

GLUTEN FRIENDLY MENU

Flying Fish is not a gluten free environment. Our menu items are handcrafted in our kitchens, often times using shared equipment (including common fryers) and variations in vendor-supplied ingredients may occur. For these reason, we cannot assure you that any menu item will be entirely gluten free.

STARTERS

- OYSTERS SCAMPI** Baked Oysters, Parmesan Cheese, Garlic Butter **11.95**
- BUFFALO SHRIMP** Steamed Popcorn Shrimp, Buffalo Sauce, Celery, Bleu Cheese Crumbles **9.95**
- RIB STACK** Honey-Apple BBQ Sauce **10.95**
- PEEL & EAT SHRIMP** Served Cold with Old Bay and Cocktail **12.95**
- CRAB STUFFED AVOCADO** Avocado, Black Bean & Corn Relish, Lump Crab Meat, Sriracha **12.95**
- SALMON POKE BOATS*** Sushi Grade Salmon, Cucumbers, Red Cabbage, Sesame Seeds, Poke Sauce, Spicy Mayo **10.95**

SALADS

- ICEBERG WEDGE** Bleu Cheese Dressing, Bleu Cheese Crumbles, Applewood Smoked Bacon, Tomatoes, Red Onions **8.95**
- CLASSIC CAESAR SALAD** Romaine, Parmesan Cheese **4.95 / 7.95**
- Add Grilled Chicken Breast **4.95**
- Add Grilled Shrimp **6.95**
- Add Grilled Salmon **10.95**

- HONEY APPLE CHICKEN SALAD** BBQ Rubbed Chicken, Mixed Romaine, Tomatoes, Red Onions, Bleu Cheese Crumbles, Candied Pecans, Granny Smith Apples, Honey Apple Vinaigrette **12.95**
- LOWCOUNTRY COBB SALAD** Steamed Shrimp, Applewood Smoked Bacon, Avocado, Egg, Tomatoes, Cucumbers, Bleu Cheese Crumbles, Bloody Mary Ranch Dressing **15.95**
- SEARED AHI TUNA SALAD*** Cajun Tuna Seared Rare, Mango Salsa, Cucumbers, Red Cabbage, Romaine, Creamy Wasabi Dressing **15.95**

ENTRÉES

- MARKET FRESH FISH*** Grilled or Blackened Market Fresh Fish, Chef's Rice, Green Beans **MARKET PRICE**
- BBQ CHICKEN** Honey-Apple BBQ Sauce, Gouda Cheese, Gouda Smashed Potatoes, Green Beans **16.95**
- CHIMICHURRI SHRIMP** Riced Vegetables **19.95**
- SHRIMP SCAMPI** Sautéed Shrimp, Garlic Butter, Red Onions, Tomatoes, White Wine, Chef's Rice, Green Beans **18.95**
- JAMBALAYA** Sautéed Chicken & Shrimp, Smoked Sausage, Okra, Tomatoes, Peppers, Onions, Cajun Red Sauce over Rice **17.95**
- BABY BACK RIBS** Honey-Apple BBQ Sauce, Gouda Smashed Potatoes, Green Beans **22.95**
- FILET*** 8oz Certified Angus Beef®, Gouda Smashed Potatoes, Green Beans **27.95**
- SURF & TURF*** 6oz Certified Angus Beef®, Filet topped with Lobster Tail, Old Bay Butter, Gouda Smashed Potatoes, Green Beans **MARKET PRICE**



BUILD YOUR OWN BOIL



START WITH OUR BOIL BASE AND ADD ANY OF THE FOLLOWING TO BUILD YOUR OWN BOIL

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| BOIL BASE 6.95 | 1 ¼ POUND SNOW CRAB (2 CLUSTERS)MARKET | 1 POUND PEI MUSSELS 9.95 |
| Red Skinned Potatoes, Corn on the Cob,
Pecan Smoked Sausage, Old Bay | ½ POUND GULF SHRIMP..... 14.95 | 1 DOZEN SELECT OYSTERS 21.95 |
| | 1 DOZEN LITTLENECK CLAMS 9.95 | |

SIDES 3.95

- GREEN BEANS • CORN ON THE COB • RED SKINNED POTATOES • CHEF'S RICE • GOUDA SMASHED POTATOES
TRADITIONAL COLESLAW • RICED VEGETABLES

*These items contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish and eggs may increase your risk of food borne illness, especially if you have a medical condition. A possible health risk may exist in eating undercooked ground beef at an internal temperature less than 155 degrees. The immediate consumer or purchaser must be 18 years of age or older and notified in advance.