

The
TRAIL
HOUSE

• EAT • MEET • DRINK •

SHARED PLATES

CHEESESTEAK EGG ROLLS - Our house specialty.
Housemade with honey sriracha dipping sauce. 12.95

FRIED RAVIOLI (v) - with marinara. 8.95

FRIED PICKLES, MUSHROOMS OR CAULIFLOWER (v) - 8.95

CALAMARI - with our housemade marinara or tossed in any wings sauce. 14.95

DIP TRIO - Choose 3
Buffalo chicken dip, spinach dip (v), queso (v), pimento cheese (v), pico de gallo (v), guacamole (v) (+1)
with pita or tortilla chips. 12.95

Nachos (v) - queso, black bean corn salsa, pico, guacamole, sour cream, jalapeños. 12.95
add chili, chicken or seitan (v) +3 | steak +5

BBQ PORK NACHOS - pulled pork, bourbon BBQ sauce, pepperjack, cheddar, jalapeños, pico de gallo, green onions, sour cream. 14.95

TATCHOS* - tater tots smothered with short ribs, queso, topped with sunny side up egg and hot sauce. 12.95

WINGS & THINGS

MILD • HOT • MANGO HABENERO • LEMON PEPPER DRY RUB
KOREAN SWEET CHILI • SRIRACHA DRY RUB • HONEY SRIRACHA
HONEY GARLIC • HOT HONEY GARLIC • GARLIC PARMESAN
PINEAPPLE TERIYAKI • BOURBON BBQ

Bone-in or Boneless Wings - (8) 9.95 | (12) 13.95

CHICKEN TENDERS - housemade with fries. 13.95
plain or tossed in any sauce

SHRIMP - fried or grilled, with celery, carrots, fries. 14.95
plain or tossed in any sauce

SLIDERS

– Choice of 3 - 12.95 | Choice of 4 - 15.95 –

FRIED CHICKEN - lettuce, cheese, ranch

SHORT RIB - cheese, caramelized onions, chipotle aioli

GROUND BEEF - 1000 island, cheese, pickle

PULLED PORK - bourbon bbq sauce, slaw, pickle

SOUPS & SALADS

French Onion Soup or Soup of the Day
cup 5.95 | bowl 8.95
Add a grilled cheese sandwich +4

Chili - cheddar cheese, sour cream and jalapeños.
cup 6.95 | bowl 9.95

HOUSE SALAD (v) - mixed greens, cucumbers, cherry tomatoes, onions, carrots, cheddar, croûtons.
9.95 (medium) | 12.95 (large)

CAESAR (v) - romaine, croûtons, parmesan, caesar dressing. 9.95 (medium) | 12.95 (large)

WEDGE - crisp lettuce wedge, bacon, tomatoes, blue cheese, blue cheese dressing, balsamic drizzle.
9.95 (medium) | 12.95 (large)

BACON CHEESEBURGER SALAD - Ground beef, cheddar, bacon, dill pickles, tomatoes, red onions, avocado, on romaine with housemade burger sauce. 15.95

TRAIL HOUSE SALAD - mixed greens, grilled chicken, blueberries, apples, blue cheese, pecans, balsamic vinaigrette. 15.95

SHRIMP AND AVOCADO - mixed greens, blackened shrimp, avocado, cucumbers, tomatoes, red onions, pepperjack cheese, Cajun ranch dressing. 16.95

ADD TO ANY SALAD

chicken +3 | seitan (ve) +3 | steak* +5
shrimp +6 | salmon* +8 | mahi mahi +8

DRESSINGS - Ranch, Cajun Ranch, Blue Cheese, 1000 Island, Honey Mustard, Balsamic Vinaigrette, Italian, Caesar, Oil and Vinegar

TACOS

Choose 2, 3 or 4 tacos | One filling per order please
– Comes with tortilla chips –

FRIED CHICKEN - cheese, lettuce, ranch. 4.45
sub fried cauliflower (v)

CANTINA CHICKEN - avocado, tomato, lettuce, chipotle aioli. 4.45

TRAIL HOUSE STEAK - caramelized onions, blue cheese crumbles, Cajun ranch sauce. 5.45

CANTINA STEAK - cheese, lettuce, pico. 5.45

SHRIMP - grilled shrimp, lettuce, pico de gallo, Cajun ranch. 5.45

Parties of 8 or more will have an 18% service charge added to their bill.
\$.50 charge for extra sauces and dressings.

