

# Gluten Friendly Menu

Hemingway's Tavern has developed a special menu that enables you to order many of our favorite dishes. The items on this menu must be ordered as directed to be "Gluten Friendly".

Please be advised that dishes are made from scratch and cross-contact with gluten and other allergens can occur.

## GF Sneak Previews

### **Black Bean Hummus 11**

House-made black bean spread with island spices served with plantain chips for dipping and garnished with queso fresco and scallions.

### **Crab Dip 18**

Warm crab dip served with plantain chips.

### **Charred Octopus & Hash 21**

Charred octopus tentacle served with chorizo-yuca hash, pickled onions, and chimichurri sauce.

### **Yard Bird on a Stick 13**

Island-spiced chicken skewers with cilantro lime dipping sauce.

## GF Soups & Salads

Add any of the following to your salad: add chicken for 7, shrimp for 9, grouper for 14, sirloin or lobster for 16.

### **Caribbean Black Bean Soup**

**Cup 4.50 Bowl 6.50**

An island inspired vegan black bean soup.

### **House Salad Small 8 Large 13**

A blend of mixed greens, tomatoes, red onions, carrots, radishes and cucumbers.

### **Grilled Garden Stack Salad 14**

Grilled zucchini, yellow squash, scallions, red onions and portabella. Topped with smoked mozzarella, roasted red pepper aioli and balsamic glaze served with a small house salad.

### **Mediterranean Salad 18.50**

Mixed greens, red onions, sliced olives, cucumbers, feta cheese, chickpeas, grape tomatoes, and roasted red pepper vinaigrette.

## GF Burgers

8-ounce, charbroiled steakburger served on a toasted gluten free bun and a garnish of pineapple-coconut slaw. Lettuce, tomato, onion, and pickles unless otherwise noted. *Upgrade to bison for 5.*

### **Mushroom Swiss Burger 20**

Truffle herb mayo, grilled portabella mushroom cap and Swiss cheese.

### **Havana Burger 19**

Topped with mojo pork, jalapeños, guava jalapeño aioli, rum-glazed onions, and melted Swiss.

### **Premiere Burger 16**

Choice of cheddar, American, Swiss or smoked mozzarella cheeses.

## GF Main Event

Add a side salad for 5.

### **Chickpea Pasta Primavera 16**

Sautéed zucchini, yellow squash, red onions, carrots, red and green bell peppers, grape tomatoes, broccoli, parmesan cheese and chickpea penne pasta tossed in lemon caper vinaigrette.

### **Ernest's GF Rib Platter 26**

One-pound of our smoked in-house baby back ribs, basted with guava BBQ sauce, served with choice of two GF sides listed below. (additional charges may apply).

## GF Sides 5

vegetable medley, maduros, plantain chips, fried plantains, tostones, pineapple slaw or yuca fries

## GF Premium Sides 7

asparagus, truffle yuca fries, tostones al ajillo

## GF Sides with Attitude 8

Tri-color sweet potato fries, *truffle your fries for 2*