

LA FIA LUNCH CATERING MENU

BASED ON 10 PERSON MINIMUM

WE ASK FOR 24 HOUR NOTICE BUT WE CAN ACCEPT SAME DAY ORDERS

302-543-5574

OR EMAIL YOUR ORDER TO: ANDREA@LAFIAWILMINGTON.COM

SOUPS

\$5 PER PERSON

GAZPACHO WITH GARLIC CROUTONS

***SEASONAL MAY-OCTOBER**

BUTTERNUT SQUASH AND APPLE SOUP

CANDIED PUMPKIN SEEDS, PIQUILLO PEPPERS

***SEASONAL OCTOBER-MAY**

CURRIED LENTIL SOUP WITH TOASTED PISTACHIOS, GREEK YOGURT

SALADS

MIXED GREEN SALAD \$4 PER PERSON

CUCUMBERS, CARROT, RADISH, RED WINE VINAIGRETTE

FARRO AND KALE SALAD \$6 PER PERSON

DRIED CRANBERRY, RICOTTA SALATA, SPICED PECANS, SWEET ONION VINAIGRETTE

GREEK SALAD \$6 PER PERSON

MIXED GREENS, CUCUMBERS, TOMATO, FETA CHEESE, OLIVES, GREEK HERB DRESSING

***ADD OUR FRIED EGGPLANT \$8 PER PERSON**

***ADD GRILLED CHICKEN \$9 PER PERSON**

***ADD GRILLED SHRIMP \$12 PER PERSON**

***ADD SPICED LAMB \$9 PER PERSON**

PESTO PASTA SALAD \$6 PER PERSON

FUSILLI PASTA, ARUGULA, TOASTED PINE NUTS, PARMESAN, TOASTED GARLIC BREAD CRUMBS, FRESH CUT BASIL AND PESTO DRESSING

***ADD SHRIMP \$12 PER PERSON**

* ADD CHICKEN \$ 9 PER PERSON

SPINACH COBB SALAD \$10 PER PERSON

ROMAINE AND SPINACH, GRILLED CHICKEN, SMOKEY BACON, BLUE CHEESE, SOURDOUGH CROUTONS, RED WINE VINAIGRETTE DRESSING

STEAK COBB \$12 PER PERSON

ROMAINE AND SPINACH, GRILLED HANGER STEAK, SMOKEY BACON, BLUE CHEESE, SOURDOUGH CROUTONS, RED WINE VINAIGRETTE DRESSING

CAESAR SALAD \$6 PER PERSON

ROMAINE HEARTS, PARMESAN, CAESAR DRESSING, SOURDOUGH CROUTON

* ADD GRILLED SHRIMP \$ 12 PER PERSON

* ADD GRILLED CHICKEN \$9 PER PERSON

* ADD GRILLED HANGER STEAK \$ 12 PERSON

SOUTHWESTERN BUTTERMILK FRIED CHICKEN SALAD \$10 PER PERSON

MIXED GREENS, SHREDDED CARROTS, CHERRY TOMATO, SMOKY BACON, TOASTED PECANS, SHREDDED CHEDDAR CHEESE, BLACK BEANS, HONEY MUSTARD DRESSING, TORTILLA STRIPS

SANDWICH TRAYS WITH OUR HOUSE CUT CHIPS

FOR TEN \$ 120

FOR FIFTEEN \$165

FOR TWENTY \$200

PLEASE CHOOSE FROM ANY OF THE FOLLOWING SANDWICHES
(OR WE CAN SELECT FOR YOU)

HOMEMADE CHICKEN SALAD

BASIL PESTO MAYO, SMOKEY BACON, LETTUCE, TOASTED MULTIGRAIN ROLL

FRESH MOZZARELLA & TOMATO

BASIL PESTO, CRUSTY BAGUETTE

ITALIAN GRILLED CHEESE

FONTINA CHEESE, ROASTED TOMATO, ARUGULA, TRUFFLE MAYO, TOASTED MULTIGRAIN BREAD

HOT ITALIAN PANINI

SOPRESSATTA, PROSCIUTTO, ARUGULA, HOT PEPPER RELISH, FRESH MOZZARELLA, OLIVE OIL

ITALIAN "GRINDER"

