



By Chef Victor Allsion

## COMMON ALLERGENS GUIDE: SPRINGFIELD

	MILK	WHEAT	EGGS	SHELLFISH	FISH	SOY	SESAME	CRUSTACEANS	TREENUTS
<b>TACOS TRADICIONALES</b>									
CARNE ASADA									
LENGUA									
BARBACOA									
BIRRIA									
TINGA									
POLLO AL CARBON									
AL PASTOR									
CARNITAS	♦								
CHICHARRON									
CHORIZO									
CAMARON	♦		♦	♦	♦			♦	
PESCADO	♦		♦		♦				
TRIPA									
DIRTY STYLE	♦	♦							
CLEAN STYLE									
MULITA DE BIRRIA	♦								
<b>OTHER TRADICIONALES</b>									
SOPE	♦		♦						
CUP O'BAMBA	♦		♦						
CUP O'MEAT									
<b>CRISPY THINGS</b>									
THE JEFFREY	♦	♦	♦						
PORK BBQ EMPANADA	♦	♦							
SALSA VERDE AND CHIPS									
SALSA TAQUERA AND CHIPS									
SALSA MORITA AND CHIPS									
SALSA DE ARBOL AND CHIPS									
SPICY CHICHARRONES									
EL BACHO NACHO	♦								
3 LITTLE CHANCHOS	♦								
FUNGI FUNDIDO	♦	♦							
MALLRAT	♦		♦						
ASADA FRIES	♦								
BAMBA WINGS (BUFFALO)	♦	♦				♦			
BAMBA WINGS (CHILI GARLIC BUTTER)	♦								
BAMBA WINGS (DRY SPICED)	♦								
<b>QUESADILLAS</b>									
QUESADILLA TRADICIONAL	♦	♦	♦						
<b>SWEETS</b>									
CHURROS	♦	♦							
RUBIA	♦	♦	♦						
CHOCOLATE CHIP CHURRO COOKIE	♦	♦	♦						

  

	MILK	WHEAT	EGGS	SHELLFISH	FISH	SOY	SESAME	CRUSTACEANS	TREENUTS
<b>NOT TACOS</b>									
PACK THE BOWL	♦	♦	♦						
GRILLED MEXICAN STREET CORN	♦		♦						
TORTILLA SOUP	♦								
RICE AND BEANS	♦								
<b>NUESTROS</b>									
TACO BAMBTA	♦								
EL GRINGO	♦	♦	♦						
ARABE	♦	♦	♦						
SPICY SHROOM	♦								
ENTER THE EGGPLANT		♦	♦			♦	♦		
SMALL BIGGIE BURGER	♦	♦	♦		♦				
CLUBBER LANG	♦	♦	♦			♦			
FOO LUCHADOR					♦				♦
COCO LOCO SHRIMP		♦		♦		♦		♦	
VIC FIL-A DELUXE	♦	♦	♦						
RICKY BOBBY	♦	♦	♦						
<b>SUPER TORTAS</b>									
TORTA TRADICIONAL	♦	♦	♦						
TORTA BAMBTA	♦	♦	♦						
TORTA CUBANA	♦	♦	♦						
CHORRIQUESO	♦	♦	♦						
CALI MIST VEGGIE TORTA	♦	♦	♦				♦		
<b>BREAKFAST</b>									
BACON, EGG AND CHEESE EMPANADA	♦	♦	♦						
OC BREAKFAST TACO	♦		♦						
MIGAS TACO	♦		♦						
HUEVO FRITO TACO	♦		♦						
BREAKFAST SOPE	♦		♦						
HUEVOS RANCHEROS	♦		♦						
CUP O'BAMBA	♦								
CHILAQUILES	♦		♦						
ENCHILADAS	♦		♦						
TORTA DE HUEVO	♦	♦	♦						