

BREAKFAST

FRUITS & GRAINS & CEREALS

BLUEBERRY SMOOTHIE BOWL / *puffed rice, flax, empress honey, watermelon popsicle* 12
COCONUT CHIA PUDDING / *seasonal fruits, toasted coconut* 10
QUEEN BEE GRANOLA / *almonds, hazelnuts, raisins, pumpkin seeds, yogurt* 12
STEEL CUT OATMEAL / *banana brûlée, raisins, brown sugar, seeds, warm cereal cream* 10
LOADED OATMEAL / *dried fruits, nuts, seeds, fresh seasonal berries* 14
BAKED GOODS / *croissant, muffin, danish, pastries, pain au chocolat* 10
EMPRESS SCONE / *strawberry lavender jam, clotted cream* 12
SEASONAL FRUIT & BERRIES / *vanilla yogurt* 15
GOOD LIFE COLD PRESSED ORGANIC JUICE BLENDS / *seasonally inspired* 10
JUICE / *orange, grapefruit, apple, cranberry, tomato* 6

FAVOURITES

FARM FRESH EGGS* / *sausage, bacon or ham, crispy potatoes, roasted tomatoes* 20
CLASSIC EGGS BENEDICT* / *soft-poached, hollandaise* 20
MOUNT ROYAL BAGEL & LOX / *cold smoked sockeye salmon, lemon ricotta, arugula, capers* 20
AVOCADO TOAST* / *soft-poached eggs, heirloom tomato salad* 21
PACIFIC HAND-PEELED SHRIMP OMELETTE / *lemon ricotta, watercress, crispy potatoes, toast* 22
EGG WHITE FLAN / *sweet potato, arugula, kale, almonds* 18
BUTTERMILK PANCAKES / *canadian maple syrup, butter* 20
BANANA BREAD FRENCH TOAST / *whipped mascarpone, caramel* 20
BELGIAN WAFFLE / *fresh berries, caramel, whipped mascarpone* 18

SIDES

COUNTRY SAUSAGE, DOUBLE SMOKED BACON, BRAISED SHOULDER HAM, CHICKEN & APPLE SAUSAGE 6
TOAST / *portofino artisan bread, butter, preserves* 5
SMALL BOWL OF FRUIT 8
GUACAMOLE 8
ROASTED TOMATO 8
FARM FRESH EGG* 4
BREAKFAST POTATO 8

BREWED

DRIP COFFEE 6
CAPPUCCINO 7
LATTE 7
MACCHIATO 7
ESPRESSO 6
HOMEMADE HOT CHOCOLATE / *58% dark chocolate, vanilla chantilly* 8
LOT 35 TEA 6
*1907 orange pekoe, imperial breakfast, cream earl grey, organic oregon mint
organic egyptian camomile, organic bella coola punch, kyushu japan sencha*

**Consuming raw or undercooked meats, poultry, seafood, shellfish,
or eggs may increase your risk of food borne illness*