

# CHICKEN

Your guests will love the recipes, and all Garden Catering chicken and turkey dishes are made from scratch. Half Tray 50.00, Full Tray 100.00

## Chicken Tuscany

Chicken breast sautéed with tomatoes, white wine, artichokes and olives.

## Chicken Scarpello

Chicken breast sautéed with onions, sliced cherry peppers and Scarpelli's sausage simmered in a wine sauce.

## Chicken Marsala

Tender, boneless breast of chicken is sautéed with Marsala wine and mushrooms.

## Chicken Parmigiana

Baked in our house-made tomato sauce and topped with shredded mozzarella.

## Roasted Chicken

Chicken pieces dusted with assorted spices and baked to perfection with garlic and extra virgin olive oil.

## Parmesan Crusted Chicken

Cutlets served with a mustard dipping sauce



# SALADS

can make both fantastic sides and perfect lunch entrees.

## Tossed Garden Salad

Mixed greens topped with tomatoes, carrots and cucumbers with house made vinaigrette and crumbled Gorgonzola.

## Tomato & NY Mozzarella Salad

Yonkers, NY mozzarella with sliced tomatoes, fresh basil leaf and extra virgin olive oil.

## Wild Rice Salad with Grilled Chicken & Cranberries

Wild rice and herbed grilled chicken, cranberries and walnuts tossed with lemon juice, honey and extra virgin olive oil.

## Shredded Brussels Sprout & Kale Salad

with Pine Nuts & Pecorino.

## Gemelli Pasta Salad

Curly pasta tossed with Feta cheese, olives and tomatoes.

# STEAKS, ROASTS & PORK

Impress your guests with any of these delicious entrees. Call For Pricing

## Marinated Grilled Sirloin

Marinated sirloin, grilled medium-rare, hand carved and served with mushroom au jus.

## Roasted Filet Mignon

Slow roasted to medium rare and served with horseradish sauce.  
\*\*Available marinated, uncooked and ready to roast! (Comes complete with instructions!)

## Teriyaki Marinated Skirt Steak

Skirt steak soaked in a soy and teriyaki marinade for 24 hours and char-grilled.

## Pulled Pork

Pulled Pork served with soft dinner rolls.

## Scarpelli's Sausage and Peppers

Grilled Scarpelli sausage with sautéed onions and red and green peppers.

## Grandpa Carpenteri's Sliced Roast Beef

USDA Choice Roast beef cooked to a perfect medium rare. Our family recipe served with pan gravy.

## Roasted and Chilled Filet Mignon

Sliced filet mignon fanned on a platter and garnished with French bread rounds and roasted peppers. Served with horseradish sauce.

# FISH & Seafood

## Sole Francese

Sautéed egg battered fish cooked in lemon butter white wine sauce.

## Shrimp Scampi

Shrimp sautéed with garlic and olive oil in a light lemon butter sauce.

## Shrimp Fra Diavlo

Jumbo Shrimp sautéed in our spicy fra diavlo sauce

Before owning Garden Catering, Frank Carpenteri Sr. owned Main Street Seafood in Port Chester, NY. Known for fresh fish and even fresher waitstaff; Main Street Seafood was a popular, local joint in the 80's.

# BEYOND THE MAIN STREET SPECIALTIES

## Soy Marinated Salmon

Marinated in and grilled light and flaky. Available in our soy or olive oil & lemon marinade.

## Lime Grilled Shrimp

Marinated Jumbo shrimp. Perfect over salads, pasta or on their own.

# VEGETARIAN ENTREES

Garden Catering has you covered with these vegetarian options.

## Eggplant Parmigiana

Sliced eggplant, baked with mozzarella cheese and marinara sauce, sprinkled with Parmesan cheese 90.00/tray

## Eggplant Rollitini

Lightly battered eggplant slices sautéed and rolled with seasoned ricotta cheese and baked in marinara sauce 100.00/tray

# PASTA PASTA!

Pasta is a great way to feed your guests with delicious dishes that are as flexible as they are flavorful. Half Tray 35.00 - 45.00

## Mac Syke's Meat Mac

The furthest a GC dish has ever traveled is to Bermuda, thanks to Mac Sykes and his fearless band of yachtsmen.

Elbow macaroni & crumbed beef mixed with our tomato sauce & grated parmasean. Delicious and hearty on land or at sea.

## Rigatoni Italiano

Mixed with crumbled Scarpelli's sausage and broccoli rabe sautéed with garlic and olive oil.

## Braised Kale

Steamed kale sautéed with bacon, garlic and sliced red onion.

## Roasted Broccoli

With Lemon and Parmesan.

## Spanish Style Carrots & Cauliflower

Sautéed and drizzled with a roasted pepper and cumin puree and topped with fresh cilantro.

## Roasted Broccoli Florets

With roasted garlic.

## Julienned Vegetables

Assorted seasonal vegetables lightly seasoned and sautéed in a light butter sauce.

## Grilled Vegetables

Assorted seasonal vegetables marinated in olive oil, lemon and balsamic vinegar, lightly grilled.

## Grilled Asparagus

Brushed with olive oil and peeled garlic.

## String Beans

# VEGGIES

## & Sides

No meal or party is complete without sides and vegetables. Half Tray 40.00 to 45.00

## Almondine

Steamed in a light butter sauce, topped with toasted almonds.

## Rosemary Potatoes

Seasoned with olive oil and rosemary.

## Roasted Potatoes & Grape Tomatoes

Roasted with olive oil, rosemary and garlic.

## Green Bean Potato

Salad  
Perfect side for steaks and chicken, can be served warm or cold.