MORTADELLA, HAM, SALAMI, PROVOLONE, SHREDDED LETTUCE, TOMATO, ZESTY ITALIAN DRESSING, OVEN TOASTED BAGUETTE

HOUSE ROASTED BEEF

CARAMELIZED ONIONS, HORSERADISH SAUCE, ARUGULA, CRUSTY BAGUETTE

HOUSE ROASTED TURKEY

SMOKED BACON, LETTUCE, TOMATO, GARDEN HERB MAYONNAISE ON TOASTED MULTIGRAIN BREAD

TURKEY RUEBEN

SWISS CHEESE, BRYAN'S HOMEMADE SAUERKRAUT, RUSSIAN DRESSING, TOASTED RYE BREAD

LAMB GYRO

MEDITERRANEAN SPICED LAMB, LETTUCE, TOMATO, HERBED TZATZIKI, FETA CHEESE, FLATBREAD

CHICKEN GYRO

LETTUCE, TOMATO, HERBED TZATIKI, FETA CHEESE, FLATBREAD

FRIED EGGPLANT

SLOW ROASTED CHERRY TOMATOES, ARUGULA, SAFFRON AIOLI, PARMESAN, TOASTED FOCACCIA

GRILLED CHICKEN SANDWICH

SLOW ROASTED TOMATO, FRESH MOZZARELLA, FRESH CUT BASIL, ARUGULA, TOASTED BAGUETTE

SMOKED SALMON SALAD

HOUSE SMOKED SALMON, LITTLE BIT OF MAYO, EGG, RED ONION, SLICED AVOCADO, TOASTED MARBLED RYE

LUNCH ENTREES

CHICKEN PICCATA \$10 PER PERSON

SALMON PICCATA \$12 PER PERSON

CHICKEN FRANCAISE \$10 PER PERSON

SEASONAL RISOTTO \$10 PER PERSON

BUCATINI \$14 PER PERSON

Smoked Bacon, Truffle Purée, Fresh Rosemary, Farm Egg, Pecorino Locatelli Cheese

PAN SEARED MARKET FISH, \$14 PER PERSON

Pan Seared with Lemon Caper Butter, Farro, Market Vegetable

STEAK FRITES \$14 PER PERSON

Grilled Hanger Steak, House Fries, Market Vegetable, Chimichurri

SHRIMP AND GRITS \$16 PER PERSON

Creamy Grits, Andouille Sausage Gravy, Parmesan

CACIO PEPE \$10 PER PERSON

Housemade Spaghetti, Buerre Fondue, Cracked Black Pepper, Parmesan

RIGATONI AND VODKA SAUCE \$12 PER PERSON

Spicy Sausage Bolognese with Parmesan and Broccoli Rabe

MUSHROOM RISOTTO—\$14 PER PERSON

Chanterelle, Oyster, White Beech Mushrooms, Toasted Walnuts, Parmesan, Walnut Oil

CHICKEN POT PIES

\$15 each (10 person minimum)- may require 48 hours notice)

OTHER GOODIES

HUMMUS

\$5 PER PERSON

WITH TOASTED PINE NUTS, CUCUMBERS, FETA, AND WARM HOUSE MADE FLAT FLATBREAD

CHEESE AND MEAT BOARD

\$10 PER PERSON

SELECTION OF 4 ARTISAN CHEESES AND 2 CURED MEATS WITH FRESH FRUIT, SPICED NUTS AND CROSTINI

PETITE CRAB CAKES

SWEET PEPPER REMOULADE \$3 EACH

WARM MEDJOOOL DATES \$3 EACH

STUFFED WITH SPANISH BLUE CHEESE, PISTACHIO OIL, CRUMBLED PISTACHIO

DESSERTS (NEED 24 HOURS ADVANCE NOTICE)

CHOCOLATE CHIP COOKIES \$2 EACH

FLOURLESS CHOCOLATE CAKE \$3 PER PIECE

TIRAMISU \$4 PER PIECE

LEMON CHEESE CAKE (24 HOUR NOTICE) \$4 PER PIECE

INQUIRE ABOUT DELIVERY!