21
POACHED EGG, TURMERIC & LEMON WHIPPED RICOTTA, AVOCADO, POMEGRANATE, FRISEE		
SMOKED SALMON		22
LOX, HONEY RICOTTA, MUSHROOMS, CHERRY TOMATOES, ARUGULA		

OASES Specialities

HIMALAYAN SHAKSHUKA	(VE)	22
FARM FRESH EGGS, BAVARIAN FETA, HIMALAYAN TOMATO SAUCE, RADISHES, RED FINGER CHILE		
UBE PANCAKE	(GF, VE)	24
UBE COCONUT GANACHE, SEASONAL FRUITS		
CEREMONIAL MATCHA PANCAKE	(GF, VE)	24
HIMALAYAN HONEY, GLAZED GRAPEFRUIT, GOOSEBERRY MARMALADE, CRÈME CHANTILLY		
RAW COCOA PANCAKE	(GF, VE)	24
DARK CHOCOLATE SAUCE, COCOA NIBS & POWDER, SEASONAL BERRIES		
OASES CREPE	(GF)	24 / 27 w/ PROSCIUTTO
FARM FRESH EGGS, MOZZARELLA, CHERRY TOMATOES, FRISEE, SALSA VERDE		
BRIOCHE FRENCH TOAST W GLAZED PECANS	(VE)	28
CANDIED ORANGE, CHANTILLY CRÈME		

Our menu is seasonal and locally sourced

SOUP & SALAD

AYURVEDIC HEALING CHICKEN SOUP (S/L)

HEALING BROTH, CHICKEN, RICE NOODLES, LOTUS ROOT

10 / 13

EMERALD CAESAR

(VE)

KALE, ROMAINE, BRUSSELS, TOASTED PIGNOLI, PARMESAN, EVOO ROASTED BREADCRUMBS

21

UNION SQUARE MARKET

MIXED GRAINS' TEARS, ASPARAGUS, KALE, CHERRY TOMATOES, BLOOD ORANGE, GREEN APPLE VINAIGRETTE

18

HEALING BOWL

CHELSEA CURRY BOWL

(GF, V, VE)

ROASTED BUTTERNUT, YELLOW & GREEN SQUASH, GARBANZOS, ANCIENT GRAINS, HIMALAYAN TOMATO SAUCE

22

SALMON UMAMI BOWL

FARRO, SHAVED BRUSSELS, HEIRLOOM TOMATOES, RADISH, CRISPY SOBA

26

SANDWICH

HARVEST

(V, VE)

LENTIL & QUINOA FRITTER, MUSHROOMS, PURPLE CABBAGE, CRISPY SHALLOTS

23

ORGANIC CHICKEN

PINEAPPLE, BANANA PEPPER, COCONUT, RED PEPPER, HUMMUS

25

SIDES

SWEET POTATO FRIES

(GF,V,VE) 10

GLUTEN FREE POTATO LATKES

(GF,VE) 12

TRUFFLE HERB FRIES

(GF,V,VE) 15

HOUSE MADE SAUCES

4

HERB COCONUT YOGURT

HIMALAYAN CHILI SAUCE

OASES AYURVEDIC CHILI OIL

(SAUCES WILL BE UPDATED)

ADD ONS

7-MINUTE OR FRIED ORGANIC EGG

5

AVOCADO

5

SMOKED SALMON

9

HERB ROASTED ORGANIC CHICKEN

11

PAN SEARED SALMON

12

Caviar

MP

Activate your 5 senses at **OASES** through mindful dining

GF: Gluten Free | V: Vegan | VE: Vegetarian

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BEVERAGE

TEAS 4.5

AYURVEDA

(FROM KERALA, INDIA)

OASES WELLNESS

GINGER, HONEY, LEMON, TURMERIC

GENMAI CHA

DELICATE GREEN TEA COMBINED WITH ROASTED RICE

PEPPERMINT

PURE PEPPERMINT LEAVES, NATURAL, CAFFEINE FREE, AND REFRESHING

MOONLIGHT EARL GRAY

VANILLA AND CREAMY TASTE COMBINED TO SOFTEN THE CITRUS NOTES OF TRADITIONAL EARLY

GEMINI

A BLEND OF WHITE TEA, ROSE HIP AND PEACHY TROPICAL FRUIT OVERTONES

COFFEE

ESPRESSO

4.5

AMERICANO

5

+ MILK 6

(MACCHIATO, CORTADO,

CAPPUCCINO, FLAT WHITE, LATTE)

+ CHOCOLATE 6

(MOCHA, HOT CHOCOLATE)

FILTERED

5

COLD BREW

6

TRADITIONAL CEREMONIAL MATCHA

6.5

+ ADD MILK 7

+ OAT/ ALMOND 7.5

TURMERIC MASALA CHAI LATTE

6.5

SMOOTHIES

STRAWBERRY

(GF, V, VE)

16

STRAWBERRY, BANANA, BEET, ALMOND MILK, COCONUT YOGURT, SEA MOSS, ASHWAGANDHA

GREEN OASES

(GF, V, VE)

16

PINEAPPLE, GINGER, LEMON, COCONUT WATER, KALE, WHEATGRASS, DATE, CHLORELLA, HEMP SEED, FLAXSEED

COCOA HIMALAYAN HARVEST

(V, VE)

16

STRAWBERRY, BANANA, BLUEBERRY, GOJI BERRIES, SPINACH, BEET, ALMOND MILK, ALMOND BUTTER, MCT OIL, COCOA, BARLEY, HEMP SEED, CHIA SEED

RADIANCE

(GF, V, VE)

16

DRAGONFRUIT, KIWI, PINEAPPLE, ORANGE, LEMON, CASHEW, AGAVE, FLAX SEED

PROBIOTIC MANGO GLOW

(GF, VE)

16

MANGO, PINEAPPLE, APPLE, JUICE, GINGER, SEA MOSS, COLLAGEN PEPTIDE, HEMP SEED

BERRY BOOST

(GF, V, VE)

16

PINEAPPLE, BLUEBERRIES, BLACKBERRIES, BANANA, COCONUT WATER, DATE, BLUE SPIRULINA, CHIA SEED, FLAX SEED

JUICES (GF, V, VE)

GREEN

11

KALE, CELERY, SPINACH, GRANNY APPLE, PARSLEY, MINT, LEMON, GINGER

BEET

11

BEET, CARROT, APPLE, GINGER, LEMON, MINT, JALAPENO

ORANGE

11

TURMERIC, GINGER, CARROT, ORANGE, LEMON, PINEAPPLE, CAYENNE PEPPER

BLUE

10

PINEAPPLE, CUCUMBER, MINT, LIME, APPLE, PURPLE CABBAGE

FRESHLY SQUEEZED JUICES

8

ORANGE, GRAPEFRUIT

SHOTS

5

Boost me up

Immunity

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