700 Old Mill Road, High Point, NC 27265 CWhite@aboveandbeyondcatering.com Phone 336.885.2224
~August 2023~
$\mathcal{A} t \mathcal{A}$ bove and Beyond Catering, we are committed to providing affordable catering while never sacrificing quality of food or service. $\mathcal{A l l}$ meats are prepared in our kitchen daily using only the freshest ingredients available. We offer a wide selection of hors d oeuvre, Greakfast, funch, and dinner options; however, we will always try to accommodate any special requests or dietary needs. We request at least a 48 -hour notice but understand when those last-minute events come up unexpectantly; please note that in such cases, menu options may be fimited. Whether you are having a corporate meeting, wedding, church banquet, or a family reunion, each event is unique, so please contact us to design your individual menu. We will afways strive to exceed your every expectation and are looking forward to working with you.
$\mathcal{A} d \int$ Entrée Meals, unless otherwise stated, Include:
Salad, Entrée, Starch, Vegetable, Bread, Sweetened and Unsweetened Tea with Ice, Cups and include Styrofoam Plates and Cutlery Kits

Set-up Fee for Chaffers, Sternos, Buffet Linens and Clean-up - $\$ 50.00$
Clear Plastic with Sifver-like $\mathcal{K}$ nife and Fork and Paper $\mathcal{N}$ apkins \$2.0o Upcharge per person

Upscale Plastic-Variety of Colors and Styles $\mathcal{A}$ vailable with $\mathcal{P}$ re-rolfed Silver-like $\mathcal{K}$ nife and Fork in White Paper Napkin \$3.0o Upcharge per person

China and Linen Rentals can be arranged and priced according to your needs.

## Appetizers

~Cheese Display~
White Cheddar, Smoked Gouda, Cheddar, Pepper Jack and Crackers Garnished with Grapes and Strawberries
$\sim$ Cheese Board
Eclectic Array of
Local and Import Cheeses and Crackers Garnished with Grapes and Strawberries
~Charcuterie Board ~
Assortment of Meats and Cheeses Accompanied by Olives, Nuts, Fruit and Crackers

Seasonal Crudités with Homemade Garden Dipping Sauce (GF) (V)

Grilled Chilled Vegetables with Red Pepper Hummиs (GF) (V)

Seasonal Fruit Tray with Raspberry Dipping Sauce (GF) (V)

Spinach and Artichoke (GF) (V) with
Pita Chips (Pita contains Gluten)
Roasted Red Pepper and Artichoke Dip (GF) (V) with Pita Points (Pita contains G(uten)

Red Pepper Hummus (GF) (V) with Baguettes or Pita Points (Baguettes and Pita contain Gluten)

Vidalia Onion Dip (GF) (V) with Crostini (Crostini contains Gluten)

Cajun Crab Dip (GF) with Pita Points (Pita contains Gfuten)

Handcrafted Black Bean and Jalapeno Pinwheels served with Fresh Salsa (V) Southwestern Quesadilla Roll

Open Faced Cucumber Sandwiches (V)

Bacon Cheese Straws
Mini Country $\mathcal{H}$ am Biscuits
Chicken Caprese Bites on Focaccia Bread

Mini Shrimp and Grits (Contains Tasso Ham)

Caprese Skewers (GF without glaze) (V)
Cheeseburgers Stiders
Grilled Pork Loin Crostini
*Grilled Beef $\mathcal{I}$ enderfoin Crostiní
Bacon Cheese Stuffed Mushrooms (GF)
Bar-B-Que Stuffed $\mathcal{H}$ fush Puppies
Traffic Jam Biscuits (V)
Vegetable Spring Rolls (V) (GF)
Thai Pepper Chicken Bites
Coconut Shrimp
Shrimp Cocktail Shooters (GF)

* Ahí Iuna Wonton

Mini Tomato Pie with $\mathcal{A p p l e}$ Wood Bacon

Sesame Ginger Chicken Strips
Candied Pecan and Brie Bites (V)
Sweet and Sour Meatballs
Mini Chicken and Waffles
Tomato Basil Soup Shooter with Cheese Crostini (V)

