

## SMALL PLATES

GF BANANA BREAD <i>brown butter cream cheese</i>	5
VEGAN NACHOS <i>Mitla tortilla chips, avocado, black beans, roasted tomato salsa, vegan nacho cheese</i>	13
SWEET POTATO FRIES <i>cashew ranch, chives</i>	9
CAULI WINGS <i>tempura cauliflower, buffalo sauce, cashew ranch *vegan upon request*</i>	9
CORN RIBS <i>local corn, house dry rub, vegan 'Bama sauce</i>	11
AVO TOAST <i>sunny egg*, black sesame gomasio, sourdough</i>	11
SMOKED SALMON TOAST <i>house smoked salmon*, herby cream cheese, pickled onions, dill, sourdough</i>	16

\* Sub vegan bun or GF bread for \$0.50

## SALADS

VEGAN CAESAR <i>kale, red cabbage, crispy chickpeas, pinenut 'parm', cashew Caesar dressing</i>	14
GREEN SALAD <i>local lettuces, english cucumbers, avocado, sprouts, garlic toasted seeds vegan goddess dressing</i>	14
TOASTED SESAME SOBA BOWL <i>buckwheat soba noodles, english cucumber, scallions, everything spice,</i>	15

## ADD TO ANY DISH

AVOCADO	3
HOUSE FALAFEL	5
WISH BONE HERITAGE EGG*	2
CHICKEN*	4
WISHBONE HERITAGE CHICKEN SAUSAGE	4
HARISSA SHRIMP SKEWER	5
SALMON*	6

All credit card transactions are subject to a 3% processing fee.

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

# BRUNCH

FEEL  
GOOD

## BASIC KITCHEN

### BOWLS

SURFER'S DELIGHT <i>2 farm eggs*, citrus kale, sweet potatoes, avocado, toast</i>	14
VEGGIE HASH <i>farmer's market veggies, yukon gold potatoes, Wishbone Heritage eggs*, chimichurri</i>	16
BASIC BOWL <i>roasted sweet potato, broccoli with herbs, citrus-y kale, curried chickpeas, grains</i>	16
CONSCIOUS COWBOY <i>Wishbone curried chicken sausage, BK cauli grits, potato-veggie hash, 2 farm eggs*</i>	18

\* Sub GF bread for \$0.50

### SANDWICHES

BREAKFAST SAMMIE <i>mung bean falafel patty, harissa tehina, farm egg*, english muffin</i>	16
GOOD BURGER <i>vegetable patty, beet ketchup, harissa cabbage slaw</i>	15
NAUGHTY BURGER <i>Brass Town Farms all-in 100% grass- fed beef, aged white cheddar, griddled onions, dijon- naise, bread and butter pickles</i>	16

\* Sub GF bread for \$0.50



CLEANER FUEL  
LONGER ADVENTURES