## SMALL PLATES

SWEET POTATO WEDGES  Cashew ranch, chives	9
CAULI WINGS Tempura cauliflower, buffalo sauce, cashew ranch	9
BANANA BREAD Brown butter cream cheese	5
AVO TOAST Sunny egg*, black sesame gomasio, sourdough	11
SMOKED SALMON TOAST House smoked salmon*, herby cream cheese, pickled onions, dill, sourdough	16

### SALADS

VEGAN CAESAR Kale, red cabbage, crispy chickpeas, pinenut fparm', cashew Caesar dressing LOCAL SHRIMP & VEGGIE SALAD John's Island lettuces, radish, cucumber, fennel, white beans with vegan goddess dressing	14
	16
ROASTED SQUASH AND FARRO SALAD local squash, farro, arugula, salsa verde	15

#### ADD TO ANY DISH

WISH BONE HERITAGE EGG*	2
AVOCADO	3
CHICKEN*	4
SALMON*	6



CLEANER FUEL
LONGER ADVENTURES

# BRUNCH

# BASIC KITCHEN

### BOWLS

SURFER'S DELIGHT  2 farm eggs*, citrus kale, sweet potatoes, avocado, toast	14
VEGGIE HASH Farmer's market veggies, Yukon gold potatoes, Wishbone Heritage eggs*, chimichurri	16
CONSCIOUS COWBOY Wishbone curried chicken sausage, BK cau flower grits, potato-veggie hash, 2 farm eg	
BASIC BOWL Roasted sweet potato, broccoli with herbs, citrus-y kale, curried chickpeas, grains	16

# SANDWICHES

BREAKFAST SAMMIE Mung bean falafel patty, harissa tehina, farm egg*, english muffin	16
GOOD BURGER Vegetable patty, beet ketchup, harissa cabbage slaw	16
NAUGHTY BURGER Clover Meadow Farms all-in 100% grass- fed beef, aged white cheddar, griddled onions, dijonnaise, bread and butter pickles	16

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.