## Chicken

(Some can be made Gluten Free)
Oven Roasted Chicken: Our
Signature Chicken (GF)
Parmesan Encrusted Chicken (Boneless Breast)

Chicken Kabobs (Upcharge)
Chicken Pot Pie with Puff Pastry
Topping ( $\mathcal{N o t}$ suggested for Carge groups)

Boneless or Bone-in Chicken Breast Styfes:
Lemon Pepper, Teriyaki, Rosemary Garlic, Bar-B-Que, Bourbon Glazed, Caribbean, Sage Cream Sauce, and Bechamel

Chicken Marsala (Upcharge)
Bryan Chicken (Up Charge)
Spinach, Feta and Sundried Tomato
Stuffed Chicken (Up Charge)
Chicken Cordon $\mathcal{B}$ feu (Up Charge)

## Turkey

Sliced Turkey Breast
Styles: Whiskey Roasted or Slow Roasted Turkey with $\mathcal{N a t u r a l}$ Gravy

Pulled White and Dark Meat with Traditional Gravy

## Seafood

~ $\mathcal{A} d$ I Market Price~
Bourbon Glazed Safmon
Pecan Encrusted Sway
Lemon - Caper Baked White Fish (GF)
$\mathcal{H o n e y ~} \mathcal{M u s t a r d}$ Sway (GF)
Shrimp Skewer (GF)
Other Seafoods Available upon
Request at Market Price

## Beef

(Some can be made Gluten Free)
Beef Tips in $\mathcal{M}$ ushroom Gravy

> Teriyaki Beef

Caríbean Style Flank Steak
Slow Roasted Pot Roast
Beef $\mathcal{K}$ абobs (Upcharge)
London Broil with Mushrooms and Onion Gravy
*Beef Tenderloin with Red Wine Reduction (Upcharge)

Carved on Site Beef (Upcharge)
(Requires Onsite Chef Charge)
*Prime Rib and
other Carved Beef Cuts
$\mathcal{A}$ vailable at Market Price
With $\mathcal{A} u$ Jus and $\mathcal{H}$ orsey Sauce

## Pork

Pulfed Pork in Our Signature Sauce (GF)

Maple Glazed $\mathcal{H a m}$ (GF)
Whiskey Roasted Pork Loin with Fiji Apples

Stuffed Pork Loin with Apricot Glaze (Up Charge)

## Pasta

Pasta Meals come with Salad, Fruit, Bread and Beverage
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Lasagna (Italian Sausage and Beef)
Vegetable Lasagna (V)
Chicken Santa $\mathcal{F e}$
Broccoli and $\mathcal{A}(f r e d o$ Penne (V)
Baked Spaghettí
Lemon florentine Bow $\mathcal{T i e}(\mathcal{V})$
Roasted Red Pepper Tortellini (V)
Creamy Vegetable Primavera (V)

## Vegetarían Selections

Grilled Portabella Mushroom (GF)
Grilled Cauliflower Steak (GF)
Vegetable Kabobs (Can be GF)
Mediterranean Orzo or Couscous Salad (Served Cola)

Our other pasta dishes can be adapted for vegetarians.

## Soup

Creamy Chicken and Wild Rice
Tomato Basil (V)
Vegetable - with or without Beef Black Bean - with or without Chorizo

Chicken $\mathcal{N}$ oodle
Loaded Potato - with or without Bacon

Broccoli and Cheese (V)
$\$ 5.00$ Per Person
$\$ 3.00$ Per $\mathcal{P}$ erson if $\mathcal{A} d d e d$ to a $\mathcal{M e a l}$.

