SMALL PLATES

GF BANANA BREAD
brown butter cream cheese

SWEET POTATO FRIES
vegan ranch, chives

CAULI WINGS
tempura cauliflower, buffalo sauce, vegan ranch
*vegan upon request*

CORN RIBS
local corn, dry rub, vegan Alabama BBQ sauce

SANDWICHES

AVO TOAST
sunny egg*, everything spice, sourdough, side salad

BREAKFAST SAMMIE
english muffin, egg souffle, sharp white 'cheddar, pickled onions, harissa aioli, side salad

SMOKED SALMON TOAST
house smoked salmon*, herby cream cheese, pickled onions, dill, sourdough, side salad

GOOD BURGER
housemade vegetable patty, beet ketchup, harissa cabbage slaw, sweet potato fries

NAUGHTY BURGER
Brasstown Farm grass-fed beef*, aged white cheddar, griddled onions, dijonaise, bread & butter pickles, sweet potato fries

SUB GF bread for $1.00

ADD TO ANY DISH

AVOCADO 4
WISHBONE EGG* (sunny or scrambled) 3
CHICKEN 6
WISHBONE CHICKEN SAUSAGE 6
SALMON* 9
GRILLED TOFU 7

BOWLS

SURFER'S DELIGHT
2 scrambled eggs, citrus kale, sweet potatoes, avocado, toast

VEGGIE HASH
farmer’s market veggies, yukon gold potatoes, 2 sunny eggs*, chimichurri

BASIC BOWL
roasted sweet potato, broccoli, citrusy kale, curried chickpeas, chimichurri, grains

CONSCIOUS COWBOY
Wishbone Farm chicken sausage, BK cauli grits, potato-veggie hash, 2 scrambled eggs

SALAD:

VEGAN CAESAR
kale, cabbage, crispy chickpeas, pinenut & hemp seed 'parm', Heron Farm seaweed dressing

GREEN SALAD
local lettuces, english cucumber, sprouts, garlic toasted seeds, vegan goddess dressing

CLEANER FUEL
LONGER ADVENTURES

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

Basic Kitchen applies a 3% service charge to help offset the cost of merchant fees. This service charge is not a tip.

*Buy The Kitchen a Burger: Give thanks to the kitchen and Basic Projects will match your purchase!