# **LUNCH MENU**

# **STARTERS & SHARES**

### **MEATBALLS**

Whipped ricotta, parm, basil 14

### **CRISPY BRUSSEL SPROUTS VG**

Eastern NC BBQ sauce, blue cheese, pecans, chili mayo 13

# **HUMMUS VG**

Pita, veggies, crispy chickpeas 13

# SUPPLI

Spaghetti, bacon, vodka sauce, parm & mozzarella. Breaded & fried 15

### **FOCACCIA VG**

Fig whipped ricotta, honey, roasted pears, toasted almonds 14

# **GREENS**

### **CAESAR**

Traditional, as you would expect it 10.5

### **GREEK GF/VG**

Romaine, cabbage, carrots, tomatoes, Kalamata olives, cucumbers, pepperoncinis, red onions, feta 11

### **HOUSE GF/VG**

Romaine, cabbage, carrots, tomatoes, cucumbers, red onions 10

# **ICEBERG WEDGE GF**

Bleu cheese crumbles & dressing, bacon, tomatoes 10.5

### **DRESSINGS**

GREEK, RANCH, BLUE CHEESE, HONEY MUSTARD, CAESAR, OIL & VINEGAR

### **ADD ONS**

CRISPY CHICKPEAS 4 LAMB 6
CHICKEN 6 VEGGIE "BURGER" 7 TROUT 10

# **HANDHELDS & MORE**

All handhelds are served with your choice of house cut & seasoned fries or chips. Gluten free bun 3

# **PHILLY STEAK SUB GS**

Ribeye or chicken, onions, peppers & mushrooms, mayo, mozzarella 17.5

# **VEGGIE "BURGER" VG**

Sweet potatoes, black beans, lettuce, tomato, red onion, avocado spread 15

# **SOUTHERN FRIED CHICKEN**

Lemon slaw, pickles, special sauce 15.5

# **KENTUCKY HOT BROWN**

Open faced hot turkey sandwich, tomato, bacon, broiled parmesan cream, Texas toast 15

# SMASHBURGER GS

Mustard grilled double, special sauce, American, white onion, pickle 17.5

# TWISTED LAUREL DOWNTOWN • AVL

### **CHICKEN TENDERS**

Plain, honey sriracha, buffalo, lemon pepper dry rub, Cheerwine BBQ, Cajun dry rub, mango chili 14.5

### **GYRO GS**

Lettuce, tomato, onion, tzatziki, choice of side Chicken or Lamb 14 Combination 15.5

# **CHICKEN SALAD GS**

Mayo, grapes, red onions, herbs, pecans, toasted ciabatta 14.5

# **SIDES**

SWEET POTATO FRIES 5.5 GRILLED ASPARAGUS 6.5 ROASTED VEGETABLES 5.5 FRIES 4.5 CHIPS 4.5

# STONE HEARTH PIZZA

12" personal pie . Gluten free crust 5. Additional toppings 2 each.

# **BLACK TRUMPET FARMS GS/VG**

Local shrooms, plum tomato, fresh mozzarella, garlic, sea salt, cracked pepper 18.5

# **BEST WHITE (No sauce) GS/VG**

EVOO, garlic, ricotta, fresh mozzarella, caramelized onions, oregano 16

# THE MRS. CHEF GS

Local shrooms, plum tomato, onions, bacon, banana peppers 17

# JERSEY INSPIRED CHEESE GS/VG

Basil or add your favorite toppings 15

# **CRAFT YOUR OWN PIES**

**Meat Toppings\***: Pepperoni, Italian Sausage, Bacon, Salami

**Veggie Toppings:** Tomatoes, Olives, Bell Peppers, Onions, Wild Mushrooms, Garlic, Banana Peppers