

LA FIA LUNCH CATERING MENU

WE ASK FOR 24 HOURS NOTICE BUT WE CAN ACCEPT SAME DAY ORDERS

302-543-5574

OR EMAIL YOUR ORDER TO: ANDREA@LAFIAWILMINGTON.COM

SOUPS

\$5 PER PERSON

BASED ON SEASONAL AVAILABILITY

GAZPACHO

TOMATO, PEPPERS, GARLIC, FRESH HERBS, CROUTONS

BUTTERNUT SQUASH AND APPLE SOUP

CANDIED PUMPKIN SEEDS, PIQUILLO PEPPERS

SALADS

MIXED GREEN SALAD

\$4 PER PERSON

CUCUMBERS, CARROT, RADISH, RED WINE VINAIGRETTE

GREEK SALAD

\$6 PER PERSON

MIXED GREENS, CUCUMBERS, TOMATO, FETA CHEESE, OLIVES, GREEK HERB DRESSING

* ADD OUR FRIED EGGPLANT **\$8 PER PERSON**

* ADD GRILLED CHICKEN **\$9 PER PERSON**

FARRO AND KALE SALAD

\$6 PER PERSON

DRIED CRANBERRY, RICOTTA SALATA, SPICED PECANS, SWEET ONION VINAIGRETTE

* ADD SHRIMP **\$11 PER PERSON**

* ADD CHICKEN **\$9 PER PERSON**

PESTO PASTA SALAD

\$6 PER PERSON

FUSILLI PASTA, ARUGULA, TOASTED PINE NUTS, PARMESAN, TOASTED GARLIC BREAD CRUMBS, FRESH CUT

BASIL AND PESTO DRESSING

* ADD SHRIMP **\$11 PER PERSON**

* ADD CHICKEN **\$9 PER PERSON**

SPINACH COBB SALAD \$10 PER PERSON
ROMAINE AND SPINACH, GRILLED CHICKEN, SMOKEY BACON, BLUE CHEESE, SOURDOUGH CROUTONS,
BUTTERMILK DRESSING

WARM CAESAR SALAD \$6 PER PERSON
GRILLED ROMAINE HEARTS, OLIVES, COTIJA CHEESE, CAESAR DRESSING
ADD GRILLED SHRIMP \$11 PER PERSON
ADD GRILLED CHICKEN \$9 PER PERSON
ADD GRILLED HANGER STEAK \$10 PERSON

BUTTERMILK FRIED CHICKEN SALAD \$10 PER PERSON
MIXED GREENS, SHREDDED CARROTS, CHERRY TOMATO, SMOKY BACON, TOASTED PECANS, SHREDDED
CHEDDAR CHEESE, BLACK BEANS, HONEY MUSTARD DRESSING, TORTILLA STRIPS

GRILLED SPICED HANGER STEAK SALAD \$12 PER PERSON
MARKET GREENS, GRILLED QUESO FRESCO, QUINOA, WILD RICE, PAPPADIEW PEPPERS POMEGRANATE
VINAIGRETTE

SANDWICH TRAYS WITH OUR HOUSE CUT CHIPS
FOR TEN \$110
FOR FIFTEEN \$150
FOR TWENTY \$180

PLEASE CHOOSE FROM ANY OF THE FOLLOWING SANDWICHES
(OR WE CAN SELECT FOR YOU)

HOMEMADE CHICKEN SALAD
BASIL PESTO MAYO, SMOKEY BACON, LETTUCE, TOASTED MULTIGRAIN ROLL

FRESH MOZZARELLA & TOMATO
BASIL PESTO, CRUSTY BAGUETTE

ITALIAN "GRINDER"
**MORTADELLA, HAM, SALAMI, PROVOLONE, SHREDDED LETTUCE, TOMATO, ZESTY ITALIAN DRESSING, OVEN
TOASTED BAGUETTE**

HOT ITALIAN PANINI
SOPRESATTA, PROSCIUTTO, ARUGULA, HOT PEPPER RELISH, FRESH MOZZARELLA, OLIVE OIL

HOUSE ROASTED BEEF

CARAMELIZED ONIONS, HORSERADISH SAUCE, ARUGULA, CRUSTY BAGUETTE

HOUSE ROASTED TURKEY

SMOKED BACON, LETTUCE, TOMATO, GARDEN HERB MAYONNAISE ON TOASTED MULTIGRAIN BREAD

TURKEY RUEBEN

SWISS CHEESE, BRYAN'S HOMEMADE SAUERKRAUT, RUSSIAN DRESSING, TOASTED RYE BREAD

TRUFFLE BLT

APPLEWOOD SMOKED BACON, ROASTED TOMATOES, ARUGULA, TRUFFLE MAYO, TOASTED MULTIGRAIN BREAD

ITALIAN GRILLED CHEESE

FONTINA CHEESE, ROASTED TOMATO, ARUGULA, TRUFFLE MAYO, TOASTED MULTIGRAIN BREAD

LAMB GYRO

MEDITERRANEAN SPICED LAMB, LETTUCE, TOMATO, HERBED TZATZIKI, FETA CHEESE, FLATBREAD

CHICKEN GYRO

LETTUCE, TOMATO, HERBED TZATIKI, FETA CHEESE, FLATBREAD

FRIED EGGPLANT

SLOW ROASTED CHERRY TOMATOES, ARUGULA, SAFFRON AIOLI, PARMESAN, TOASTED FOCACCIA

GRILLED CHICKEN SANDWICH

SLOW ROASTED TOMATO, FRESH MOZZARELLA, FRESH CUT BASIL, ARUGULA, TOASTED BAGUETTE

LUNCH ENTREES (10 PERSON MINIMUM)

CHICKEN FRANCAISE (10PP)

CHICKEN PICATTA (10PP)

SWEET CORN RISOTTO (9PP)

MARKET FISH (15PP)

STEAK FRITES (12PP)

SHRIMP AND GRITS (12PP)

MUSHROOM RAVIOLI (12PP)

CACIO PEPE (10PP)

RIGATONI WITH SPICY SAUSAGE BOLOGNESE WITH PARMESAN AND BROCCOLI RABE (12PP)

DESSERTS (NEED 24 HOURS ADVANCE NOTICE)

ASSORTED COOKIES	\$2 EACH
LEMON CURD CHEESE CAKE	\$4 PP
CHOCOLATE GANACHE CAKE	\$4 PP

OTHER GOODIES

HUMMUS **\$5 PER PERSON**
WITH TOASTED PINE NUTS, CUCUMBERS, FETA, AND WARM FLATBREAD

CHEESE AND MEAT BOARD **\$10 PER PERSON**
SELECTION OF 4 ARTISAN CHEESES AND 2 CURED MEATS WITH FRESH FRUIT, SPICED NUTS AND CROSTINIS

INQUIRE ABOUT DELIVERY!