



By Chef Victor Albino

COMMON ALLERGENS GUIDE: NASHVILLE

	MILK	WHEAT	EGGS	SHELLFISH	FISH	SOY	SESAME	TREENUTS
TACOS TRADICIONALES								
CARNE ASADA								
LENGUA								
BARBACOA								
BIRRIA								
TINGA								
POLLO AL CARBON								
AL PASTOR								
CARNITAS	♦							
CHICHARRON								
CHORIZO								
CAMARON	♦		♦	♦	♦			
PESCADO	♦		♦		♦			
DIRTY STYLE	♦	♦						
CLEAN STYLE								
MULITA DE BIRRIA	♦							
OTHER TRADICIONALES								
SOPE	♦		♦					
CUP O'BAMBA	♦		♦					
CUP O'MEAT								
CRISPY THINGS								
THE JEFFREY	♦	♦	♦					
EL PIMENTO EMPANADA	♦	♦	♦					
SALSA VERDE AND CHIPS								
SALSA TAQUERA AND CHIPS								
SALSA MORITA AND CHIPS								
SALSA DE ARBOL AND CHIPS								
PUMPKIN SEED TOMATILLO AND CHIPS								
CHARRED CHIPOTLE EGGPLANT AND CHIPS								
ANCHO CASHEW MACHA AND CHIPS								♦
CHILI DE ARBOL ROASTED PEANUT AND CHIPS								♦
SPICY CHICHARRONES								
EL BACHO NACHO	♦		♦					
BAMBA FRIES	♦							
THE OTHER FRIES	♦							
BAMBA WINGS (BUFFALO)	♦	♦				♦		
BAMBA WINGS (CHILI GARLIC BUTTER)	♦							
BAMBA WINGS (DRY SPICED)	♦							
FLAUTAS	♦	♦						
CUMBERLAND CALAMARI	♦	♦	♦					
QUESADILLAS								
QUESADILLA TRADICIONAL	♦	♦	♦					
PICKLE TICKLE	♦	♦	♦					
BAMBA MAC	♦	♦	♦					
NOT TACOS								
PACK THE BOWL	♦	♦	♦					
BAMBA CEVICHE				♦	♦			
MEXICAN STREET CORN	♦		♦					
POSOLE ROJO								
TITANS TATER SALAD	♦		♦					
RICE AND BEANS	♦							
NUESTROS								
TACO BAMBTA	♦							
EL GRINGO	♦	♦	♦					
ARABE	♦	♦	♦					
SPICY SHROOM	♦							
SMASHVILLE BURGER	♦	♦	♦		♦			
THE JENERAL	♦	♦	♦		♦	♦		
BLANCO'S	♦	♦	♦					♦
SHRIMPY B'S	♦	♦		♦	♦			
RICO POLLO			♦					
SHARP DRESSED HOMBRE	♦	♦	♦					
BROKEN HOLAS	♦	♦	♦					
BUM BUM GAI	♦	♦	♦					♦
JOLENA	♦	♦	♦					
SUPER TORTAS								
TORTA TRADICIONAL	♦	♦	♦					
TORTA BAMBTA	♦	♦	♦					
TORTA CUBANA	♦	♦	♦					
CHORIQUESO	♦	♦	♦					
BAWITABRISKET	♦	♦	♦					
ALL AMERICAN CHICA	♦	♦	♦					♦
BREAKFAST								
BACON, EGG AND CHEESE EMPANADA	♦	♦	♦					
OG BREAKFAST TACO	♦		♦					
MIGAS TACO	♦		♦					
HUEVO FRITO TACO	♦		♦					
BREAKFAST SOPE	♦		♦					
HUEVOS RANCHEROS	♦		♦					
CUP O'BAMBA	♦							
CHILAQUILES	♦		♦					
ENCHILADAS	♦		♦					
TORTA DE HUEVO	♦	♦						
SWEETS								
CHURROS	♦	♦						
RUBIA	♦	♦	♦					
CHOCOLATE CHIP CHURRO COOKIE	♦	♦	♦					