



By Chef Victor Albino

## COMMON ALLERGENS GUIDE: ROCKVILLE

	MILK	WHEAT	EGGS	SHELLFISH	FISH	SOY	SESAME	CRUSTACEANS	TREENUTS
<b>TACOS TRADICIONALES</b>									
CARNE ASADA									
LENGUA									
BARBACOA									
BIRRIA									
TINGA									
POLLO AL CARBON									
AL PASTOR									
CARNITAS	♦								
CHICHARRON									
CHORIZO									
CAMARON	♦		♦	♦	♦			♦	
PESCADO	♦		♦		♦				
DIRTY STYLE	♦	♦							
CLEAN STYLE									
MULITA DE BIRRIA	♦								
<b>OTHER TRADICIONALES</b>									
SOPE	♦		♦						
CUP O'BAMBA	♦		♦						
CUP O'MEAT									
<b>CRISPY THINGS</b>									
THE JEFFREY	♦	♦	♦						
PAULY WALNUTS	♦	♦							♦
SALSA VERDE AND CHIPS									
SALSA TAQUERA AND CHIPS									
SALSA MORITA AND CHIPS									
SALSA DE ARBOL AND CHIPS									
PUMPKIN SEED TOMATILLO AND CHIPS									
CHARRED CHIPOTLE EGGPLANT AND CHIPS									
ANCHO CASHEW MACHA AND CHIPS									♦
CHILI DE ARBOL ROASTED PEANUT AND CHIPS									♦
SPICY CHICHARRONES									
EL BACHO NACHO	♦		♦						
BAMBA FRIES	♦								
THE OTHER FRIES	♦	♦							
BAMBA WINGS (BUFFALO)	♦	♦				♦			
BAMBA WINGS (CHILI GARLIC BUTTER)	♦								
BAMBA WINGS (DRY SPICED)	♦								
CRAB Y CHANCHO	♦			♦	♦			♦	
THE BIG CARLOS	♦		♦		♦				
NOT LOCAL CALAMARI	♦	♦	♦						
<b>QUESADILLAS</b>									
QUESADILLA TRADICIONAL	♦	♦	♦						
ROMAN MORONIE	♦	♦	♦						
GREEN AVENGER	♦	♦	♦						
<b>NOT TACOS</b>									
PACK THE BOWL	♦	♦	♦						
OCEAN CITY CEVICHE	♦			♦	♦				♦
MEXICAN STREET CORN	♦		♦						
POSOLE ROJO									
RICE AND BEANS	♦								
<b>NUESTROS</b>									
TACO BAMBTA	♦								
EL GRINGO	♦	♦	♦						
ARABE	♦	♦	♦						
SPICY SHROOM	♦								
TURKISH WRESTLER	♦	♦						♦	
BLACK PEARL	♦		♦		♦				
MOCO CRAB	♦	♦		♦	♦				♦
DANTE'S INFERNO BURGER	♦	♦	♦		♦				
FAUDA FRIED CHICKEN	♦	♦							
FREDNECK BBQ	♦		♦						
EL RANCHO RASUL	♦								
MRS. HOGAN	♦		♦		♦		♦		
JOHNNY DANGER	♦	♦	♦		♦		♦		♦
<b>SUPER TORTAS</b>									
TORTA TRADICIONAL	♦	♦	♦						
TORTA BAMBTA	♦	♦	♦						
TORTA CUBANA	♦	♦	♦						
CHORIQUESO	♦	♦	♦						
THE PIKE	♦	♦	♦	♦	♦				♦
THE BEST LIFE	♦	♦	♦				♦		
<b>BREAKFAST</b>									
BACON, EGG AND CHEESE EMPANADA	♦	♦	♦						
OG BREAKFAST TACO	♦		♦						
MIGAS TACO	♦		♦						
HUEVO FRITO TACO	♦		♦						
BREAKFAST SOPE	♦		♦						
HUEVOS RANCHEROS	♦		♦						
CUP O'BAMBA	♦								
CHILAQUILES	♦		♦						
ENCHILADAS	♦		♦						
TORTA DE HUEVO	♦	♦	♦						
<b>SWEETS</b>									
CHURROS	♦	♦							
RUBIA	♦	♦	♦						
CHOCOLATE CHIP CHURRO COOKIE	♦	♦	♦						