

winter at
KITCHEN
Bloomfield, CT

Simply Prepared
DAILY FOR LUNCH & DINNER

Thoughtfully sourced proteins, simply cooked, paired with seasonal sides. Perfect for New Year intentions—or anytime you want it uncomplicated.

Choose One Protein + Two Sides

Shrimp - grilled or blackened – \$28

Salmon - grilled or blackened – \$29

Icelandic Cod – \$28

Chicken- grilled or blackened – \$25

Filet Medallions – \$34

Sides

Broccoli Rabe

Garlic Spinach

Roasted Sweet Potato

Polenta

Protein-forward. Seasonal sides. No guilt required.

Spirit-Free Cocktails
— **SERVED DAILY** —

Pomegranate Mule - \$8

Pom juice, ginger syrup, lime juice, ginger ale

Prickly Pear Lemonade Spritz - \$8

prickly pear syrup, lemonade, club soda

Sip for Less
— **MONDAY NIGHTS** —

Sip, Save, Savor!

half priced wine \$75 and under.

Lunch is Served
— **TUESDAY THROUGH FRIDAY** —
we open at 12pm!

Carbone's