

*The*  
**TRAIL**  
HOUSE  
•EAT•MEET•DRINK•

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## GLUTEN FREE MENU

*(Please let your server know if you are Celiac/highly sensitive)*

**TRAIL HOUSE SALAD** - mixed greens, grilled chicken, grapes, apples, blue cheese, pecans, balsamic dressing. 13.95

**CHICKEN SALAD SANDWICH** - House made chicken salad, lettuce, tomato, GF bun with one side 10.95

**GRILLED CHICKEN SANDWICH** - grilled chicken, lettuce, tomato, onions, pickles, GF bun with one side 12.95

**THE CLASSIC BURGER\*** - lettuce, tomato, onion, pickles, GF bun with one side. 11.95

**GRILLED SALMON** - simply grilled with asparagus. 18.95

### SIDES

Broccoli

Green Beans

Baked Potato (+1)

House Salad (+1)

Asparagus (+1)

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## BUILD YOUR OWN SALAD - 9.95

Pick 6 Items  
Additional Items 50 cents

### VEGETABLES

Cherry Tomatoes

Cucumbers

Carrots

Mushrooms

Green Beans

Black Olives

Banana Peppers

Jalapeños

Avocado +1

### NUTS/FRUITS

PECANS

APPLES

BLUEBERRIES

### CHEESE

Mozzarella

Blue Cheese

### PROTEIN

Diced Eggs

Shrimp \$6

Salmon\* \$8

**DRESSINGS** - Oil and Vinegar, Honey Mustard, Thousand Island, Balsamic

*We offer gluten free items but our kitchen is not a 100% gluten free facility. While we make an effort to not cross-contaminate, we cannot guarantee your order will not touch gluten somewhere in the process.*

*\*Contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.*