### **SMOOTHIES V GF**



pineapple, banana, lime coconut cream, spirulina, almond milk

# breakfast



blueberries, banana, almond butter, oats. maple, almond milk



strawberries, banana, orange juice > add goji berries +1



banana, peanut butter, cacao, maple, almond milk > add cold brew +1.5

### **POWER UP**

collagen, vanilla or chocolate organic vegan protein, grass-fed whey protein, cold brew

spinach, kale, chia seeds, hemp seeds, goji berries, +1 ea

bee pollen, matcha, coffee beans, walnut, flax seeds

7.75

+.75 ea

# green monster



banana, pineapple, kale, spirulina, orange juice > add ginger +.75

# breakfast II



8.5

blueberries, banana, almond butter, cold brew. turmeric latte spice, maple, almond milk

## blueberry cacao



blueberries, cacao, hemp seeds, avocado, vanilla, maple, almond milk > add chocolate vegan protein +1.5

### **TOAST**

sub gluten free bread +1

## avocado



avocado, salt, red pepper flakes, microgreens, whole wheat > add egg + 2

## pb&j



peanut butter, seasonal house jam, granola, whole wheat

## vocado pesto



avocado, hemp walnut pesto, hemp seeds, salt, whole wheat  $\rightarrow$  add egg +2



8.5

smoked salmon. avocado, everything spice, red onion, capers, whole wheat

# almond butter

+1.5 ea



banana, almond butter, cacao nibs, cinnamon, maple

## **BREAKFAST** MENU

daily until 11am



**ALCHEMY** kitchen

www.alchemy-brands.com

#### **BEVERAGES**

V GF

hot coffee 3 hot tea 3 hot turmeric spice latte fresh turmeric + ginger, black pepper, cinnamon, maple, hemp milk hot matcha 6 vanilla latte matcha, vanilla, maple, hemp milk cold brew 3.5 iced honey latte cold brew, honey, lavender, saffron, oat milk iced matcha 6 pistachio latte matcha, pistachio, rose, cardamom, maple, oat milk iced london fog 6 earl gray, blackberry jam, oat milk tahini vietnamese 6 iced coffee sweet tahini, cold brew, coconut

### **SMOOTHIE BOWLS**

# blueberry almond



acai, blueberries, banana, almond butter, almond milk topped with banana, coconut, granola, goji berries

# cherry cheezcake



10

10

acai, cherries, vanilla cashew cream, almond milk, topped with granola, almond butter, cranberry pecan no-bake

### monkey chunky



10

acai, banana, peanut butter, cacao, maple, almond milk, topped with peanut butter cacao no-bake, coconut, cacao nibs

### rainbow monster cookie



banana, cashew butter, vanilla vegan protein, spirulina, maple, almond milk, topped with funfetti no-bake and sprinkles

10

#### BREAKFAST

add avocado +2 add fried egg +2 add bacon +3 add smoked salmon +5 sub gluten free bread or bun +2

#### farmer's 12 bowl VG GF

two eggs your way, latkes, beet pico, avocado, herbed goat cheese, microgreens

#### 8.75 egg sandwich VG

egg soufflé, havarti, zesty cashew cream, arugula, focaccia

#### belt 12

bacon, egg, avocado, tomato, spinach, vegan mayo, farm bread > sub portobello bacon

#### american burrito 9.75

scrambled eggs, bacon, cheddar, latke bites, zesty cashew cream > sub portobello bacon

#### power 12.5 bowl VG GF

ancient grains, hemp walnut pesto, kalebouli, tri potato kale hash, hummus, feta, kraut, hazelnuts, microgreens

iced oat milk latte

5