

The TRAIL HOUSE

· EAT · MEET · DRINK ·

SHARED PLATES

TATCHOS* - tater tots smothered with short ribs, queso with sunny side up egg and hot sauce. 10.95

FRIED PICKLES (v) - with ranch dressing. 8.95

FRIED MUSHROOMS, CAULIFLOWER OR GREEN BEANS (v) choose one, with Cajun ranch. 8.95

GENERAL TSO'S CALAMARI - with our housemade sweet and savory sauce. 13.95

DIP TRIO - Buffalo chicken dip, spinach dip (v), pimento cheese (v), with pita or tortilla chips. 11.95

CHEESESTEAK EGG ROLLS - housemade with honey sriracha dipping sauce. 11.95

NACHOS (v) - tortilla chips topped with queso, black bean corn salsa, pico de gallo, guacamole, sour cream and jalapeños. 12.95
add chili, chicken or seitan (v) +3 | steak +5

WINGS & THINGS

MILD · HOT · MANGO HABENERO · LEMON PEPPER DRY RUB ·
GENERAL TSO · SRIRACHA DRY RUB · HONEY SRIRACHA
HOT HONEY GARLIC · HOUSE GARLIC PARMESAN
PINEAPPLE TERIYAKI

Bone-in Wings - (8) 14.95 | (12) 19.95

BONELESS WINGS - (8) 12.95 | (12) 16.95

CHICKEN TENDERS - housemade with fries. 12.95
plain or tossed in any sauce

SHRIMP - fried or grilled, with celery, carrots, fries. 12.95

SLIDERS

— Choice of 3 - 12.95 | Choice of 4 - 14.95 —

FRIED CHICKEN - lettuce, cheese, ranch

SHORT RIB - cheese, caramelized onions, chipotle aioli

GROUND BEEF - 1000 island, cheese, pickles

PULLED PORK - bbq sauce, slaw

SOUPS & SALADS

SOUPS:

FRENCH ONION | **SOUP OF THE DAY** | **CHILI (+1)**
cup 3.95 | bowl 5.95

HOUSE SALAD (v) - mixed greens, cucumbers, cherry tomatoes, onions, carrots, cheddar, croûtons. 7.95 (medium) | 9.95 (large)

CAESAR (v) - romaine, croûtons, parmesan, housemade caesar dressing. 8.95 (medium) | 10.95 (large)

WEDGE - crisp lettuce wedge, bacon, tomatoes, blue cheese, blue cheese dressing, balsamic drizzle. 8.95 (medium) | 10.95 (large)

TRAIL HOUSE SALAD - mixed greens, grilled chicken, blueberries, apples, blue cheese, pecans, balsamic. 13.95

SHRIMP AND AVOCADO - mixed greens, blackened shrimp, avocado, cucumbers, tomatoes, red onions, pepperjack cheese, Cajun ranch dressing. 15.95

CHEF SALAD - mixed greens, ham, turkey, egg, American and provolone cheeses, avocado, tomatoes, carrots, scallions, cucumber, croutons. 13.95

ADD TO ANY SALAD

chicken +3 | seitan (ve) +3 | steak* +5

shrimp +6 | salmon* +8

DRESSINGS - Ranch, Blue Cheese, 1000 Island, Honey Mustard, Balsamic Vinagrette, Italian, Caesar

TACOS

Choose 2, 3 or 4 tacos

One filling per order please

— Comes with tortilla chips —

FRIED CHICKEN - cheese, lettuce, ranch. 3.95
sub fried cauliflower (v)

CANTINA CHICKEN - avocado, tomato, lettuce, chipotle aioli. 3.95

TRAIL HOUSE STEAK - caramelized onions, Cajun blue cheese sauce. 4.95

CANTINA STEAK - cheese, lettuce, pico. 4.95

SHRIMP - grilled shrimp, lettuce, pico de gallo, Cajun ranch. 4.95

FLATBREADS

- sub seitan (v) for chicken -

CALIFORNIA CHICKEN - mozzarella, avocado, red peppers, bacon, cilantro, chipotle aioli. 12.95

BUFFALO CHICKEN - Buffalo sauce, blue cheese, mozzarella, scallions, jalapeños, ranch. 12.95