FLATBREADS

- sub seitan (v) for chicken -

CALIFORNIA CHICKEN - mozzarella, avocado, red peppers, bacon, cilantro, chipotle aioli. 13.95

BUFFALO CHICKEN - Buffalo sauce, blue cheese, mozzarella, scallions, jalapeños, ranch. 13.95

WHITE - whipped goat cheese, artichokes, basil, tomatoes, topped with mozzarella cheese. 12.95
Add grilled chicken +3 | shrimp +6

CHIPOTLE HONEY PEPPERONI - pepperoni, bacon, red onions, mozzarella, drizzled with chipotle honey. 13.95

BURGERS

choice of regular side | premium side +2
substitute black bean patty (vE) +1 | GF bun +2

THE CLASSIC* - lettuce, tomato, onion, pickles. 13.95
add cheese +1 or bacon +2

PB & TRAIL* - Crunchy peanut butter, sriracha slaw, bacon, sriracha drizzle.
Just try it cuz it's awesome! 14.95

MUSHROOM SWISS* - mushrooms, caramelized onions, swiss cheese, chipotle aioli. 14.95

OL' BLUE'S BREAKFAST* - fried egg, bacon, mayo, American cheese. 14.95

SOUTHWEST* - onion rings, bacon, bbq sauce, cheddar and pepperjack cheese. 14.95

SANDWICHES

- choice of regular side | premium side +2 -

FRENCH DIP - Thinly sliced roast beef dipped in au jus, with provolone and horsey sauce on a hoagie bun.
Extra au jus on the side for dipping! 14.95

PESTO CHICKEN WRAP - grilled chicken, homemade pesto (n), fresh spinach, cherry tomatoes, mozzarella, balsamic vinaigrette. 14.95 sub seitan (v)

TRAIL HOUSE GRILLED CHEESE - pulled pork, mac & cheese, American cheese. 14.95

BUFFALO GRILLED CHEESE - fried Buffalo chicken, jalapeños, pepperjack and provolone. 14.95

STALLING'S CHICKEN SANDWICH - lettuce, tomato, onions, pickles, provolone. Fried or grilled. 14.95
Plain or tossed in any wing sauce!

QUESADILLA (no side) (v) - black bean corn salsa, pepperjack cheese, sour cream, pico de gallo, peppers & onions 12.95 add chicken or seitan (v) +3 | steak +5

PHILLY CHEESESTEAK - peppers, onions, mushrooms, provolone, mayo.
chicken or seitan (v) 13.95 | philly steak 14.95

AVOCADO CHICKEN WRAP - grilled chicken, avocado, bacon, lettuce, tomatoes, ranch. 14.95
sub seitan (no bacon) (v) | shrimp +3

MAIN PLATES

TRAIL HOUSE PASTA - blackened chicken, roasted vegetables, Cajun cream sauce. 17.95

FETTUCINE ALFREDO (v) - house made. 16.95
add chicken +3 | shrimp +6

PORK CHOPS - 10 oz bone-in apple brined pork chop with Carolina Gold BBQ sauce, cinnamon apples, and green beans.
1 chop 16.95 | 2 chops - 22.95

MOM'S MEATLOAF - Made using Mom's recipe, topped with cumin ketchup. Green beans and mashed potatoes on the side. 15.95

CHICKEN POT PIE - creamy chicken and vegetables topped with a buttery crust in a skillet. 15.95

FISH AND CHIPS - white fish, fries, tartar sauce.
2 pieces 12.95 | 3 pieces 15.95

SALMON* - choose pineapple teriyaki, grilled or blackened, with asparagus and rice. 19.95

SIRLOIN STEAK* - 8 oz., dry aged, with chimichurri sauce, asparagus and a baked potato. 24.95
or get it blackened or simply grilled

REGULAR SIDES 3.95

Fries | Tater tots | House chips
Mashed potatoes | Cole slaw | Sriracha slaw
Broccoli | Green beans | Roasted vegetables
Cinnamon apples

PREMIUM SIDES 5.95

Sweet potato waffle fries | Mac & cheese
Fried okra | Grilled zucchini | Asparagus
House salad | Caesar salad
Cup of soup | Bowl of soup (+3)
Baked potato | Loaded baked potato (+2)

DESSERT

BROWNIE A LA MODE[†] - decadent Ghiradelli chocolate brownie with vanilla ice cream. 8.95

CHOCOLATE CHIP COOKIE SKILLET[†] - housemade cookie served warm and soft with vanilla ice cream. 8.95
(cooked to order, allow 15+ minutes)

ROTATING DESSERTS - Made in-house.
Ask your server for today's selection. 6.95

CHOCOLATE CHIP COOKIE - Made in-house. 2.95

[†] Not available for take-out

(v) = vegetarian | (ve) = vegan | (gf) = gluten free | (n) = nuts

*Contains (or may contain) raw or undercooked ingredients.
Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.