The Palm Beach Post

AT THE TABLE

Trending: $15 Italian deal, pizza inspired by Travis Kelce, 🍷 dinner, sushi event🍣

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Palm Beach Post

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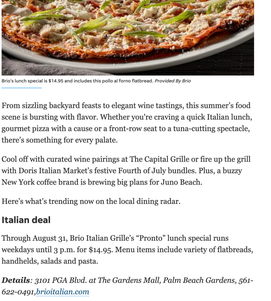


Brio's lunch special is $14.95 and includes this pollo al forno flatbread. *Provided By Brio*

From sizzling backyard feasts to elegant wine tastings, this summer's food scene is bursting with flavor. Whether you're craving a quick Italian lunch, gourmet pizza with a cause or a front-row seat to a tuna-cutting spectacle, there's something for every palate.

Cool off with curated wine pairings at The Capital Grille or fire up the grill with Doris Italian Market's festive Fourth of July bundles. Plus, a buzzy New York coffee brand is brewing big plans for Juno Beach.

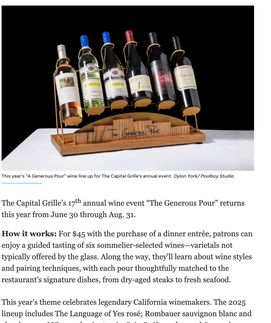
Here's what's trending now on the local dining radar.

Italian deal

Through August 31, Brio Italian Grille's "Pronto" lunch special runs weekdays until 3 p.m. for $14.95. Menu items include variety of flatbreads, handhelds, salads and pasta.

***Details**: 3101 PGA Blvd. at The Gardens Mall, Palm Beach Gardens, 561-622-0491,brioitalian.com*

Grill, chill and feast



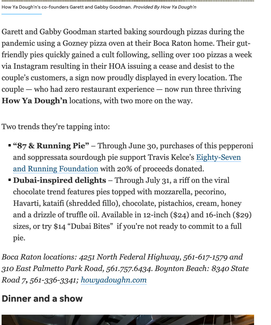
Score holiday deals through July 8 at Doris Italian Market & Bakery *Provided By Doris Italian Market & Bakery*

Through July 8, Doris Italian Market & Bakery serves two sizzling summer packages for Fourth of July celebrations. The **Frank & Pattie Package** ($44.95) brings backyard barbecue vibes with 12 juicy burgers (beef, chicken, sausage) and 10 jumbo hot dogs.

Craving coastal flavors? Dive into the **Clam Bake Package** ($64.95), packed with shrimp, mussels, clams, corn, potatoes, beer and more—plus easy cooking instructions. Find both in the meat and seafood departments. Open July 4 from 8:30 a.m. to 2 p.m.

***Details:**11239 U.S. 1, North Palm Beach and 9101 Lakeridge Blvd., Boca Raton, dorismarket.com*

Pour it on



This year's "A Generous Pour" wine line up for The Capital Grille's annual event. *Dylon York/ Poolboy Studio*

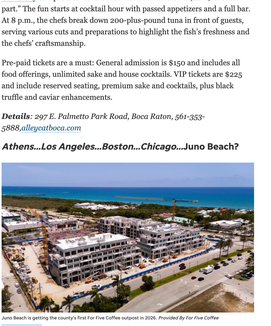
The Capital Grille's 17th annual wine event "The Generous Pour" returns this year from June 30 through Aug. 31.

How it works: For $45 with the purchase of a dinner entrée, patrons can enjoy a guided tasting of six sommelier-selected wines—varietals not typically offered by the glass. Along the way, they'll learn about wine styles and pairing techniques, with each pour thoughtfully matched to the restaurant's signature dishes, from dry-aged steaks to fresh seafood.

This year's theme celebrates legendary California winemakers. The 2025 lineup includes The Language of Yes rosé; Rombauer sauvignon blanc and chardonnay; J Vineyards pinot noir; Orin Swift merlot; and Jayson by Pahlmeyer cabernet.

***Details**: 11365 Legacy Ave., Palm Beach Gardens, 561-630-4994 and 6000 Glades Road, Town Center at Boca Raton, 561-368-1077; thecapitalgrille.com*

Trending now



How Ya Dough'n's co-founders Garett and Gabby Goodman. *Provided By How Ya Dough'n*

Garett and Gabby Goodman started baking sourdough pizzas during the pandemic using a Gozney pizza oven at their Boca Raton home. Their gut-friendly pies quickly gained a cult following, selling over 100 pizzas a week via Instagram resulting in their HOA issuing a cease and desist to the couple's customers, a sign now proudly displayed in every location. The couple — who had zero restaurant experience — now run three thriving **How Ya Dough'n** locations, with two more on the way.

Two trends they're tapping into:

- **"87 & Running Pie"** – Through June 30, purchases of this pepperoni and soppressata sourdough pie support Travis Kelce's Eighty-Seven and Running Foundation with 20% of proceeds donated.
- **Dubai-inspired delights** – Through July 31, a riff on the viral chocolate trend features pies topped with mozzarella, pecorino, Havarti, katafi (shredded fillo), chocolate, pistachios, cream, honey and a drizzle of truffle oil. Available in 12-inch ($24) and 16-inch ($29) sizes, or try $14 "Dubai Bites" if you're not ready to commit to a full pie.

Boca Raton locations: 4251 North Federal Highway, 561-617-1579 and 310 East Palmetto Park Road, 561.757.6434. Boynton Beach: 8340 State Road 7, 561-336-3341; howyadoughn.com

Dinner and a show

AlleyCat X Sunset Sushi Boca Raton co-host a tuna cutting event. *Provided By AlleyCat X Sunset Sushi Boca Raton*

AlleyCat X Sunset Sushi Boca Raton co-host "Tuna Cutting & Cocktails" on July 10. Chefs David Bouhadana and Eric Baker lead the ceremony, showcasing traditional sakudori, defined by website Sushi University as a process "to fillet fish and cut into blocks (saku) in each part." The fun starts at cocktail hour with passed appetizers and a full bar. At 8 p.m., the chefs break down 200-plus-pound tuna in front of guests, serving various cuts and preparations to highlight the fish's freshness and the chefs' craftsmanship.

Pre-paid tickets are a must: General admission is $150 and includes all food offerings, unlimited sake and house cocktails. VIP tickets are $225 and include reserved seating, premium sake and cocktails, plus black truffle and caviar enhancements.

***Details**: 297 E. Palmetto Park Road, Boca Raton, 561-353-5888,alleycatboca.com*

*Athens...Los Angeles...Boston...Chicago...*Juno Beach?

Juno Beach is getting the county's first For Five Coffee outpost in 2026. *Provided By For Five Coffee*

For Five Coffee is planning its February 2026 Palm Beach County debut with a flagship café and bar in Juno Beach's new Caretta building at 14041 U.S. Highway 1.

The 4,500 square-foot café will offer outdoor seating, the company's signature stuffed cookies, artisanal pastries and an all-day menu inspired by its Queens County, New York roots. On weekends, we're told it transforms into a vibrant bar serving craft beer, fine wines and cocktails.

Founded in 2010 by Stefanos Vouvoudakis and Tom Tsiplakos, For Five has grown from a roastery to a national brand with locations in major U.S. cities. West Palm Beach is also in the works.