

seasonal healthy fare ✨

Avocado Toast	22
Roasted Tomatoes, Herb Salad	
Crispy Quinoa, Nigella Seeds, Multigrain	
Soft-Poached Egg*	
Add Smoked Salmon + 12	
EARTH N EATS, PA	
Smoked Salmon	26
Cucumber, Shallots, Capers	
Tomato, Herb Cream Cheese, Toasted Bagel	
IVY CITY, DC	
Seasonal Fruit Plate	16
Bowl of Mixed Berries	15
Low-Fat Greek Yogurt with Seasonal Fruit	10
Sun-Dried Cherries and Almond Granola Parfait	15
Chia Yogurt, Fresh Berries	

cereals

Assorted Cereals	10
with Bananas or Fresh Berries	
Harvest Grain Porridge	14
Steel-Cut Oats, Rolled Oats, Farro, Cinnamon, Coconut, Banana	
Toasted Pecans	
House Made Bircher Muesli	14
Creamed Oats with Fruits, Sliced Almonds, Fresh Berries	
Honey and Yogurt	

batters

Buttermilk Pancakes	20
Berries, Fig-Citrus Mascarpone, House Almond Granola	
S'mores French Toast	21
Toasted Marshmallow, Nutella Cocoa Nib Crumble	
Bananas & Bourbon Maple Syrup	

fruit and vegetable juice

Orange, Grapefruit, Apple, Tomato, Carrot, Pomegranate	6
Fresh-Squeezed Orange Juice	10

hot beverages

Premium Grade Matcha	10
Freshly Brewed Coffee	7
House Made Hot Chocolate	12
specialty coffee	
Espresso	7
Decaffeinated Espresso	
Cappuccino	8
Café Latte	
Café Americano	
Cold Brew Iced Coffee	10

eggs and specialties

ALL OF OUR EGGS ARE HAND HARVESTED FROM EARTH N EATS, PA	
2 Eggs Any Style	22
Choice of Breakfast Meat & Toast, Rosemary Home Fries*	
EARTH N EATS, PA	
BDT Omelet	19
Roasted Market Mushrooms, Spinach, Cheddar Cheese*	
EARTH N EATS, PA	
Short Rib Hash	26
Pepper, Onion, Potato, Soft-Poached Egg	
Horseradish Sauce*	
CREEKSTONE, KS	
Smoked Salmon & Scrambled Egg Whites	28
Tomato, Baby Spinach, Avocado, Farmers Cheese	
Multigrain Bread*	
EARTH N EATS, PA	

pastries and breads

Toast	4
Rye, Wheat, White, Multigrain, Sourdough	
Bagel	6
Plain, Sesame, Everything	
with Cream Cheese	
Pastry Basket	14
Croissant, Pain au Chocolate, Muffin	
House Made Gluten-Free Coffee Cakes (2)	8
<i>contains almonds</i>	

sides

Crispy Home Fries	11
Naturally-Cured Smoked Bacon	8
Pork Sausage	8
Chicken Sausage	7
Smoked Ham	7

tea selection

Big Ben English Breakfast	10	Dong Ding Oolong	10
Des Lords Earl Grey	10	Seven Citrus Oolong	10
Decaffeinated English Breakfast	10	Dragon Well Green Tea	10
Lavender Oolong Blend	10	Moonlight Litchi Blossom	24
Secret Garden	10	Gyokuro Green Tea	32
Full tea menu available		First Flush Grand Himalaya	28
		Darjeeling	

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS

FOR PARTIES OF FIVE OR MORE, THERE IS AN AUTOMATIC 20% SERVICE CHARGE.