

## SMALL PLATES

CHILLED CUCUMBER SOUP <i>local yogurt, shallots, dill,</i>	10
SWEET POTATO FRIES <i>cashew ranch, chives</i>	9
CAULI WINGS <i>tempura cauliflower, buffalo sauce, cashew ranch</i> <i>*vegan upon request*</i>	9
CORN RIBS <i>local corn, house dry rub, vegan Alabama white</i> <i>BBQ sauce</i>	11
PISTACHIO BEET DIP <i>crudites, za'atar, corn chips</i>	10

## SALADS

VEGAN CAESAR <i>kale, cabbage, crispy chickpeas,</i> <i>pinenut 'parm', cashew Caesar dressing</i>	14
GREEN SALAD <i>local lettuces, english cucumbers, avocado,</i> <i>sprouts, garlic toasted seeds,</i> <i>vegan goddess dressing</i>	14
TOASTED SESAME SOBA BOWL <i>buckwheat soba noodles, english cucumber,</i> <i>scallions, everything spice,</i> <i>toasted sesame dressing</i>	15
FALAFEL SALAD <i>mung bean falafel, kale, charred scallion</i> <i>dressing, sumac onions, herbs, tehina</i>	15

### ADD TO ANY DISH

WISH BONE HERITAGE EGG*	2
AVOCADO	3
CHICKEN*	4
HOUSE FALAFEL	5
SALMON*	6



CLEANER FUEL  
LONGER ADVENTURES

# LUNCH



## BASIC KITCHEN

### BOWLS

BASIC BOWL <i>roasted sweet potato, broccoli, citrus-y kale,</i> <i>curried chickpeas, chimichurri, grains</i>	16
CURRY BOWL <i>Thai green coconut curry, seasonal vegetables,</i> <i>cilantro, brown rice,</i>	18
SALMON BOWL <i>grilled salmon*, Charleston gold rice, Kenchi</i> <i>kimchi, seaweed, carrot ginger salad,</i> <i>cucumber, orange miso sauce</i>	21
STEAK BOWL <i>NC grass-fed hanger steak*, honey horseradish</i> <i>brussels sprouts, sweet potato fries,</i> <i>chimichurri</i>	21

### SANDWICHES

GOOD BURGER <i>vegetable patty, beet ketchup, harissa cabbage</i> <i>slaw</i>	15
NAUGHTY BURGER <i>6 oz Brass Town Farms all-in 100% grass-fed</i> <i>beef, aged white cheddar, griddled onions,</i> <i>dijonnaise, bread and butter pickles</i>	16

\*GF bread for \$0.50

All credit card transactions are subject to a 3% processing fee.

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.