


**HEMMA
PELVIVIA
BREAKFAST  MENU**

KCMO

A NOTE FROM THE OWNER:

Hemma Hemma wouldn't be what it is without you, our wonderful guests! I want to personally thank you for enduring our many phases of evolution, and trusting the change will ensure a better experience for you. I appreciate your support of my small, woman-owned business more than you'll ever know! Thank you. Now go have a delicious meal!

-Ashley

TOASTS

FEATURING
★ IBIS BAKERY'S ★
COUNTRY LOAF

RICOTTA + BERRY TOAST

whipped ricotta, fresh berries,
mint (vg) \$10

AVO TOAST

avocado chunks, fresh herbs,
evoo, maldon (vegan/df) \$11

SMOKED SALMON TOAST

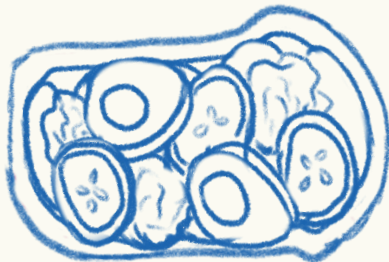
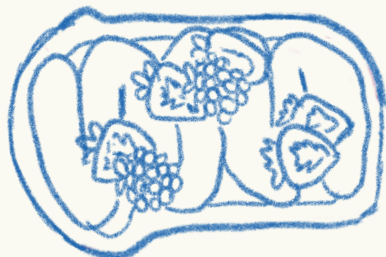
herby whipped feta, smoked
salmon, cucumber, capers, evoo,
dill, jammy egg, maldon \$14

POWER BANANA TOAST

banana, natural PB, honey, hemp
seeds, pepitas, maldon (df/vg) \$10
+ whipped ricotta \$2

LALA GARDEN TOAST

house veggie cream cheese,
cucumber, tomato, watermelon
radish, red onion, capers, dill, evoo,
maldon, black pepper (vg) \$11



SWEETER

SMOOTHIE BOWL

coconut chia pudding, berry
smoothie, house granola, fresh fruit,
shredded coconut, pepitas
(gf/df/vegan) \$12

CINNAMON ROLL

tangzhong dough roll topped with
cream cheese icing, all made in
house (vg) \$7

FRESH FRUIT PLATE

seasonal fruit plate, perfect for
sharing (gf/df/vegan) \$7

STAY UP-TO-DATE ON
ALL THINGS HEMMA



@hemmahemmakc



Please

ASK YOUR SERVER ABOUT
OUR IN-HOUSE PASTRIES



SAVORY

EGG SOUFFLE SAMMICH

fluffy egg souffle patty, scallion aioli, local brioche bun, white cheddar cheese (vg) \$11
+ bacon (the BEC) \$2
+ avo + arugula \$3

SUNRISE BOWL

quinoa, roasted sweet potato, sauteed kale & cherry tomatoes, black beans, side salsa verde (gf/df/vegan) \$13
+ egg \$2 each

★ BURRITOS ★

THE SMOTHERED

yoli avocado tortilla, house chorizo, egg souffle, sweet potato, local smoked cheddar, smothered in house salsa verde, poblano crema drizzle \$14

THE CLASSIC

yoli avocado tortilla, egg souffle, bacon, fried breakfast potatoes, white cheddar, scallions, side spicy H Sauce aioli 13

BUILD YOUR OWN BREAKFAST!

A LA CARTE

BREAKFAST POTATOES	\$5	BACON	\$7
AVOCADO	\$3	HOUSE CHORIZO	\$6
IBIS TOAST	\$5	SMOKED SALMON	\$6
BUTTERMILK BISCUIT	\$5	DRESSED GREENS	\$6
2 EGGS	\$4	SAUTEED KALE	\$4



WE ARE PROUD TO SUPPORT THESE LOCAL PRODUCERS:



Chingu, Zen Donkey Farms, Hugo Tea Co., Yoli Tortilleria, Ibis Bakery, Roma Bakery, Marion Milling, Unbothered Foods, H Sauce, J Chang Kitchen, Martin Rice Company, Jason Wiebe Dairy, Cinder Block Brewery, Blvd Brewing, City Barrel Brewery, Mean Mule Distilling Co., VinZant Wines, Tom's Town Distillery, Rieger Co., Still 360, Wild Child

one size only for all beverages

COFFEE



DRIP COFFEE	\$3.5	CAPPUCCINO	\$4
CAFE AU LAIT	\$4	FLAT WHITE	\$5
ESPRESSO	\$3	MOCHA	\$6
AMERICANO	\$4	GIBRALTAR	\$4
LATTE	\$5	COLD BREW	\$6

TEA



HOT TEA	\$3	ICED TEA	\$3
Gao Wen		Black	
Earl Grey		Green	
Session Longjing		CHAI	\$6
Jasmine Green		MATCHA	\$6
Bouquet		HOUJICHA	\$6
Rooibos			
LONDON FOG	\$4.5		

OTHER

HOT CHOCOLATE	\$4
STEAMER	\$3
POPPI	\$3
raspberry rose, strawberry lemon, ginger lime, cherry lime, orange, wild berry	
BOYLAN SODA	\$3
cane cola, ginger ale, root beer	
BOTTLED OJ	\$4
ESSENTIA WATER	\$3
SAN PELLEGRINO	sm \$3 lg \$5
GOOD 2 GROW JUICE	\$4.75
fruit medley, apple, tropical fusion	
HORIZON ORGANIC	\$3
chocolate or white	
TOPO CHICO	\$3
ZEN DONKEY JUICES	\$12
ask your server about available flavors	

