

Wraps & Pitas

Choose from white or wheat wrap or pita bread.

All Wraps & Pitas served with your choice of two sides

Tucker's Wrap

Tucker Parks's own creation of Ham, Bacon, Provolone, lettuce, onions, pickles, mustard, mayo, a splash of Italian & heated. 8.99

Kathy's Oven Club

Turkey, bacon & Provolone with mayo, lettuce, tomato & baked in the oven. 8.99

Chicken Cheddar Ranch

Loaded with tomatoes, lettuce & Ranch dressing, then heated in the oven. 8.99

Dagwood Dream

Turkey & ham, with Provolone, mayo, lettuce, tomato then warmed in the oven. 8.99

Katie-Bug Turkey Wrap

Katie Parks's lunch time favorite with Swiss cheese, tomato, lettuce & Honey Mustard, served hot in a wrap. 8.99

Grilled Chicken Rollup

With lettuce, tomato & Provolone & your choice of Ranch, Italian, Honey Mustard or Spicy Ranch dressing then heated in the oven. 8.99

Mandarin Spinach

With mandarin oranges, Granny Smith apples, Feta, walnuts, & Ginger Sesame. 7.99 (v)
Add chicken or bacon for 1.99
(Can be made into a salad upon request. 9.99)

Southwestern Veggie

Tomatoes, black beans, corn, salsa & shredded Cheddar with Spicy Ranch. 7.99 (v)
Add Chicken for 1.99

Oriental Chicken

Carrots, Iceberg lettuce, water chestnuts, peapods & Ginger Sesame dressing. 8.99

Greek Chicken Spinach

Spinach & Iceberg, Feta, onions, cucumbers, tomatoes & Garlic Vinaigrette dressing. 8.99

Grilled Panini's

All Panini's served your choice of two sides

Logan's Buffalo Chicken

Your choice of Bleu Cheese OR Ranch, with Cheddar & Jack on Sourdough. 8.99

Cranberry Turkey

Provolone, cranberry sauce, pesto mayo & spinach on a white or wheat wrap. 8.99

Reuben

Pastrami, Swiss, Sauerkraut, & 1000 Island dressing on Marble Rye 8.99

Roast Beef & Cheddar

With horseradish mayo pressed on a sub roll. 8.99

Tuscan Turkey

Provolone, tomato, spinach & pesto mayo on Sourdough bread. 8.99

Spicy Turkey Jack

Monterey Jack & Spicy Ranch with lettuce & tomato on a sub roll. 8.99

Beverages

2.29

The Best Sweet or Unsweet Tea around! Lemonade,
Fountain: Pepsi, Diet Pepsi,
Sierra Mist, Dr. Pepper

Choice of two sides includes: pasta salad, potato salad, potato chips, pretzels, tortilla chips, fresh fruit

Substitute your sides by REPLACING both of them with mixed double fruit, fresh veggies, a small tossed salad or French Fries for only 1.99 extra, or a bowl of soup for 2.49 extra.

Kathy's KREATIONS

bakery • cafe • market

Hot Off The Grill Gourmet Burgers & Chicken

Please allow 20 minutes cooking time.

Deluxe Hamburger

All the way with mayo, mustard, ketchup, lettuce, tomato, onion & pickles, or add your favorite toppings.

Served with your choice of regular French Fries or Spicy Curly Fries. 7.79

Deluxe Cheeseburger

Choose from American, Cheddar, Swiss or Provolone and we'll add your favorite toppings: mayonnaise, mustard, ketchup, lettuce, tomato, onion & pickles.

Served with your choice of regular French Fries or Spicy Curly Fries. 8.49

Bacon-Cheddar Cheeseburger

Add your favorite toppings (mayo, mustard, ketchup, lettuce, tomato, onion & pickles). Served with your choice of regular French Fries or Spicy Curly Fries. 8.99

Cowboy Cheeseburger

Grilled onions & a smoky bar-b-que sauce along with bacon & Cheddar top this burger. Served with your choice of regular French Fries or Spicy Curly Fries. 8.99

Marinated Grilled Chicken Sandwich

Provolone cheese, mayonnaise, lettuce & tomato on a sandwich bun.

Served with your choice of two sides 7.99

Grilled Chicken Club Sandwich

Crispy bacon, lettuce, tomato, mayonnaise & Provolone cheese on a sandwich bun. Served with your choice of two sides. 8.99

Bar-B-Que Chicken Sandwich

Basted with smoky Bar-B-Que sauce, topped with Cheddar & Provolone, lettuce & tomato on a bun. Served with your choice of two sides. 8.99

1775 Weeksville Road, Elizabeth City, N.C.

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www.kathyskreationsonline.com

Lunch served Mon - Fri 10:30am - 3pm

Market open Mon. - Fri. 7am - 6pm

Sandwich Kreations

Served with your choice of two sides: pasta salad, potato salad, potato chips, pretzels, tortilla chips, fresh fruit

Substitute your sides by REPLACING both of them with mixed double fruit, fresh veggies, a small tossed salad or French Fries for only 1.99 extra, soup for 2.49 extra.

