

SANDWICHES

sub gluten free bread +2

v BBQ JACKFRUIT 8.5	TUNA KRAUT 8.5
organic BBQ jackfruit, herbed cashew cream, purple cabbage slaw, ciabatta	albacore tuna salad, sauerkraut, apples, avocado, micro greens, whole wheat
v BASIL PORTOBELLO 8	vg CAPRESE FLORENTINE 8
roasted Portobello, herbed cashew cream, arugula, roasted red pepper, red onion, ciabatta	hemp walnut pesto, fresh mozzarella, tomato, spinach, whole wheat
JALAPEÑO TURKEY 8.5	ROAST BEEF 8.5
natural turkey, black bean spread, pepper jack cheese, micro greens, tomato, whole wheat	natural roast beef, zesty cashew mayo, Swiss cheese, micro greens, tomato, whole wheat
v HUMMUS & HEMP PESTO 8	v ULTIMATE VEGGIE 8.5
hummus, hemp walnut pesto, avocado, micro greens, tomato, whole wheat	carrot hummus, cucumber, arugula, red onion, tomato, beet kraut, whole wheat

SNACKS v

GF CHOCOLATE AVOCADO PUDDING	5
GF HUMMUS	4
GF CHIA PUDDING	5
GF NO-BAKE BITES	1.5
GF SUPERFOOD DONUTS	3.5
GF SOUP	4 5
SUPERFOOD POP TARTS	4.5

SALADS & JUICE

Check out our rotating selection of seasonal salads and cold pressed juices!

TOAST v

sub gluten free bread +1

AVOCADO 3.5
avocado, salt, red pepper flakes, micro greens
PESTO AVOCADO 3.5
avocado, hemp walnut pesto, hemp seeds, salt
STRAWBERRY AVOCADO 3.5
avocado, strawberries, coconut, raw honey
PB&J 3.5
peanut butter, strawberry rhubarb vanilla bean jam, granola
BANANA ALMOND BUTTER 3.5
banana, almond butter, cacao nibs, cinnamon, maple
COCONUT BACON AVOCADO 3.5
avocado, coconut bacon, arugula, smoked sea salt
MEDITERRANEAN 3.5
hummus, tomato, micro greens, zaatar, olive oil

BEVERAGES v | GF

MISSION DRIP COFFEE	2.25 3
NUMI HOT TEA	1.75 2.5
COLD BREW COFFEE	3
ICED ALMOND MILK LATTE	3.5
SUPERFOOD LATTES 4.5	
pink rose	
matcha vanilla bean	
majik mint	
turmeric spice	

BY SUPPORTING US, YOU'RE ALSO SUPPORTING OUR LOCAL FARMERS, PURVEYORS, AND COMMUNITY.

SMOOTHIE BOWLS V | GF

BLUEBERRY ALMOND BUTTER 8
acai, banana, blueberries, almond butter, almond milk, topped with banana, granola, coconut, goji berries

CHERRY CHEEZECAKE 9
acai, cherries, vanilla cashew cream, almond milk, topped with granola, almond butter, cranberry pecan no-bake

NUTTY DRAGON 9
dragon fruit, banana, strawberries, peanut butter, maple, almond milk, topped with puffed quinoa, cacao nibs, coconut

CHUNKY MONKEY 8.5
acai, banana, peanut butter, cacao, maple, almond milk, topped with peanut butter cacao no-bake, coconut, cacao nibs

EMERALD PEANUT 8
banana, peanut butter, spinach, almond milk, topped with granola, strawberries, hemp seeds, micro greens

COOKIE MONSTER 9.5
banana, cashew butter, vanilla brown rice protein, blue majik, maple, almond milk, topped with cookie dough no-bake and cacao nibs

BANANA CACAO AVOCADO 8
acai, banana, cacao, avocado, maple, almond milk, topped with banana, cacao nibs, granola

RIO 8
acai, banana, orange juice, topped with granola and banana

ADD-INS

organic brown rice protein, hemp protein, grass-fed whey protein, moringa, blue majik, cold brew +1.5

spinach, kale, chia seeds, hemp seeds, organic yogurt, goji berries, bee pollen, matcha, coffee beans +1

spirulina, ginger, coconut, flax seeds, cacao powder, cacao nibs, turmeric, oats, mulberries +.75

SMOOTHIES GF

v BLUE MAJIK 8 **VG MANGO LASSI** 7.5
pineapple, banana, coconut cream, blue majik, lime, maple, almond milk mango, banana, organic yogurt, turmeric, maple, almond milk

v GREEN MONSTER 7 **v BLUEBERRY DETOX** 7.5
banana, pineapple, kale, spirulina, orange juice blueberries, kale, avocado, turmeric, black pepper, maple, almond milk

v BREAKFAST SMOOTHIE 7.5 **v TROPICAL GREEN** 7
blueberries, banana, almond butter, oats, maple, almond milk banana, pineapple, spinach, almond milk

v BREAKFAST SMOOTHIE II 8 **v SNICKERDOODLE** 7
blueberries, banana, almond butter, cold brew coffee, turmeric latte spice, maple, almond milk banana, almond butter, flax seeds, cinnamon, maple, almond milk

v PEANUT BUTTER POWER 7 **v STRAWBERRY BANANA CHIA** 7
banana, peanut butter, cacao, maple, almond milk strawberry, banana, chia seeds, maple, almond milk

v BLUEBERRY CACAO 7.5 **v MORNING GLORY** 6
blueberries, cacao, hemp seeds, avocado, vanilla, maple, almond milk strawberry, banana, orange juice

v DRAGON FRUIT 8 **v COCONUT COFFEE** 6
dragon fruit, banana, pineapple, coconut, lime, salt, orange juice banana, coffee beans, coconut, maple, almond milk

v VEG HEAD 8
avocado, cauliflower, cucumber, spinach, kale, vanilla brown rice protein, almond milk



SOUTH SIDE | **GRANDVIEW**
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