ALFREDO - chicken, bacon, mushrooms, mozzarella, alfredo sauce. 12.95 sub shrimp +3

PRIMAVERA (v) - Roasted squash, zucchini, bell peppers, mozzarella, marinera sauce. 10.95 add seitan (v) +3 | chicken +3 | shrimp +6

BURGERS

— choice of regular side | premium side +1 —
— substitute black bean patty (ve) +1 | GF bun +1 —

THE CLASSIC* - lettuce, tomato, onion, pickles. 11.95 add cheese or bacon +1

BLACK AND BLUE* - blackened patty, blue cheese crumbles, caramelized onions, lettuce, pickles, blue cheese dressing. 12.95

MUSHROOM SWISS* - mushrooms, caramelized onions, swiss cheese, chipotle aioli. 12.95

OL' BLUE'S BREAKFAST* - fried egg, bacon, mayo, American cheese. 12.95

SOUTHWEST* - onion rings, bacon, bbq sauce, cheddar and pepperjack cheese. 12.95

SANDWICHES

— choice of regular side | premium side +1 —

GROWN-UP GRILLED CHEESE COMBO - American, pepperjack, swiss and sliced tomato and a cup of soup. 10.95 bowl +1 | chili +1

TRAIL HOUSE GRILLED CHEESE - pulled pork, mac & cheese, American cheese. 13.95

BUFFALO GRILLED CHEESE - fried Buffalo chicken, jalapeños, pepperjack and provolone. 13.95

STALLING'S CHICKEN SANDWICH - lettuce, tomato, onions, pickles, provolone. Fried, Honey Fried or grilled. 13.95

Plain or tossed in any wing sauce!

QUESADILLA (no side) (v) - black bean corn salsa, jack cheese, sour cream, pico de gallo, peppers & onions 10.95 chicken or seitan (v) +3 | steak +5

PHILLY CHEESESTEAK - peppers, onions, mushrooms, provolone, mayo. chicken or seitan (v) 12.95 philly steak 13.95 | sliced steak sandwich 17.95

AVOCADO CHICKEN WRAP - grilled chicken, avocado, bacon, lettuce, tomatoes, ranch. 13.95 sub seitan (no bacon) (v) | shrimp +3

MAIN PLATES

LOBSTER RAVIOLI - a light cream sauce with spinach and sun-dried tomatoes. 17.95

TRAIL HOUSE PASTA - blackened chicken, roasted vegetables, Cajun cream sauce. 15.95

FETTUCINE ALFREDO (v) - house made. 14.95 add chicken +3 | shrimp +6

CHICKEN POT PIE - creamy chicken and vegetables topped with a buttery crust in an iron skillet. 13.95

FISH AND CHIPS - white fish, fries. 2 pieces 11.95 | 3 pieces 13.95 | 4 pieces 15.95

MOM'S MEATLOAF - cumin ketchup, mashed potatoes and green beans. 14.95

PORK CHOPS - topped with balsamic apples, mashed potatoes, green beans. 16.95

SALMON* - choose pineapple teriyaki, grilled or blackened, with asparagus and rice. 18.95

STEAK MEDALLIONS* - smothered in a rich mushroom sauce, with asparagus and mashed potatoes. 19.95 or get it blackened or simply grilled

REGULAR SIDES 2.95

Fries | Sweet potato fries | Tater tots | House chips
Mashed potatoes | Cole slaw | Broccoli
Green beans | Roasted vegetables

PREMIUM SIDES 3.95

Onion rings | Mac & cheese | Fried okra
House salad | Caesar salad | Cup of soup
Chili (+1) | Baked potato | Loaded baked potato +1

DESSERT

BROWNIE A LA MODE[†] - decadent Ghiradelli chocolate brownie with vanilla ice cream. 6.95

CHOCOLATE CHIP COOKIE SKILLET[†] - housemade cookie served warm and soft with vanilla ice cream. 6.95
(cooked to order, allow 15+ minutes)

ROTATING DESSERTS - Made in-house. Ask your server for today's selection. 4.95

CHOCOLATE CHIP COOKIE - Made in-house. 1.95

(v) = vegetarian | (ve) = vegan | (gf) = gluten free

**Contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.*