

The TRAIL HOUSE

(704) 776-4655

www.thetrailhouse.com

SHARED PLATES

FRIED GREEN TOMATOES (v) - goat cheese, balsamic glaze. 8.95

MILLIONAIRE'S BACON - thick-cut bacon candied with brown sugar and a touch of cayenne, served with two deviled eggs. 8.95

MAC & CHEESE BITES (v) - housemade, stuffed with diced jalapeños. Served with Cajun ranch. 6.95

FRIED PICKLES (v) - served with ranch dressing. 6.95

CAULIFLOWER BITES (v) - served with Cajun ranch. 6.95

GENERAL TSO'S CALAMARI - tossed with a housemade sauce. 10.95

DIP TRIO - Buffalo chicken dip, spinach dip (v), pimento cheese (v), served with pita or tortilla chips. 8.95
a large serving of any single dip. 8.95

CHEESESTEAK EGG ROLLS - housemade steak egg rolls served with honey sriracha dipping sauce. 9.95

NACHOS (v) - tortilla chips topped with queso, shredded cheese, pico de gallo, guacamole, sour cream, jalapeños. 9.95
add chicken +2, steak +4

TATCHOS* - tater tots smothered with short ribs, queso, topped with sunny side up egg and hot sauce. 9.95

WINGS & THINGS

MILD · HOT · SPICY TERIYAKI · LEMON PEPPER · GENERAL TSO
SRIRACHA DRY RUB · HONEY SRIRACHA · HOT HONEY GARLIC
HOUSE GARLIC PARMESAN (A BIT SPICY)

Bone-in Wings - (8) 9.95 | (12) 13.95
ALL FLATS OR DRUMS +1

BONELESS WINGS - (8) 10.95 | (12) 14.95

CHICKEN TENDERS - housemade with fries. 9.95
plain or tossed in any wing sauce

SHRIMP - fried and tossed in any sauce with celery, carrots, and fries. 10.95

SLIDERS

— Choice of 3 - 8.95 | Choice of 4 - 10.95 —

FRIED CHICKEN - lettuce, cheese, ranch

PULLED PORK - bbq sauce, slaw

MEATLOAF - cumin ketchup, pickles

GROUND BEEF - 1000 island, cheese, pickles

SHORT RIB - cheese, caramelized onions, chipotle aioli

SOUPS & SALADS

SOUPS:

French Onion | Soup of the Day
cup 3.95 | bowl 4.95

HOUSE SALAD (v) - mixed greens, cucumbers, cherry tomatoes, onions, cheddar, croûtons. 5.95 (medium) | 7.95 (large)

CAESAR (v) - romaine, croûtons, parmesan, housemade caesar dressing. 5.95 (medium) | 7.95 (large)

SPINACH - baby spinach, goat cheese, onions, mushrooms, egg, bacon, hot bacon dressing. 6.95 (medium) | 8.95 (large)

WEDGE - crisp lettuce wedge, bacon, tomatoes, blue cheese, blue cheese dressing, balsamic drizzle. 6.95 (medium) | 8.95 (large)

CAPRESE (v, seasonal) - sliced vine-ripened tomatoes, fresh mozzarella, basil, balsamic glaze. 8.95

SHRIMP AND AVOCADO - mixed greens, blackened shrimp, avocado, cucumbers, tomatoes, red onions, pepperjack cheese, Cajun ranch dressing. 12.95

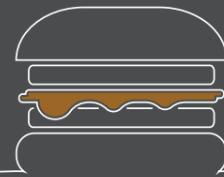
TACO SALAD - black bean salsa, pepperjack cheese, cucumbers, pico de gallo, sour cream, guacamole in a crispy shell with ranch dressing. Chicken 9.95 | Ground Beef 10.95 | Steak 11.95

CHICKEN COBB - chopped chicken breast, boiled eggs, bacon, tomatoes, blue cheese, avocado, scallions, ranch dressing. 10.95

ADD TO ANY SALAD

chicken +2 | steak* +4 | shrimp +5 | salmon* +6 | crab cake +7

DRESSINGS - Ranch, Blue Cheese, 1000 Island, Honey Mustard, Balsamic Vinagrette, Italian, Caesar, Hot Bacon



FLATBREADS

ITALIAN - pepperoni, salami, bacon, fresh mozzarella, marinara sauce. 9.95

CALIFORNIA CHICKEN - mozzarella, avocado, red peppers, bacon, cilantro, chipotle aioli. 9.95

BUFFALO CHICKEN - Buffalo sauce, blue cheese, mozzarella, scallions, jalapeños, ranch dressing. 9.95

MARGARITA (v) - crushed tomatoes, fresh mozzarella, basil. 8.95

TACOS

— Price each. Two or more come with tortilla chips —

FRIED CHICKEN - cheese, lettuce, ranch. 3.95

CANTINA CHICKEN - avocado, tomato, lettuce, chipotle aioli. 3.95

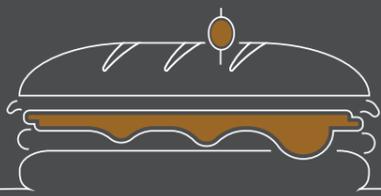
CARNITAS - shredded pork, onions, cilantro. 3.95