★ *Add to* ★
your drink

ALTERNATIVE MILK	\$1
oat or almond	
HOUSEMADE SYRUP	\$1
vanilla bean, mocha, honey, brown sugar cinnamon	
EXTRA SHOT OF	\$1
ESPRESSO	

Please 
ASK YOUR SERVER ABOUT
OUR SEASONAL MENU

Speciality Cocktails

all speciality cocktails \$14

NOT PBR

vodka, lemon, house made coconut-mango syrup, black pepper

BETTER THAN AVERAGE

gin, seasonal tonic by wild child

ROSE COLORED SMOKE

mezcal, grapefruit, honey, lime, habanero bitters, pink peppercorns

A SPARKLING BLACK AUTUMN

champagne, calvados, creme de cassis, vermouth, lime juice

MOJITO BUT MAKE IT MATCHA?

light rum, matcha, fresh mint, lime, and club soda

GOOD BLOOD

house made bloody mary mix, choice of vodka or tequila

MORNING MOCHA

espresso, vodka, house vanilla syrup, house chocolate syrup drizzle, splash milk

MIMOSA

GREYHOUND

CANNED BEER

ALL CANS \$5

Cinder Block Czech Pils, KCMO

Garage Beer Lime, Ohio

Blvd Wheat, KCMO

Mean Mule Cran Fizz, KCMO

Shacksbury Arlo Cider, Vermont

City Barrel Rad AF, KCMO

City Barrel Old School, KCMO

Stockyards, Cerveza Royale, KCMO

City Barrel Derby Dash, KCMO

WINE

BY THE GLASS \$13, BOTTLE PRICE LISTED INDIVIDUALLY

BY THE GLASS

Tullia 'Prosecco di Treviso DOC' NV - Veneto, Italy \$26

Quinta de Santiago Vinho Verde 2024 - Vinho Verde, Portugal - \$25

Les Jamelles Chardonnay 2023 - Languedoc, France - \$23

Field Recordings 'Skins' Orange 2024 - Paso Robles, California - \$35

Christina Rose 2024 - Niederosterreich, Austria - \$30

Patricia Green 'Reserve' Pinot Noir 2023 - Willamette Valley, Oregon - \$34

Brown Estate 'House of Brown' Red Blend 2022 - Napa Valley, California - \$27

VinZant Wines 'Whit's End' Cabernet Sauvignon 2023 - Sonoma, California - \$34

BOTTLES

Champagne A. Bergère 'Origine' Brut - Champagne, France - \$80

Obsidian Wine Co. 'Poseidon Vineyard' Estate Chardonnay 2023 - Carneros, California - \$50

Matias Riccitelli 'Tinto de La Casa' Malbec 2023 - Mendoza, Argentina - \$50

Hundred Suns 'Old Eight Cut' Pinot Noir 2023 - Willamette Valley, Oregon - \$50

the 1990s, the number of people in the UK who are aged 65 and over has increased from 10.5 million to 13.5 million (1990-2000).

There is a growing awareness of the need to address the needs of the ageing population. The Department of Health (2000) has published a strategy for ageing, which sets out the government's commitment to improve the lives of older people. The strategy is based on the following principles:

• To ensure that older people are able to live independently and actively in their own homes.

• To ensure that older people are able to access the services and support they need.

• To ensure that older people are able to participate in the life of their communities.

• To ensure that older people are able to live in dignity and respect.

• To ensure that older people are able to live in safety and security.

• To ensure that older people are able to live in comfort and convenience.

• To ensure that older people are able to live in health and well-being.

• To ensure that older people are able to live in peace and harmony.

• To ensure that older people are able to live in a world that is fair and just.

• To ensure that older people are able to live in a world that is free from discrimination.

• To ensure that older people are able to live in a world that is free from violence.

• To ensure that older people are able to live in a world that is free from poverty.

• To ensure that older people are able to live in a world that is free from hunger.

• To ensure that older people are able to live in a world that is free from disease.

• To ensure that older people are able to live in a world that is free from suffering.

• To ensure that older people are able to live in a world that is free from oppression.

• To ensure that older people are able to live in a world that is free from exploitation.

• To ensure that older people are able to live in a world that is free from slavery.

• To ensure that older people are able to live in a world that is free from trafficking.

• To ensure that older people are able to live in a world that is free from modern slavery.

• To ensure that older people are able to live in a world that is free from forced labour.

• To ensure that older people are able to live in a world that is free from child labour.

• To ensure that older people are able to live in a world that is free from human trafficking.

• To ensure that older people are able to live in a world that is free from slavery.

• To ensure that older people are able to live in a world that is free from modern slavery.



THE HH MISSION

Hemma Hemma is an all-day restaurant + bar passionate about crafting scratch-made food + beverages using the freshest ingredients to evoke our own playful notion of being at home. We draw inspiration from global flavors to create meals that are both unique and deeply satisfying. We believe in the joy of good food served with warmth and hospitality. Our space is a playful, colorful, and cozy vibe that celebrates community and connection. Our mission is to nourish, delight, and inspire—one dining experience at a time.