

LUNCH

SMALL PLATES

THAI BUTTERNUT & RED LENTIL SOUP <i>toasted pumpkin seeds, cilantro oil</i>	12
SWEET POTATO FRIES <i>vegan ranch, chives</i>	12
CAULI WINGS <i>tempura cauliflower, buffalo sauce, vegan ranch</i> <i>*vegan upon request*</i>	13
CORN RIBS <i>local corn, dry rub, vegan alabama BBQ sauce</i>	13
PISTACHIO BEET DIP <i>mitla corn chips, crudites</i>	14

SALADS

RAINBOW BOWL <i>chilled sesame udon noodles, crunchy veggies,</i> <i>herbs, pineapple peanut sauce</i>	18
VEGAN CAESAR <i>kale, cabbage, crispy chickpeas,</i> <i>pinenut + hemp seed 'parm', seabeen caesar</i> <i>dressing</i>	17
GREEN SALAD <i>local lettuces, english cucumber, sprouts,</i> <i>garlic toasted seeds, vegan goddess dressing</i>	14

ADD TO ANY DISH

AVOCADO	4
WISHBONE FARM EGG* (<i>sunny or scrambled</i>)	3
CHICKEN	6
SALMON*	9
GRILLED TOFU	7
"BUY THE KITCHEN A BURGER" <i>give thanks to the kitchen and we will match your purchase!</i>	5

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

*Basic Kitchen applies a 3% service charge to help offset the cost of merchant fees. This service charge is not a tip.

BASIC KITCHEN



BOWLS

DAISY BOWL <i>pumpkin seed tabbouleh, tomato & cucumber</i> <i>salad, caraway cabbage, chicken kofta</i> <i>meatballs, garlic mint yogurt</i>	28
BASIC BOWL <i>roasted sweet potato, broccoli, citrusy kale,</i> <i>curried chickpeas, chimichurri, grains</i>	20
YELLOW COCONUT CURRY <i>market veggies, tofu, carolina gold rice,</i> <i>toasted coconut</i>	24
KALE & HAZELNUT PESTO PASTA <i>fusilli pasta, hazelnuts, crispy raven farms</i> <i>mushrooms</i>	22
SALMON BOWL <i>grilled salmon*, carolina gold rice,</i> <i>marinated cabbage, carrot ginger salad,</i> <i>cucumber, seaweed, orange miso sauce</i>	28
BK STEAK BOWL <i>brasstown farm grass-fed hanger steak*,</i> <i>crispy brussel sprouts, horseradish honey,</i> <i>sweet potato fries</i>	30

SAMMIES & TACOS

GOOD BURGER <i>housemade vegetable patty, beet ketchup,</i> <i>harissa cabbage slaw, sweet potato fries</i>	17
NAUGHTY BURGER <i>brasstown farm grass-fed beef*, double</i> <i>patty smash burger, aged white cheddar,</i> <i>griddled onions, dijonnaise,</i> <i>bread and butter pickles, sweet potato fries</i>	19
BAHARAT SWORDFISH TACOS <i>crunchy cilantro slaw, garlic mint yogurt,</i> <i>roasted red pepper + walnut salsa w/ side</i> <i>salad</i>	22
CHICKEN OR MUSHROOM SHAWARMA <i>shawarma spice blend, caraway cabbage,</i> <i>zhug & sumac hummus, pita w/ pumpkin</i> <i>seed tabbouleh</i>	19

SUB GF bread for \$1.00



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