

## Seasonal Healthy Fare ✨

Egg White Scramble 20  
Market Vegetable, Brûléed Grapefruit\*  
EARTH N EATS, PA

Avocado Toast 22  
Whipped Tahini, Marinated Cherry Tomatoes, Parmesan  
Nigella Seeds, Sunny Egg  
EARTH N EATS, PA

Honey-Ginger Smoked Salmon 18  
Citrus Salad, Radish, Cucumber, Sumac Red Onion  
SKUNA BAY, BC

Seasonal Fruit Plate 13

Natural, Low-Fat Yogurt or Nonfat Yogurt with Seasonal Fruit 10

Sun-Dried Cranberry and Almond Granola Parfait 14  
Yogurt, Fresh Berries

### cereals

Assorted Cereals  
with Bananas or Fresh Berries

Harvest Grain Porridge 14  
Steel-Cut Oats, Rolled Oats, Farro, Cinnamon, Banana

House Made Bircher Muesli 14  
Creamed Oats with Fruits, Nuts, Honey and Yogurt

### batters

Seasonal Pancakes 19  
Lemon Poppy Seed Pancakes, Blueberry Compote

Roasted Coffee Waffle 19  
Chantilly Cream, Strawberries, Vanilla

### fruit and vegetable juice

Orange, Grapefruit, Apple, Tomato, Carrot, Pomegranate 6

Fresh-Squeezed Orange Juice 10

Daily Yogurt Smoothie 10

### hot beverages

Premium Grade Matcha 10

Freshly Brewed Coffee 7

House Made Hot Chocolate 10

### specialty coffee 7

Espresso Decaffeinated Espresso

Cappuccino Café Latte

Café Americano

La Colombe Pure Black Iced Coffee 10

### eggs and specialties

ALL OF OUR EGGS ARE HAND HARVESTED FROM EARTH N EATS, PA

2 Eggs Any Style 19  
Choice of Breakfast Meat & Toast, Rosemary Home Fries\*  
EARTH N EATS, PA

BDT Omelet 18  
Asparagus, Gruyère, Spinach, Spring Onion  
Marinated Cherry Tomatoes  
EARTH N EATS, PA

BBQ Beef Hash 22  
Crispy Potatoes, Pickled Ramp Relish  
Olive Oil-Poached Sunny Egg\*  
CREEKSTONE, KS

Farm House Baked Eggs 20  
Tomato, Roasted Vegetables, Chili, Country Toast Crouton\*  
EARTH N EATS, PA

Spring Garden Benedict 22  
Roasted Tomato, Patty Pan Squash, Zucchini  
City Ham, Basil, English Muffin, Hollandaise  
MUSTARD'S GARDEN, MD

### pastries and breads

Toast 4

Rye, Wheat, White, Cinnamon Raisin, Pumpernickel  
Multigrain, Country Sourdough

Bagel 6  
Plain, Poppy Seed, Sesame, Everything, Cinnamon Raisin  
with Cream Cheese

Pecan Sticky Buns 12

Pastry Basket 12  
Croissant, Pain au Chocolate, Muffin

Trio of House Made Gluten-Free Pastries 12  
Coffee Cake, Scone, Muffin

### sides

Crispy Rosemary Home Fries 11

White Corn Cheese Grits 10

Brûléed Grapefruit 6

Naturally-Cured Smoked Bacon 6

Pork Sausage 6

Chicken Sausage 6

Smoked Ham 6

### tea selection

Big Ben English Breakfast 8 Dong Ding Oolong 8

Des Lords Earl Grey 8 Seven Citrus Oolong 8

Decaffeinated English Breakfast 8 Dragon Well Green Tea 8

Lavender Oolong Blend 9 Moonlight Litchi Blossom 24

Tropical Garden 8 Gyokuro Green Tea 32

Full tea menu available First Flush Grand Himalaya 28