

PICK - A - PAIR

Prices vary based on selection

CUP OF SOUP
OR
MIDSIZE SALAD

HALF PANINI
HALF PIZZA
HALF LASAGNA
HALF PASTA

AND

SIGNATURE SALADS

KALE CAESAR SALAD 7.29

romaine lettuce, baby kale, shredded parmesan, croutons, *eggless Caesar dressing

SAMANTHA SALAD 9.59

mixed greens, sliced antibiotic free chicken breast, roma tomatoes, bell peppers, green beans, fresh parmesan, croutons, *fat free honey mustard dressing

SOUTHWEST SALAD* 9.99

mixed greens, sliced antibiotic free cilantro lime chicken breast, roasted corn, black beans, radish, green onion, pepper jack, tortilla strips, *cilantro lime dressing

ITALIAN CHEF'S SALAD* 9.59

mixed greens with antibiotic free salami, provolone, bell peppers, green beans, roma tomatoes, red onion, *Italian Chef's dressing

SWEET LIFE SALAD 9.99

mixed greens, roasted sweet potato, golden raisins, barley, sliced antibiotic free chicken breast, spicy peanuts, *honey-white balsamic dressing

HILLTOP SALAD* 8.89

mixed greens, candied walnuts, fresh pears, dried cranberries, gorgonzola cheese, *balsamic vinaigrette

ASIAN CRUNCH SALAD 9.99

mixed greens, napa cabbage, sliced antibiotic free chicken breast, edamame, carrots, radish, snap peas, green onion, chow mein noodles, sesame ginger dressing

MEDITER*GRAIN*EAN SALAD 8.89

romaine, baby kale, bulgur tabbouleh, feta cheese, bell peppers, green beans, Kalamata olives, *lemon vinaigrette

SEASONAL SALAD PRICE VARIES

Add antibiotic free sliced chicken breast, 2.99
smoked turkey or salami

Add wild Alaskan salmon filet 6.99

Add nuts, cranberries, cheese, egg, 1.00
avocado or dressing

ANTIPASTI SALADS

Subject to seasonal change. Selection may vary by location.

VEGETABLE PASTA SALAD

KALE PESTO CAPRESE*

ABF CHICKEN SALAD*

ALBACORE TUNA SALAD*

SHRIMP PASTA SALAD

MEDITERRANEAN

VEGETABLE SALAD*

CANNELLINI BEAN
& ARUGULA*

BULGUR TABBOULEH*

FRESH FRUIT SALAD**

SUPERFOOD SALAD**

SEASONAL ANTIPASTO

VEGETARIAN ANTIPASTO 3.39

ALBACORE TUNA SALAD*,
SHRIMP ANTIPASTO OR
ABF CHICKEN SALAD* 4.39

CHILLED BREAST OF ROASTED
ANTIBIOTIC FREE CHICKEN* 5.89

CHILLED WILD ALASKAN
SALMON* 6.99

ANTIPASTI TRIO (SELECT ONE OF THE FOLLOWING:)

// choice of 3 vegetarian* antipasti with focaccia bread or italian roll 10.29
// chilled breast of chicken + choice of 2 vegetarian* antipasti 12.67
// chilled wild alaskan salmon + choice of 2 vegetarian* antipasti 13.77

*Upcharge of \$1 per portion of tuna, shrimp, or chicken salad included in any antipasti trio.

SOUPS

All soups are homemade daily and vary with season.

VEGETARIAN
MINISTRONE**

4.49

OR

SOUP OF THE DAY

4.49

SANDWICHES

Gourmet sandwiches served on our signature ciabatta bread. Served hot or cold.
Gluten Free bread available on request for \$1 upcharge.

