

PERSONALIZE CREATE YOUR OWN SALAD OR WRAP



NAME _____ PHONE # _____ EMAIL _____ DINE IN TO GO

SALAD WRAP Whole Wheat Spinach Tomato Gluten Free (+2) KEEP MY SALAD ON FILE

01. MAKE YOUR BED - CHOOSE UP TO 3 6.25

- Romaine Iceberg Kale Not Chopped
 Baby Greens Spinach Arugula

02. ADD TOSS INS - 5 FREE .50 EACH ADDITIONAL

CRUNCH!

- Broccoli Carrots Celery Corn
 House Croutons Cucumbers Red Onions Tortilla Crisps

GOODNESS

- Black Beans Golden Beets Chickpeas Egg Whites
 Egg (Whole) Green Peas Mushrooms Kalamata Olives
 Peppers Tomatoes

GET CRAZY

- Edamame Pepperchinos Crispy Wontons
 Pumpkin Seeds Sunflower Seeds Honey Mustard Pretzel Pieces

03. SPLURGE, YOU DESERVE IT! 1.50 EACH

CRUNCH!

- Almonds Apples Applewood Bacon Walnuts

GOODNESS

- Avocado (+2) Mandarin Oranges House Roasted Red Peppers
 Strawberries Quinoa Portobello Mushrooms

GET CRAZY

- Brussel Sprouts Craisins Candied Walnuts
 House Hummus Pomegranate Seeds Roasted Butternut Squash

04. ADD CHEESE 1.25 EACH

- Cheddar Feta Goat Crumbled Bleu Cheese
 Mozzarella Pepperjack Shaved Parmesan

05. POWER UP

LAND

- Angus Steak (5) House Roasted Turkey (3)
 Grilled Chicken (3) Crispy Chicken (3)

SEA

- Grilled Shrimp (5) Ahi Tuna (5)
 Crispy Shrimp (5) Tuna Salad (3)
 Salmon (5)

***Proudly serving hormone and anti-biotic free chicken & pasture raised beef**

06. GET DRESSED

SERVED ON THE SIDE (ONE INCLUDED, 50 CENT EACH ADDITIONAL)

- Asian Sesame Ginger** Balsamic Vinegar Balsamic Vinaigrette Bleu Cheese
 Caesar Champagne Vin. Chipotle Pepper Lil Kick Chipotle
 Creamy Balsamic Creamy Italian Green Goddess **Honey Mustard**
 Lemon + Olive Oil Oil + Vinegar Ranch Red Wine Vinaigrette
 Tamari Thai Ranch Apple Cider Vinaigrette

*All dressings in **bold** are **NOT** gluten free

SIDE OF BREAD .50

- Slice of Artisan Bread



**SKIP THE LINE
ORDER ONLINE**

THESALADHOUSE.COM