

PBK Test Kitchen @ 120 S. Riverside

ITEM:	Calories:	Total Fat:	Sat Fat:	Trans Fat:	Cholesterol:	Sodium:	Total Carbs:	Dietary Fiber:	Sugars:	Protein:
Black Bean Bowl	610	19g	6g	0g	100mg	2110mg	63g	13g	4g	45g
w/ Cauli Rice	610	24g	5g	0g	90mg	2210mg	46g	14g	4g	46g
Buffalo Bowl	390	14g	4g	0g	85mg	3200mg	32g	5g	3g	32g
w/ Cauli Rice	360	21g	5g	0g	85mg	3240mg	12g	5g	3g	30g
Spicy Korean Bowl	540	20g	6g	0g	70mg	1010mg	70g	5g	35g	20g
w/ Cauli Rice	510	27g	7g	0g	65mg	1050mg	50g	5g	35g	18g
Mexicali Bowl	550	26g	6g	0g	90mg	2160mg	41g	7g	7g	36g
w/ Riced Cauli	550	32g	6g	0g	90mg	2240mg	30g	8g	7g	36g
Spinach & Pesto Bowl	700	44g	9g	0g	100mg	2090mg	39g	6g	1g	40g
w/ Riced Cauli	630	50g	10g	0g	100mg	2080mg	10g	5g	1g	37g
Steakhouse Bowl	560	29g	10g	0g	85mg	1630mg	45g	8g	3g	31g
w/ Riced Cauli	590	37g	11g	0g	85mg	1710mg	34g	9g	3g	31g
Southwest Wrap	740	42g	7g	0g	90mg	1920mg	48g	19g	3g	48g
w/ Riced Cauli	760	46g	8g	0g	90mg	2010mg	42g	20g	3g	51g
Black Bean Burrito	620	20g	5g	0g	90mg	1840mg	59g	19g	3g	51g
w/ Riced Cauli	620	27g	5g	0g	85mg	1920mg	47g	20g	3g	51g
Buffalo Burrito	510	19g	5g	0g	85mg	3370mg	41g	15g	3g	45g
w/ Riced Cauli	530	26g	6g	0g	85mg	3460mg	30g	16g	3g	45g
Spicy Korean Burrito	660	25g	7g	0g	65mg	1180mg	79g	16g	35g	33g
w/ Riced Cauli	680	33g	8g	0g	65mg	1270mg	68g	17g	35g	33g
Mexicali Burrito	720	32g	7g	0g	95mg	2620mg	59g	19g	8g	53g
w/ Riced Cauli	740	40g	8g	0g	95mg	2700mg	47g	19g	8g	53g
Spinach & Pesto Burrito	690	39g	8g	0g	95mg	2010mg	39g	15g	1g	49g
w/ Riced Cauli	700	46g	9g	0g	95mg	2100mg	27g	16g	1g	49g
Steakhouse Burrito	740	35g	11g	0g	85mg	1880mg	64g	20g	4g	46g
w/ Riced Cauli	760	43g	12g	0g	90mg	1960mg	52g	21g	4g	46g
Bowl30 Summer	570	49g	7g	0g	55mg	1590mg	12g	4g	1g	23g
w/ Riced Cauli	680	58g	8g	0g	55mg	1780mg	18g	6g	1g	26g

Bowl30 Breakfast	300	22g	4.5g	0g	345mg	1140mg	10g	3g	1g	15g		
Baja Wrap	590	33g	4.5g	0g	75g	1940mg	38g	18g	8g	41g		
Baja Wrap w/ T Strips	620	34g	4.5g	0g	75mg	1960mg	42g	19g	8g	41g		
Superfood Vegan Salad	520	33g	4g	0g	0mg	1450mg	36g	10g	10g	24g		
New SF Vegan Salad	660	34g	4g	0g	0mg	1440mg	66g	12g	26g	26g		
Superfood Vegan Wrap	640	38g	5g	0g	0mg	1460mg	47g	19g	11g	35g		
New SF Vegan Wrap	820	40g	5g	0g	0mg	1650mg	82g	23g	27g	40g		
Strawberry Mint Green	60	0g	0g	0g	0mg	0mg	16g	0g	15g	0g		
Raspberry Peach	60	0g	0g	0g	0mg	10mg	14g	0g	14g	0g		
Blood Orange Green	80	0g	0g	0g	0mg	0mg	19g	0g	16g	1g		

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Strawberry Mint Green	60	0g	0g	0g	0mg	0mg	16g	0g	15g	0g
Raspberry Peach	60	0g	0g	0g	0mg	10mg	14g	0g	14g	0g
Blood Orange Green	80	0g	0g	0g	0mg	0mg	19g	0g	16g	1g