## Soup and Salad

Mixed Organic Greens $\mathcal{T o p p e d}$ with Carrots and Cucumbers
One Soup Selection per 10 people Sweetened and Unsweetened Tea $\$ 9.00$ Per Person

Upgrade to a Salad Bar $\$ 4.00$
$\mathcal{A} d d$ Baked Potato with Butter and Sour Cream on Side $\$ 3.00$

Whote Sandwich $\$ 6.00$
Whote Executive Sandwich \$9.0o $\mathcal{A} d d$ Grifled Chicken Strips $\$ 6.00$ $\mathcal{A}$ dd Grifled Shrimp Skewer $\$ 8.00$ $\mathcal{A} d d$ Chilled $\mathcal{B e}$ ef Tenderloín $\$ 8.00$ $\mathcal{A}$ ded Safmon $\$ 8.00$

## Fresh Fruits and Vegetables

Roasted Vegetables with Balsamic (GF) (V)

Vegetable Medley in Lemon Butter (GF) (V)

Grilled Vegetables (V)
Southern Style Green Beans with Onions (GF) (V)

French Style Green Beans with $\mathcal{A}$ monds (GF) (V)

Haricot Verts with Cran Raisins (GF) (V)
Green Bean Casserole (v)
Honey Glazed Carrots (GF) (V)
Squash Casserole
Sugar Snap Peas (GF) (V)
Grilled Asparagus (GF) (V)
Fresh Collards (Can be made GF)
Stirfry Vegetables (V)
Cole Slaw (GF) (V)
Cucumber and Onion Salad (GF) (V)
Brussel Sprouts with Apple Smoked Bacon (GF)

## Starches

Buttermilk Mashed Potatoes (GF) (V)
Red Skinned Mashed Potatoes (GF) (V)
Gouda Mashed Potatoes (GF) (V)
Bacon Ranch Mashed Potato Bake
Potatoes $\mathcal{A} u$ Gratín
Parsley Potatoes (GF) (V)
Roasted Potatoes (GF) (V)
Baked Potato or Baked Sweet Potato (GF) (V)

Maple Whipped Sweet Potatoes (GF) (V)

Sweet Potato Casserole with Granola and Pecan Topping (V)

Rice Pilaf (V)
Wifd Rice (V)
Fiesta Rice (GF) (V)
$\mathcal{H a s h}$ Brown Casserole (V)
Homemade Macaroni and Cheese (V)
Bourbon Baked Beans
Loaded Baked Potato Salad
Tri Colored Rotini Pasta Salad (V)
Black Eye Pea Safad (Gf) (V)

# Defi Tray 

Medium Rare Roast Beef, $\mathcal{H a m}$, and Turkey
( $\mathcal{A}$ ded or Sub Chicken Breast for additional charge)

American and Swiss Cheeses
Píckles, Lettuce, Tomatoes, Onions, Mayonnaise and Mustard

White, Wheat Berry, Brioche Buns
Choice of One:
Pasta Salad, Potato Salad, or Fresh Fruit

Assorted Chips
Sweetened and Unsweetened Tea \$11 per person

## Uptown Defi Iray

Sweetened and Unsweetened Tea $\$ 14$ per person

Same as Deli Tray with a few additions!
$\mathcal{A} d$ ditional Items:
Pepperoni and Salami
Provotone and Cheddar
Banana Peppers and Jalapenos
Herbed Mayonnaise
Honey Mustard
Horseradish Cream (for Roast Beef)
Mini Croissants
(with the Defi Tray Greads)
Assorted Chips
Choice of One:
Cucumber and Onion Salad (GF \& V), Black Bean Salad (GF \&V), Fresh Fruit (GF \&V), Tri Color Rotini Pasta Salad (V), or Loaded Baked Potato Salad

## Boxed Lunch

Sandwich with Chips and Choice of a Side: Baked Potato Salad, Pasta

Salad, or Fresh Fruit
OR
Salad with Dressing, Fresh Fruit and Crackers
Sweetened and Unsweetened Tea \$10.0o per person

