

# DINNER

BASIC KITCHEN



## 4th ANNUAL PLANT BASED CHALLENGE

### SMALL PLATES

RED LENTIL AND SWEET POTATO SOUP <i>chili oil, cilantro</i>	12
SWEET POTATO FRIES <i>vegan ranch, chives</i>	12
PISTACHIO BEET DIP <i>Mitla corn chips, crudites</i>	14
CAULI WINGS <i>tempura cauliflower, vegan buffalo sauce, vegan ranch</i>	13
CORN RIBS <i>local corn, dry rub, vegan Alabama BBQ sauce</i>	13

### SALADS

VEGGIE SOBA NOODLE SALAD <i>buckwheat soba noodles, crunchy veggies, ginger dressing, peanuts, herbs</i>	18
VEGAN CAESAR <i>kale, cabbage, crispy chickpeas, pinenut + hemp seed 'parm', Heron Farm seabeam dressing</i>	17
GREEN SALAD <i>local lettuces, english cucumbers, sprouts, garlic toasted seeds, vegan goddess dressing</i>	14

### ADD TO ANY DISH

AVOCADO	4
GRILLED TOFU	7
MARINATED BUTTER BEANS	5

\*All debit and credit card transactions are subject to a 3% processing fee.

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.



CLEANER FUEL  
LONGER ADVENTURES

### WEEK 3 SPECIALS

MUSHROOM AND LENTIL BOLOGNESE <i>fusilli pasta, vegan 'parm'</i>	22
FALAFEL APP <i>house falafel, pickled onion + herb salad, tehina, magic green sauce</i>	15

### BIG PLATES

VEGAN BBQ PLATTER <i>w/ bbq mushrooms, local collards, vegan mac + cheese, and butterbeans</i>	25
CAULIFLOWER SCHNITZEL <i>dukkah breadcrumbs, harissa potatoes, roasted red pepper, pomegranate, vegan parm, arugula &amp; harissa aioli</i>	24
GOOD BURGER <i>housemade vegetable patty, beet ketchup, harissa cabbage slaw, sweet potato fries</i>	17
CRISPY BUTTER BEAN BURGER <i>carrot slaw, comeback sauce, sweet potato fries</i>	17
SUB GF bread for \$1.00	

### BOWLS

BASIC BOWL <i>roasted sweet potato, broccoli, citrusy kale, curried chickpeas, chimichurri, grains</i>	20
YELLOW COCONUT CURRY <i>market veggies, tofu, Carolina Gold rice, toasted coconut</i>	24
KALE PESTO PASTA <i>fusilli, kale hazelnut pesto, vegan parm, local mushrooms</i>	22
CAROLINA GOLD RICE BOWL <i>marinated cabbage, carrot ginger salad, cucumber, seaweed, orange miso sauce, sliced avocado</i>	22