## Tina's Orzo Salad

Served with pine nuts and fresh arugula. Available hot or cold

## Loaded Sweet Potatoes

Cubed, roasted sweet potatoes sautéed with bacon, onion and sweet corn.

## California Vegetable Medley

Broccoli, mini carrots and cauliflower crowns sautéed in butter sauce.

# FRID FAVORITES!

## Southern-style Corn Fritters

Fried to a golden brown and served with your choice of dipping sauce.

## Thick-cut Onion Rings

Sweet Spanish onions are breaded and fried crispy on the outside, sweet and oniony on the inside

## Mac Bites

Macaroni and cheese that is deep fried until golden and gooey.

# CASUAL · TAILGATE FOODS · PICNIC · BBQ

Great any time of year, perfect for tailgating, house parties or any time you get your friends together to let loose!

## Plump Chicken Wings

Juicy wings served with blue cheese dressing and your choice of: Buffalo -Honey Hot-BBQ

## Sesame Chicken Nuggets

Served with pineapple chunks.

## Picnic Sides:

American Potato Salad • Macaroni Salad

## Garden Catering's World Famous Chicken Nuggets

The most popular nuggets in Fairfield County (and beyond!)

You choice of: Original - Buffalo - Honey Hot

# COMFORT FOOD FAVORITES

## Breaded Or Battered Jumbo Shrimp

Jumbo shrimp battered in a wet batter, or beer battered. Gotta' beer you like? We can batter your shrimp in your favorite beer batter. Ask for details!

Your guests love fried food, let us do the work and make you look good!

## Southern-style Fried Chicken

Golden and crispy on the outside, tender and juicy on the inside, fried chicken has been a staple on the Garden Catering menu since the 70's!

# FOOT LONG WEDGES

Excellent choice for office meetings, tailgate parties and for kids of all ages.

## Italian Style

Ham, salami, pepperoni, capicola and Provolone cheese garnished with lettuce, tomato 22.00/foot.

## American Style

Fresh roast beef, oven roasted turkey breast, boiled ham, American cheese, garnished with lettuce and tomato 22.00/foot.

## Vegetable Combo

Fresh mozzarella, roasted peppers, grilled eggplant, peppers and zucchini 18.00/foot.

## Garden Special Chicken Cutlet

Chicken cutlet with fresh mozzarella, roasted peppers, lettuce and tomato 22.00/foot.

# WRAP TRAYS

Select from a number of delicious Garden Catering wraps, all made with fresh tortillas and a wide range of vegetables, meats and cheeses. Perfect for casual lunches, tailgate parties, high school graduation parties and more! Call for pricing and options.

## Complete Party Package

Fresh Tortilla Chips/Guacamole or Bruschetta on Toast

Includes a Wrap Platter, 1 Chicken Dish, 1 Pasta, 1 Salad 17.95 per person.

# BREAKFAST

## Continental Breakfast Service

Great for early meetings and gatherings, anytime you get 15 or more people together and want a very special event, call Garden Catering, 10.95 per person. Includes the following:

### Beverages:

Fresh-Squeezed Tropicana Orange Juice, Coffee, Tea, Decaf

### Bakery Favorites:

Fresh Sliced Bagels with cream cheese  
Assorted mini-Danish  
Assorted fresh-baked mini muffins  
Seasonal Fruit Salad

## "Get it while it's Hotsy!" Breakfast Bonanza

Nothing gets a meeting going like Hotsy's Chili!

A selection of our most popular breakfast sandwiches & wraps.

Accompanied by fruit, fresh squeezed OJ, yogurt parfaits & Coffee with all the fixins. Price includes set up with paper plate service 12.95 per person  
Minimum 15 guests



So much more than just  
**NUGGETS!**

# CATERING MENU

## Breakfast

## Lunch

## Dinner

Corporate & Private  
Catering  
Available

Voted Fairfield County's

**BEST**  
Lunch & Caterer

185½ Sound Beach Ave  
Old Greenwich, CT

Catering Manager - Tina Carpenteri

**203-698-2900**

Visit us online at  
[gardencatering.com](http://gardencatering.com)

## BUSINESS & OFFICE OPTIONS

### Garden Catering Corporate Service

#### Menu #1

Choose from a wide selection of freshly made wraps and sandwiches with our house-made pasta salad; plus dessert of cookies, brownies and blondies, an assortment of potato chips and individual soda. Plate set up, serving utensils and all condiments are included. 14.95 per person. Minimum 15 guests.

#### Menu #2

A simple and easy menu to liven up any meeting. Choice of 1 chicken, 1 pasta, 1 green salad & individual soda. Full plate set up & dessert platter included. 16.95 per person.  
Minimum 15 guests.

### THE CORPORATE SANDWICH PACKAGE

Enjoy a mix of 5 of our best selling hot sandwiches served on rolls or wraps. Choose from Steak & Cheese, Grilled Chicken Wrap, Italian Chicken Cutlet, Meatball Parm, Buffalo Chicken Wrap, Reuben, & Grilled Chicken Caesar Wrap. Includes Chips, Dessert Platter, Assorted Drinks, Plates and Necessary Condiments 13.95 per person. Minimum 15 guests.

Staff, plate service and soft drinks priced separately.

Full catering staff, break down and clean up are available, including bar staff.

We may require minimum orders on some items.

CT sales tax of 6.35% will be added to all orders. 15% service and delivery charge will be added to any orders we deliver and set up.

**We Buy Local** from the following local, family-owned & operated businesses:

Marcus Dairy • Ingenuities • JB & Son

Harris Restaurant Supply • Elaine's Seafood

The Spicemill • Sparpelli's Sausage • Dimares Pastry Shop