

bar·ONE

Restaurant & Lounge

APPETIZERS

Fried Salmon Bites 18

Caribbean Spiced Grilled Lamb Chops 27

 Bar ONE Baby-back Ribs 23

Fried Calamari and Banana Peppers topped w/ Creole Marinara Sauce 17


Crab Spinach and Artichoke Dip w/ tostones 17

Oxtail Dumpling Stew 20

 Two Bean Hummus

Creamy mixture of black eyed peas, black beans, garlic and olive oil dip served w/ crispy tostones 14

SALADS

 Avocado Toast 15

Smashed avocado, pickled red onions, heirloom tomatoes and balsamic glaze on 7 grain toast w/ an arugula salad

Caesar 14

Torn romaine, boiled egg white, shaved parmesan, crispy shallots, croutons w/ house Caesar dressing

Kale 17

Organic white quinoa, cremini oven roasted mushroom, feta cheese, european cucumber, crispy shallots, pickled onion truffle balsamic glaze

Add Jerk Chicken 9

Add Jerk Shrimp 12

Add Jerk Salmon 13

ENTREES

8 oz Cajun Skirt Steak w/ white rice & black beans 36

Oxtails w/ Butter Bean Stew, carrots, potatoes, white rice and plantains 36

Surf & Turf Grilled 8oz filet, mushroom red wine sauce, crispy onions, Blackened 8oz lobster tail, & grilled asparagus 62

Peter's Favorite Curry Chicken w/ carrots, potatoes, white rice and plantains 28

Bar One Truffle Chicken over Scallions Pancake w/ Sauteed Spinach and truffle Chili Pepper Honey Drizzle 32

Fried Branzino Escovitch w/ Yucca 30

Atlantic Stuffed Salmon w/ Herb Risotto 37

 Jerk Chicken Penne Alfredo 26

Jumbo Shrimp Linguine w/ fresh herbs in tomato & white wine sauce 30

Grilled Jerk Snapper Filet, sweet potato mash, garlic asparagus, w/ a jerk butter sauce 42


Whole Fried Red Snapper, tangy mango relish, over a bed of garlic spinach MP

 Spicy Vegan Jambalaya

A variety of mixed veggies, chickpeas, red kidney beans & white rice 24

SIDES

Bahamian Mac and Cheese 14

 Porsche's Vegan Mac & Cheese 14

Sauteed garlic spinach 10

Slow braised collards, cabbage w/ smoked turkey 10

White Rice 10

Black Beans 10

Truffle Fries 12

Herb Risotto 12

Tostones 10

Sweet plantains w/ rum reduction & coconut shavings 10

Executive Chef Ronnie King

Consuming raw or under cooked meats, poultry, seafood, selfish, or egg may increase your risk of food-borne illness, especially if you have certain medical conditions