## Sandwiches

Turkey and Provolone in a Whote Wheat Wrap with Side of Ranch

Ham and Swiss on a Brioche Bun
Beef and Cheddar on a Brioche Bun Club on White

Chicken Salad Croissant
Chicken Caesar in a whole Wheat Wrap

Chicken Oriental in a Whole wheat Wrap

Veggie Wrap
Salads
Chef Salad - Ham, Turkey, Cheese, Croutons and Egg

Grilled Chicken Salad - Mixed Greens with Cucumbers, Croutons and Cheese

Chicken Oriental Salad-Mixed Greens with $\mathcal{M}$ andarin Oranges, Chow Mein $\mathcal{N}$ Noodles and Cheese

Accompanied by Your Choice of One of the Following Dressings: Ranch, $\mathcal{H e r b e d ~ I t a l i a n , ~ A s i a n ~ G i n g e r , ~}$ Raspberry Vinaigrette, whole Grain $\mathcal{H}$ oney Mustard, Bleu Cheese, Thousand Island and Poppyseed

# Executive Sandwiches 

sweetened and Unsweetened Tea \$13.0o per person

Grilled Chicken with Smoked Gouda, Lettuce, and Tomato on Brioche Bun with Whole Grain Honey Mustard on side

Sliced Beef Tenderloin with Blue Cheese Spread, Bruschetta Topping on Focaccia Bread

Black Pepper Turkey, Cucumbers, Roasted Red Pepper Slices and Sprouts Piled High on Croissant with Herbed Cheese Spread

Italian - Shaved Prosciutto. Salamí, Pepperoni, Ham, Provolone, Lettuce, Tomato on Focaccia with Herbed Italian, and Pepperoncini on side

Grilled Safmon, Lettuce and Tomato with a Dill Dijon Cream, on Wheat Berry Bread

Grifled Vegetable Box with Pita Wedges and Red Pepper Hummus

Served with Chips and Choice of a Side for $\mathcal{A l l}$ Executive Sandwich Orders:
Cucumber and Onion Salad, Fresh Fruit, Pasta Salad, Loaded Baked Potato Salad, and Black Eye Pea salad

## Executive Salads

sweetened and Unsweetened Tea \$10.oo per person

Greek Salad
Perfect $\mathcal{B}$ fend of Romaine and Leaf Lettuces, Olives, Feta Cheese, Banana Peppers, and Greek Dressing

## Summer Salad

Mixed Organic Greens Topped with Seasonal Berries, Asiago Cheese, and Toasted Almonds, Served with Raspberry Vinaigrette

Winter Salad
$\mathcal{A}$ Bed of Mixed Organic Greens, Dried Apricots, Dried Cran6erries, Walnuts, and Gorgonzola Cheese with Choice of Dressing

Popeye Salad
Fresh Organic Spinach with Crumbled Bacon, Sliced Eggs, and Red Onion served with Poppy Seed Dressing

Beet Salad
Mixed Organic Greens, Crumbled Goat Cheese, Mandarin Oranges Pickled Beets and Toasted Sunflower Seeds with Cítrus Vinaigrette

## Caprese Salad

Tomato, Basil, Mozzarella on a bed of Spring Mix with $\mathcal{B a l s a m i c}$ and Ranch Dressings
$\mathcal{A d d}$ Siced Chicken Breast \$6 .oo per person
$\mathcal{A}$ dd Shrimp Skewer $\$ 8.00$ per person $\mathcal{A d d}$ Steak $\$ 8.0$ o per person $\mathcal{A} d d$ Salmon $\$ 8.00$ per person

## Farm Fresh

Breakfast
Choice of:
Country Ham, Ham, Sausage, £ink
Sausage, or Bacon
(Substitute Turkey Bacon or Turkey
Sausage for $\$ 1.00$ more)
Hash Brown Casserole
Scrambled Eggs
Fruit
Biscuits
Orange Juice
Choice of $1 \mathcal{M}$ eat $\$ 12.0$ o per person
Choice of 2 Meats $\$ 14.00$ per person
$\mathcal{A} d d$ Grits $\$ 2.00$ per person
$\mathcal{A} d$ d White Pepper Gravy $\$ 1.50$ per person

