

ALCHEMY

café

SANDWICHES

sub gluten free bread +2

v bahn mi 10
mushroom walnut pate, carrot cilantro slaw, sriracha aioli, microgreens, farm bread

vg egg sandwich 8.75
egg soufflé, havarti, zesty cashew cream, arugula, focaccia › add avocado +2 smoked salmon +5

turkey bacon caesar 11.5
turkey, bacon, baby kale, carrot, cashew caesar dressing, ciabatta

smoked salmon club 11.5
smoked salmon, arugula, tomato, cucumber, red onion, carrot, lemon caper aioli, whole wheat

v basil portobello 10
roasted portobello, herbed cashew cream, arugula, roasted red pepper, red onion, ciabatta

jalapeño turkey 10
turkey, black bean spread, pepper jack cheese, micro greens, tomato, farm bread

v hummus + hemp pesto 9.5
hummus, hemp walnut pesto, avocado, microgreens, tomato, whole wheat › add turkey +3

blt 11
bacon, avocado, tomato, spinach, vegan mayo, farm bread
sub portobello bacon › add turkey +3

harvest turkey 11
turkey, Mackenzie Creamery goat cheese with maple pecans, cranberry onion chutney, arugula, ciabatta

SOUP & SALAD

V GF

kale caesar 11
baby kale, carrots, toasted chickpeas, cashew caesar, cashew parm, hazelnuts › add smoked salmon +5, avocado +2

soup 6
rotating seasonal

BEVERAGES

hot coffee 3

hot tea 3

hot turmeric spice latte 6
fresh turmeric + ginger, black pepper, cinnamon, maple, hemp milk

hot matcha vanilla latte 6
matcha, vanilla, maple, hemp milk

cold brew 3.5

iced honey latte 6
cold brew, honey, lavender, saffron, oat milk

iced matcha pistachio latte 6
matcha, pistachio, rose, cardamom, maple, oat milk

iced london fog 6
earl gray, blackberry jam, oat milk

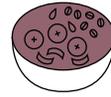
tahini vietnamese iced coffee 6
sweet tahini, cold brew, coconut

iced oat milk latte 5

SMOOTHIE BOWLS

V GF

blueberry almond butter



10

acai, blueberries, banana, almond butter, almond milk topped with banana, coconut, granola, goji berries

cherry cheezcake



10

acai, cherries, vanilla cashew cream, almond milk, topped with granola, almond butter, cranberry pecan no-bake

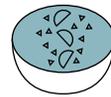
chunky monkey



10

acai, banana, peanut butter, cacao, maple, almond milk, topped with peanut butter cacao no-bake, coconut, cacao nibs › add fresh strawberries +1

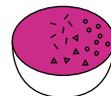
rainbow cookie monster



10

banana, cashew butter, vanilla vegan protein, spirulina, maple, almond milk, topped with funfetti no-bake, sprinkles

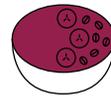
nutty dragon



10

dragon fruit, banana, peanut butter, strawberries, maple, almond milk, topped with puffed quinoa, cacao nibs, coconut

rio

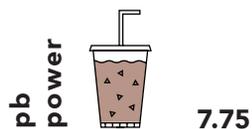


9

acai, banana, orange juice, topped with granola, banana › add fresh strawberries +1

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

SMOOTHIES **V GF**



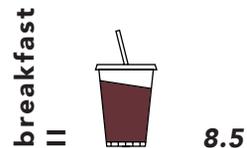
banana, peanut butter, cacao, maple, almond milk
 › add cold brew +1.5



banana, pineapple, kale, spirulina, orange juice ›
 add ginger +.75



blueberries, banana, almond butter, oats, maple, almond milk



blueberries, banana, almond butter, cold brew coffee, turmeric latte spice, maple, almond milk



strawberries, banana, orange juice › add goji berries +1



blueberries, kale, avocado, turmeric, black pepper, maple, almond milk



blueberries, cacao, hemp seeds, avocado, vanilla, maple, almond milk › add chocolate vegan protein +1.5



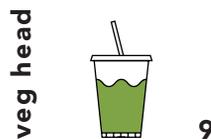
dragon fruit, banana, pineapple, coconut, lime, salt, orange juice › add bee pollen +1



pineapple, banana, lime coconut cream, spirulina, almond milk



strawberry, banana, cacao, beet, chocolate vegan protein, almond milk



avocado, cauliflower, spinach, kale, cucumber, vanilla vegan protein, almond milk › add pineapple +1

TOAST sub gluten free bread +1

v avocado **4**
 avocado, salt, red pepper flakes, micro greens

v pesto avocado **5**
 avocado, hemp walnut pesto, hemp seeds, salt

the lox **8.5**
 avocado, smoked salmon, everything spice, red onion, capers

v banana almond butter **4**
 banana, almond butter, cacao nibs, cinnamon, maple

v pb+j **4**
 peanut butter, seasonal house jam, granola

UPGRADES

+1.5 each
 collagen, cold brew, vanilla or chocolate vegan protein, grass-fed whey protein

+1 each
 spinach, kale, chia seeds, hemp seeds, goji berries, bee pollen, matcha, coffee beans

+.75 each
 spirulina, ginger, cacao nibs, turmeric