

winter at
KITCHEN
Bloomfield, CT

Simply Prepared
DAILY FOR LUNCH & DINNER

Thoughtfully sourced proteins, simply cooked, paired with seasonal sides. Perfect for New Year intentions—or anytime you want it uncomplicated.

Choose One Protein + Two Sides

Shrimp - grilled or blackened - \$28
Salmon - grilled or blackened - \$29
Icelandic Cod - \$28
Chicken - grilled or blackened - \$25
Filet Medallions - \$34

Sides

Broccoli Rabe
Garlic Spinach
Roasted Sweet Potato
Polenta

Protein-forward. Seasonal sides. No guilt required.

Spirit-Free Cocktails
SERVED DAILY

Pomegranate Mule - \$8
Pom juice, ginger syrup, lime juice, ginger ale

Prickly Pear Lemonade Spritz - \$8
prickly pear syrup, lemonade, club soda

Sip for Less
MONDAY NIGHTS

Sip, Save, Savor!
half priced wine \$75 and under.

Lunch is Served
TUESDAY THROUGH FRIDAY
we open at 12pm!

Carbone's