# Seasonal Healthy Fare

Egg White Scramble
Market Vegetable, Brüiled Grapefruit
Earth'n Eats, PA

Avocado Toast
Whipped Tahini, Marinated Cherry Tomatoes, Parmesan
Nigella Seeds, Sunny Egg
Earth'n Eats, PA

Honey-Ginger Smoked Salmon
Citrus Salad, Radish, Cucumber, Sumac Red Onion
Selina Bay, BC

Seasonal Fruit Plate
Natural, Low-Fat Yogurt or Nonfat Yogurt with Seasonal Fruit

Sun-Dried Cranberry and Almond Granola Parfait
Yogurt, Fresh Berries

- cereals
  - Assorted Cereals with Bananas or Fresh Berries
  - Harvest Grain Porridge
  - Steel-Cut Oats, Rolled Oats, Farro, Cinnamon, Banana
  - House Made Bircher Muesli
  - Creamed Oats with Fruits, Nuts, Honey and Yogurt

- batters
  - Seasonal Pancakes
  - Lemon Poppy Seed Pancakes, Blueberry Compote

- S'mores French Toast
  - Toasted Marshmallow, Nutella Ginger Snap Crumble
  - Granny Smith Apples & Smoked Bourbon Maple Syrup

- fruit and vegetable juice
  - Orange, Grapefruit, Apple, Tomato, Carrot, Pomegranate
  - Fresh-Squeezed Orange Juice
  - Daily Yogurt Smoothie

- eggs and specialties
  
  **ALL OF OUR EGGS ARE HAND HARVESTED FROM EARTH’N EATS, PA**

  2 Eggs Any Style
  Choice of Breakfast Meat & Toast, Rosemary Home Fries
  Earth'n Eats, PA

  BIOD Omelet
  Roasted Roma Tomatoes
  Lacinato Kale, Cheddar Cheese
  Earth'n Eats, PA

  BBQ Beef Hash
  Crispy Potatoes, Pickled Ramp Relish
  Olive Oil-Poached Sunny Egg
  Creekstone, KS

  Farm House Baked Eggs
  Tomato, Roasted Vegetables, Chili, Country Toast Crouton
  Earth'n Eats, PA

  Pork Belly Benedict
  Banh Mi Style, Pickled Vegetables, Spicy Aioli
  Fresh Herbs, Cucumber
  Mustard’s Garden, MD

- pastries and breads
  - Toast
  - Rye, Wheat, White, Cinnamon Raisin, Pumpernickel
  - Multigrain, Country Sourdough
  - Bagel
  - Plain, Poppy Seed, Sesame, Everything, Cinnamon Raisin
  - with Cream Cheese
  - Pecan Sticky Buns
  - Pastry Basket
  - Croissant, Pain au Chocolate, Muffin
  - Trio of House Made Gluten-Free Pastries
  - Coffee Cake, Scone, Muffin

- sides
  - Crispy Rosemary Home Fries
  - White Corn Cheese Grits
  - Brüiled Grapefruit
  - Naturally-Cured Smoked Bacon
  - Pork Sausage
  - Chicken Sausage
  - Smoked Ham

- hot beverages
  - Premium Grade Matcha
  - Freshly Brewed Coffee
  - House Made Hot Chocolate

- specialty coffee
  - Espresso
  - Decaffeinated Espresso
  - Cappuccino
  - Café Latte
  - Café Americano
  - La Colombe Pure Black Iced Coffee

- tea selection
  - Big Ben English Breakfast
  - Des Lords Earl Grey
  - Decaffeinated English Breakfast
  - Lavender Oolong Blend
  - Tropical Garden
  - Full tea menu available

**FOR PARTIES OF 50 OR MORE, THERE IS AN AUTOMATIC 20% SERVICE CHARGE.**