Add Sausage Gravy $\$ 2.0 o$ per person

# Continental Breakfast 

Muffins and Danishes
Assorted Bagets with Cream Cheese
and Preserves
Fresh Fruit
Orange Juice
$\$ 8.50$ per person
$\mathcal{A} d$ d Krispy Kreme Doughnuts
\$2.oo per person
$\mathcal{A} d$ d Individual Yogurts
$\$ 2.00$ per person
$\mathcal{A d d}$ Greek Vanilla Yogurt and
Granola 3.00 per person
$\mathcal{A}$ dd Yogurt Parfait Bar $\$ 5.00$

## Quíche Me

Choice of One Quiche per 15 People:
Southwestern, Lorraine, $\mathcal{H a m}$ and Swiss, Fforentine

Or $\mathcal{M}$ editerranean Potatoes O'Brien

Fresh Fruit Orange Juice

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\$ 9.50 \text { per person }
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## Sweet and Savory

Frittata (Crustless Quiche) Choice of one per 15 people Southwestern, Lorraine, $\mathcal{H a m}$ and Swiss, Fforentine

Or Mediterranean Fresh Fruit Breakfast Bread Pudding Orange Juice
\$10.0o per person

## Omelet Station and Waffle Bar

Made to Order Omelets, with Topping Choices of - Green Pepper, Onion, Tomato, $\mathcal{M}$ ushrooms, $\mathcal{H}$ am, Bacon and Shredded Cheese

Waffle Bar - Toppings - Mix Seasonal Berries, Butter, Syrup, Whipped

Cream and Cherries
Bacon
Hash Brown Casserole
Fruit
OJ
\$16.0o per person
$\sim \mathcal{P L}$ US, Onsite Chef Charge
\$12.50 per person without Waffle Bar
$\sim \mathcal{P L}$ US, Onsite Chef Charge

## Snacks

Snack Mix - Traditional or Spicy $\$ 2.50$
Granola Bars
\$2.00
Individual Peanuts or $\mathcal{A s s o r t e d} \mathcal{N}$ uts
$\$ 3.00$
Whole Fruit
$\$ 2.50$
Candy and Candy Bars
$\$ 2.50$
Cookies 2 per person
$\$ 1.50$
Cheese Tray garnished with grapes and strawberries with crackers
$\$ 4.00$
Vegetable Tray with Creamy
Vegetable Dip
$\$ 3.50$

## Desserts

Assorted Soft Baked Cookies
Assorted Dessert Bars
Straw6erry Shortcake
Chocolate Truffle Cake
Lemon Layer Cake
Cherry yum-yum
Banana Pudding
Traditional Pound Cake with Fresh Strawberries

Butter Pecan
Honey Bun
Carrot Cake

Chocolate on Chocolate
Reece's Pieces Cake
Seasonal flavors and Specialty Cakes are $\mathcal{A}$ vailable ~ Call for pricing

## Beverages

Assorted Canned Soft Drinks and Bottled Water $\$ 2.00$

Tea-Gallon $\$ 7$
Lemonade-Galfon $\$ 8$
$\sim$ Coffee and Tea
Coffee with Disposa6le Dispenser $\$ 18.00$
(96 oz. approximatefy $12-80 z$. Cups)
Coffee Service with Cream, Sugar, and Cups
\$3.0o per person
ADD $\mathcal{H}$ ot $\mathcal{T}$ ea
$\$ 4.00$ person

## ~Gourmet $\mathcal{H}$ ot Beverage Bar~

Coffee with Assorted Flavored Creamers. Hot Water with Tea Gags, Cider $\mathcal{M i x}$ and Coco $\mathcal{M i x}$ with $\mathcal{M i n i}$ Marshmallows, Mini Kisses and Whipped Cream $\$ 5.00$
(Minimum of 20 people)
*These items may be served rare. Consuming raw or undercooked meats, poultry, seafood, shelfish, or eggs may increase your risk of food borne illness.

