

FALASOPHY

LEBANESE STREET FOOD

Plato's Kitchen Premium Catering & Meal Menu

Salads

Farmers Market Mediterranean Greens Salad *(Vegan & Gluten Free)*

Pomegranate Fattouh Salad *(Vegan)*

Traditional Lebanese Tabouli Salad *(Vegan)*

Farro & Avocado Salad *(Vegan)*

Red Beet Salad with Feta Cheese *(Vegetarian & Gluten Free)*

Sultana Salad - Goat Cheese, Dates and Beets + *(Vegetarian & Gluten Free)*

Dips *Served with Záatar Pita Chips*

Home Made Hummus *(Vegan & Gluten Free without the Chips)*

Roasted Eggplant Baba Ghanoush with Black Garlic *(Vegan & Gluten Free without the Chips)*

Spicy Red Pepper Walnut Dip "Muhamara" *(Vegan)*

Side Dishes

Sumac Cauliflower with Caramelized Onions

Cumin Spiced Moroccan Carrots

Roasted Zaatar Brussels Sprouts

Roasted Sumac Sweet Potatoes

Pearl Couscous with Roasted Vegetables +

Herb Roasted Veggies

Stuffed Grape Leaves with Spiced Rice +

Greek Style Lemon Garlic Potatoes

Herb Roasted Potatoes

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Proteins

Chicken

Mediterranean Herb Grilled Chicken Kababs *(Gluten Free)*

Fire Roasted Chicken Shawarma *(Gluten Free)*

Greek Style Lemon Garlic Roasted Chicken *(Gluten Free)*

Moroccan Chicken Tagine - Saffron, Olives & Preserved Lemons *(Gluten Free)*

Pomegranate Roasted Chicken with Caramelized Onions & Sumac

Beef & Lamb

Savory Grilled Beef “Kafta” Kababs *(Gluten Free)*

Spit Roasted Steak Shawarma *(Gluten Free)* +

Grilled Steak Kababs *(Gluten Free)* +

Spiced Lamb & Beef Meatballs with Figs & Shallots

Leg of Lamb Tagine with Chermoula, Honey & Figs + *(Gluten Free)*

Roasted Leg of Lamb over Rice Stuffing “Kharouf Mehshi” +

Proper Greek Moussaka, House Bolognese & Béchamel

Grilled Herb-Lamb Chops with Mint-Chimichurri *(Gluten Free)* +

Fish

Lemon Garlic Salmon *(Gluten Free)* +

Zaatar Spiced Fish Kababs

Mediterranean Spiced Shrimp Kababs

Lebanese Seafood Rice with Turmeric & Cilantro *(Gluten Free)*

Baked Wild Cod in a slightly Spicy Chermoula Sauce *(Gluten Free)* +

Lebanese Fisherman’s Rice “Sayadiyeh” *(Gluten Free)*

Vegetarian

Ratatouille with Fresh Mediterranean Herbs +

Braised Okra with Extra Virgin Olive Oil, Tomatoes & Fresh Lemon Juice

Mediterranean Vegetable Rice with Pomegranate Molasses, Turmeric & Saffron

Starch

Lebanese Rice with Noodles *(Vegan)*

Middle Eastern Rice with hints of Turmeric & Cinnamon *(Vegan & Gluten Free)*

Cracked Wheat Pilaf *(Vegan)*

Pearl Couscous *(Vegan)*

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Accompaniments

Pita Bread

House Pickle Selection

Sauces & House Hot Sauce

Dessert

Semolina- Coconut Cake Bites “Namoura”

House Made Traditional Baklava

House Made Nutella Baklava

Lebanese Sweet Cheese with “Ashta”

Bites

Can be ordered separately and set up as Appetizer Station

Plato’s Beef Pies

Baked Lebanese Cheese & Zaatar Pies *(Vegetarian)*

Sultana Cauliflower with Pickled Onions & Pomegranate Tahini

Zaatar Pita Chips with any of our Dips