Chicken Salad Croissant

A toasted croissant filled with Kathy's homemade chicken salad & lettuce, tomato & mayo. 8.99

Dijon Turkey Bagel

Turkey & Swiss cheese on a whole-grain bagel with Honey Mustard sauce, lettuce, tomatoes & heated in the oven. 8.99

French Dip Sandwich

Roast beef & grilled onions with Provolone cheese on a sub roll, then oven roasted with Au Jus dipping sauce on the side. 8.99

Veggie Meltdown

Pita bread with Provolone, tomato, onions, green peppers, mushrooms, sprinkled with Feta & Cheddar, then heated in the oven.
Ranch dip on the side. 9.99 (v)

Mexican Grilled Cheese

Cheddar & Monterey Jack cheeses on a white or wheat flour tortilla & grilled. Salsa & sour cream on the side. 7.99 (v)

Classic Club Sandwich

A triple decker sandwich with Turkey, Bacon & Provolone on your choice of white, wheat or marbled rye with lettuce, tomato & mayonnaise. 8.99

B.L.T. Sandwich

Choose your favorite bread & we'll add crispy bacon, lettuce, tomatoes & mayonnaise. 7.49

Gourmet Grilled Cheese

Choose a cheese, your favorite bread & we will grill it to perfection using only REAL butter! 5.99 (v)
Add tomatoes .50, add bacon or ham 1.99

Chicken Salad Sandwich

Homemade chicken salad with mayo, lettuce & tomato on the bread of your choice. 7.49

Egg Salad Sandwich

Nana's egg salad on your choice of bread with mayo, lettuce & tomato. 5.99 (v)

Pimento Cheese Sandwich

The best homemade pimento cheese on your favorite bread. (Lettuce, tomato or mayo upon request.) 6.99 (v)

Tuna Salad Sandwich

Homemade tuna salad on your favorite bread with mayo, lettuce & tomato. 7.49

Kreate A Sandwich 7.99

Select A Bread: White, Wheat, Marbled Rye, Sourdough, White or Wheat Wrap, Sub Roll, Pita, Sandwich Bun. (Croissant add 1.99)

Select A Meat: Ham, Turkey, Bacon, Roast Beef, Country Ham, Pastrami,

Select a Cheese: Cheddar, American, Swiss, Provolone, Monterey Jack

Select Toppings: Mayonnaise, Lettuce, Tomatoes, Onions, Pickles, Mustard, Spicy Mustard, Ranch, Italian, Oil & Vinegar.

Kreate A Bigger Sandwich

Your two favorite meats, two favorite cheeses & bread with your favorite toppings. 8.99

Kreate A Half a Sandwich

Your favorite meat, favorite cheese & one slice of bread cut in half with your favorite toppings. 5.49

Fresh Salad Kreations

Chicken or Tuna Salad Cold Plate

Choose our chicken salad, tuna salad, or a scoop of each & two other favorites: fresh fruit, pasta salad, potato salad or tossed salad. 8.99 (gf options)

Classic Grilled Chicken Salad

Iceberg Lettuce, tomatoes, carrots. Cucumbers & shredded Cheddar With your choice of dressing. 8.49 (gf)

Grilled Chicken over Pasta Salad

Tri-colored pasta with diced tomatoes & your choice of dressing. 8.99

Grilled Chicken over Half & Half

Half tossed salad & half pasta salad with your favorite dressing. 8.99

Deluxe Chef Salad

Ham, Turkey or a little of both, shredded Cheddar, tomatoes, cucumbers, carrots & choice of dressing. 8.99 (gf)

B.L.T. Salad

Crispy bacon with shredded Cheddar & your choice of dressing. 8.99 (gf)

The Garden Plate

A trio of assorted fresh fruit, tossed & pasta salads and choice of dressing. 7.99 (v)

Classic Turkey Club Salad

Roasted turkey, bacon, Provolone, carrots, cucumbers, tomatoes & your choice of dressing. 8.99 (gf)

Spinach Salad

Topped with Craisins, Feta, tomatoes & hardboiled egg with Raspberry Vinaigrette dressing on the side. 7.99 (v)
Add chicken or bacon for 1.99

(v) = vegetarian (gf) = gluten free

Southwest Grilled Chicken Salad

Tomatoes, black beans, corn, & shredded cheddar; salsa, sour cream, tortilla chips & Spicy Ranch dressing on the side. 9.99

Chinese Chicken Salad

Topped with pea pods, mandarin oranges, Chow Mein noodles & chopped peanuts. Ginger Sesame dressing on the side 9.99

Fruity Grilled Chicken Salad

Romaine lettuce, pineapple, mandarin oranges, other assorted fresh fruits, pecans and your choice of dressing. 9.99 (gf)

Caesar Grilled Chicken Salad

Romaine, shredded Parmesan, croutons & Caesar dressing on the side. 8.99

Dressing Choices:

Buttermilk Ranch, Italian, 1000 Island, Bleu Cheese, Honey Mustard, Garlic Vinaigrette, Caesar, Spicy Ranch, Ginger Sesame, Fat-Free Raspberry

A La Carte

Bowl of Chicken Salad, Tuna Salad or Pimento Cheese	5.49
Bowl of Fresh Fruit	5.99
Cup of mixed fruit	1.29
Bowl of Homemade Soup & Crackers	4.49
Cup of Homemade Soup & Crackers	2.29
Bowl of Tossed Salad	3.49
Bowl of Pasta or Potato Salad	3.49
Cup of pasta or potato salad	.99
French Fries (straight or curly)	Side: 2.49
	Basket: 4.29

While you are in the Market picking up your to-go order, check out our homemade meals to go for dinner. The Market is stocked with all kinds of delicious desserts, wines, salads, dips, breads, our famous sweet potato ham biscuits, along with all kinds of other treats!