- 1 **AMALFI** 4.69 / 7.99 (vegetarian)
cucumber, shaved beet, marinated radish, roasted cauliflower, feta, arugula and spinach, creamy edamame spread on pumpkin flax seed ciabatta
- 2 **CAPRESE** 4.69 / 7.99 (vegetarian)
fresh mozzarella, tomatoes, basil vinaigrette, parmesan cheese on rustic Italian ciabatta
- 3 **PARMA** 5.29 / 8.79
ABF applewood smoked ham, Swiss cheese, lettuce, tomato, whole grain mustard dressing on pretzel ciabatta
- 4 **CORTINA** 5.29 / 8.79
ABF oven roasted turkey, provolone cheese, lettuce, tomato, pesto mayonnaise on sun-dried tomato ciabatta
- 5 **MILANO** 5.29 / 8.79
ABF roast beef, provolone cheese, lettuce, giardiniera, horseradish mayonnaise on rustic Italian ciabatta
- 6 **TURINO** 5.29 / 8.79
sliced ABF chicken breast, roasted red peppers, roasted zucchini, fresh mozzarella, lettuce, sun-dried tomato pesto mayonnaise on focaccia
- 7 **PORTOFINO** 5.29 / 8.79
homemade premium MSC certified albacore tuna salad, dill-havarti cheese, lettuce, tomato on multigrain ciabatta
- 8 **ROMA** 5.29 / 8.79
homemade ABF chicken salad, lettuce, tomato on rustic Italian ciabatta
- 9 **SORRENTO** 5.39 / 8.99
ABF oven roasted turkey breast, white cheddar, applewood smoked bacon, mayo, tomato jam, arugula & spinach on tomato ciabatta
- SP **DAILY SANDWICH SPECIAL**

PIZZA

Our 10 inch thin crust pizzas have a honey whole wheat crust that is made fresh daily.

- MARGHERITA** 5.99 / 9.69
fresh mozzarella, pesto, basil, and plum tomatoes (vegetarian)
- SUPREMO** 7.09 / 11.39
ABF sausage & pepperoni, green peppers, mushrooms, fontina, provolone, and parmesan
- TUSCAN SAUSAGE WITH THREE CHEESES** 6.89 / 10.69
ABF sausage, fontina, provolone, & parmesan
- TOMATO, SPINACH AND MUSHROOM** 6.89 / 10.69
with basil pesto, red onion, fontina, and parmesan cheese (vegetarian)
- PEPPERONI WITH THREE CHEESES** 6.89 / 10.69
ABF pepperoni, fontina, provolone, and parmesan
- GLUTEN FREE PIZZA***
order any pizza on a gluten free crust whole pizza only / \$1 upcharge

ENTRÉES & PASTA

Served with fresh baked focaccia or bread roll. *Gluten free noodles available upon request.

- PENNE PASTA CON POLLO** 9.49
penne pasta, sliced antibiotic free chicken breast, roasted red peppers, crimini mushrooms, peas, tomato basil cream sauce
*Gluten free noodles available upon request.
- LASAGNA TOSCANA** 11.29
layers of antibiotic free ground beef and sausage, mozzarella cheese and choice of sauce
- STUFFED SHELLS** 5.29 (2) / 9.19 (4)
ricotta, garden vegetables, choice of sauce (vegetarian)
- CAVATAPPI** 7.99
spiral pasta with choice of sauce
*Gluten free noodles available upon request.
- SAUSAGE RAVIOLI** 9.79
with choice of sauce

SAUCES: arrabiatta^v, meat sauce^{*}, creamy tomato basil^{*}, daily special sauce

DESSERTS

COOKIES
2.39

OR

DESSERT BARS
2.99

CHICAGO LOCATIONS

222 W ADAMS	312.726.4800	175 W JACKSON	312.583.1100
200 E RANDOLPH	312.729.9200	10 N DEARBORN	312.984.0044
111 E WACKER	312.861.0200		

ORDER ONLINE AT
WWW.SOPRAFFINA.COM

* = GLUTEN FREE v = VEGAN ABF = 100% RAISED WITHOUT ANTIBIOTICS

Menu items vary from location to location. Prices are subject to change without notice.