TRAIL HOUSE STEAK - caramelized onions, Cajun blue cheese sauce. 4.95

CANTINA STEAK - tomato, lettuce, pico. 4.95

FISH - blackened, pico de gallo, cabbage, chipotle aioli. 4.95

SHRIMP - grilled shrimp, lettuce, pico de gallo, Cajun ranch. 4.95



SANDWICHES

— Served with your choice of regular side —

BBQ PORK - slaw, pickles, housemade vinegar-based sauce. 9.95

TRAIL HOUSE GRILLED CHEESE - pulled pork, mac & cheese, and American cheese. 10.95

BUFFALO GRILLED CHEESE - fried Buffalo chicken, jalapeños, pepperjack and provolone cheese. 9.95

STALLING'S CHICKEN SANDWICH - fried or grilled, lettuce, tomato, onions, pickles, provolone. 9.95
Plain or toss it in your favorite wing sauce!

CAPRESE MELT (v, seasonal) - vine-ripened tomato, fresh mozzarella, pesto, baby spinach on pressed ciabatta roll. 9.95

QUESADILLA (no side) - black bean corn mix, jack cheese, sour cream, pico de gallo, peppers & onions (v) 8.95 | chicken 10.95 | steak 12.95

PHILLY CHEESESTEAK - peppers, onions, mushrooms, provolone, mayo, chicken 8.95 | steak 10.95

AVOCADO CHICKEN WRAP - grilled chicken, avocado, bacon, lettuce, tomatoes, ranch. 10.95 | sub shrimp +3

BURGERS

— Served with your choice of regular side | premium side +1 —
— Substitute black bean patty (v) +1 —

THE CLASSIC* - lettuce, tomato, onion, pickles. 8.95
add cheese or bacon +1

CAROLINA* - chili (no beans), southern slaw, onions, mustard. 9.95
add cheese or bacon +1

ALL HAIL THE TRAIL* - stuffed with jalapeños and pepper jack, topped with fried pickles, red onions, lettuce, tomatoes, mozzarella, cheddar, house sauce. 11.95

OL' BLUE'S BREAKFAST* - fried egg, bacon, mayo, American cheese. 10.95

SOUTHWEST* - bacon, bbq sauce, onion rings, cheddar and pepperjack cheese. 10.95

UNION COUNTY* - housemade pimento cheese, lettuce, tomatoes, red onions, pickles, ketchup. 10.95 | *add bacon +1*

ITL PATTY MELT* - sautéed mushrooms, caramelized onions, swiss cheese, toasted sourdough bread. 10.95

(v) = vegetarian

seasonal = only available when in season

18% gratuity will be added to all parties of 8 or more whether on one or multiple checks

*Contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

MAIN PLATES

TRAIL HOUSE PASTA - blackened chicken, roasted vegetables, Cajun cream sauce. 11.95

FETTUCCHINE ALFREDO (v) - fettuccine tossed in housemade alfredo sauce. 10.95 | *add chicken +2 | shrimp +5*

FISH AND CHIPS - hand-battered white fish, fries. 2 pieces 9.95 | 3 pieces 11.95 | 4 pieces 13.95

BBQ PORK PLATE - Pulled pork, southern slaw, baked beans, housemade vinegar-based sauce. 9.95

CHICKEN PARMESAN - breaded chicken breast topped with our house marinara and fresh mozzarella with a side of alfredo pasta. 12.95

MOM'S MEATLOAF - traditional meatloaf with a cumin ketchup, mashed potatoes and green beans. 10.95

SUMMER PORK CHOPS - mango mint salsa and blackberry balsamic sauce, mashed potatoes, green beans. 12.95

CRAB CAKES - two housemade crab cakes with a remoulade sauce on a bed of corn relish and a side of mashed potatoes. 16.95

SALMON* - grilled or blackened, with asparagus and rice. 16.95

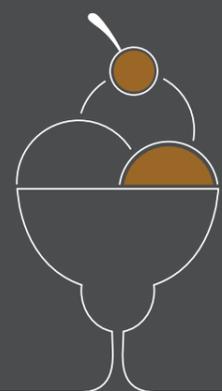
SLICED STEAK* - bistro filet sliced and served with chimichurri sauce, asparagus and mashed potatoes. 16.95

REGULAR SIDES 2.95

Fries
Sweet potato fries
Tater tots
Housemade potato chips
Mashed potatoes
Cole slaw
Baked beans
Broccoli
Green beans
Corn relish
Roasted vegetables
Cup of soup

PREMIUM SIDES 3.95

Mac & cheese
Onion rings
Asparagus
Side House salad
Side Caesar salad
Baked Potato
Loaded Baked Potato +1



HOUSEMADE DESSERTS

BROWNIE A LA MODE[†] - decadent warm chocolate brownie with a scoop of vanilla ice cream. 6.95

CHOCOLATE CHIP COOKIE SKILLET[†] - housemade cookie served warm and soft in a skillet with a scoop of vanilla ice cream. 6.95
(cooked to order, allow 15+ minutes)

MASON JAR DESSERTS - Rotating selection including Cheesecake, Key Lime Pie, Boston Cream Pie, and more!
Ask your server for today's selection. 4.95

ICE CREAM SANDWICH - Two housemade chocolate chip cookies with vanilla ice cream in the middle rolled in sprinkles. 2.95

[†] Not available for take out