

SANDWICH STALKER

SORRY FRIED CHICKEN, LOBSTER AND WAFFLES IS NOW A THING

BY PHOEBE MELNICK | JUN 22 2016



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After an epic night out, our recovery/survival plan includes finding comfort in a heaping plate of fried chicken and waffles. But every once in a while we want to go big. Like lobster big. This New England take on a classic southern dish can be found at Boston's [Saltie Girl](#), the newest venture for Kathy Sidell of the Met Restaurant Group.

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The buttery fried lobster practically melts in your mouth and the waffle offers the perfect crispy base to this hangover cure-all.

The "bread": A massive crispy buttermilk waffle with a dollop of housemade corn butter that is churned from local [Mapleline](#) cream.

The filling: A mound of delicate, rich lobster is dipped in buttermilk then quickly fried giving it a crisp, golden coating. It is then drizzled with a Thai Bird chili -infused maple syrup. It's slightly spicy, it's super buttery and it's a meal you won't want to share with your dining companions.

Wash it down with: An elevated Old Fashioned called the Orange Cocktail. Saltie Girl's take the classic cocktail is made with Redemption Rye, a dehydrated blood orange chip garnish and an Angostura bitters ice sphere.

