

# ORGANIC JUICE BAR @ ROOTS

## Smoothies 12oz 5.99 20oz 7.99

### bliss

kale mango apple juice

### blue moon

mixed berries, mango banana apple juice

### alpine glow

strawberries,bananas,almond butter, dates, almond mylk

### rise up

pineapple. mango banana local bee pollen goji berries. oj

### sweet green

strawberries. mango. banana. kale. spirulina. apple juice

### life is sweet

pineapple. banana. spinach. coconut. dates. coconut mylk

### nirvana:yoga in a cup

blueberries. bananas. goji berries. lavender. coconut mylk dates

### mocha madness

bananas. cacao. espresso beans. dates. almond mylk.

### superfood Midnight Moon

mixed berries. pineapple. mango. superfood powder (acai. lucuma. camu camu) apple juice

### peanut buttercup

banana. peanut butter. cacao. dates. almond mylk

### funky monkey

banana. spinach. peanut butter. dates. almond mylk

### thrive

banana. almond butter. hemp protien. kale spinach. dates. almond mylk

### almond butter cup

banana. almond butter. dates. hemp protein. cinnamon. almond mylk

### choco dream

banana. almond butter. cocoa. hemp protein. dates. almond mylk.

## kids smoothies 4.99

### super hero

mango kale apple juice

### magic mango

bananas mixed berries mango apple juice

### monkey biz

strawberries bananas almond butterdates almond milk

## Juices 12oz 5.99 20oz 7.99

### mother earth

cucumber celery kale romaine parsley spinach lemon ginger

### garden island

cucumber celery pineapple spinach parsley apple

### big apple

apple. pineapple. kale. lemon. ginger. mint

### intoxicating detox

beet. apple. pineapple. kale. romaine. mint. parsley. lemon

### roots & shoots

carrot apple beet kale lemon ginger

## Boosters

add 1 or more to your juices & smoothies

### proteins:

hemp. rice. whey. pea. vegan. 1.99

### herbal tonics:

green tea. live complex. immune stimulant. reishi eleuthero. Echinacea complex. energy. relax. cleansing .50

### minerals:

spirulina. 1.99

### veggies:

kale. spinach. ginger. garlic. 1.00

### superfood powders:

goji. maca. turmeric super powder 1.99

## Juice Farmacy

### shots 1oz 2.29 or 2oz 3.99

### wheatgrass.

fresh cut organic wheatgrass grown in Rhode Island.

**E3Live:** 100% blue-green algae a certified organic wild-harvested Nutrient Dense AquaBotanical™ considered by renowned health authorities to be nature's most beneficial superfood. + H2O +

### fire tonic #9

Made in Maine. Organic apple cider vinegar, horseradish, onions, garlic, hot peppers, burdock root, dandelion root, hyssop, thyme, rosemary, raw Maine honey, ginger, turmeric, and lemon.

**PLEASE NOTE. Split cup charge \$1 . Substitutions may result in up charges, depending on item.**

100% ORGANIC JUICES + SMOOTHIES