



SEAFOOD FOR THOUGHT

WINTER — SPRING — SUMMER — FALL

eat_osea underthesea

109 S GLASSELL STREET, ORANGE, CA
EATOSEA.COM PHONE (714) 363 3309

DINNER

It is our privilege to welcome you to O SEA, a seafood restaurant of time and place. We serve responsibly-sourced seafood complemented by the seasonality and diversity of Southern California cooking. Wines? Let us help you select something fun, something different. Beers? All thoughtfully selected from our local Orange County brewers.

We can't wait to serve you.

smaller things

TO SHARE — OR NOT

GRILLED AVOCADO with PICKLED ONIONS 9.95
spicy thai vinaigrette, crema,
pepitas — grilled rustic bread

BURRATA CHEESE with APPLE CHUTNEY 15.95
curry oil, garlic chips
— grilled rustic bread

WILD PACIFIC YELLOWFIN TUNA POKE 15.95
blood orange aji amarillo dressing,
jicama, cucumber — taro chips

FARMED BRITISH COLUMBIAN SALMON CEVICHE 15.95
coconut leche de tigre, avocado,
chili oil — taro chips

CRISPY CALAMARI 19.95
togarashi-fried — white miso
tartar sauce, oaxacan chili oil

WILD MEXICAN BROWN SHRIMP
AGUACHILE 'NEGRO' 15.95
squid ink, sunomono pickles,
radish, fresno chili — taro chips

WILD MARYLAND JUMBO LUMP CRAB CAKE 19.95
spicy mayo, thai slaw, garlic chips

HAND ROLL with YELLOWFIN TUNA or CRISPY SALMON SKIN 'CHICHARRON' ea 9.95
nori rice, sunomono pickles,
spicy mayo, avocado, furikake
— citrus ponzu

WILD SPANISH OCTOPUS 'A LA PLANCHA' 19.95
walnut pesto, crispy potatoes,
goat cheese

SPICY WILD PACIFIC YELLOWFIN TUNA
on CRISPY RICE 19.95
avocado, green onion,
sweet soy, jalapeño, furikake

O SEA 'CHOWDAH' cup 8.95 | bowl 14.95
new england style —
with bacon, lemongrass & ginger

finger foods

STEAMED TOTTEN INLET MUSSELS in THAI GREEN CURRY 21.95
MAKE 'EM SPICY +1.95
MAKE 'EM MOULES-FRITES +4.95
coconut milk, ginger, kaffir lime
— grilled rustic bread

CRISPY OAXACAN HOT SHRIMP 24.95
guajillo & arbol chili oil,
charred scallion aioli
— classic fries or garden salad

WILD ALASKAN COD FISH & CHIPS 24.95
white miso tartar sauce
— classic fries

DAD'S CHEESEBURGER 16.95
MAKE IT A DOUBLE +2.95
american cheese, remoulade,
pickles — classic fries

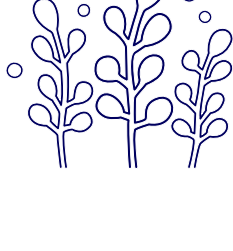
mains

DAILY CIOPPINO 38.95
fresh fish, manila clams,
totten inlet mussels & mexican brown
shrimp in spicy tomato broth
— grilled rustic bread

WILD ALASKAN BLACK COD 48.95
red garnet yam puree, charred
broccolini, sweet & spicy fish sauce
caramel, crispy bacon

GRILLED SKIRT STEAK 'BULGOGI' 39.95
bok choy, shimeji mushrooms,
sweet soy, tempura'd shishitos

SEARED WILD EASTERN SEA SCALLOPS 39.95
roasted heirloom tomatoes,
herbed yogurt, pomegranate
gastrique, dukka



sides

BREAD & BUTTER 4.95
NORI RICE & BLACK BEANS 4.95
CLASSIC FRIES 6.95
SIDE SALAD 6.95

entree salads

ADD A MARKET PROTEIN +14.95

GARDEN SALAD 14.95
preserved lemon vinaigrette,
cucumber, radish, avocado,
carrots, pickled onions

GREEN GODDESS SALAD 16.95
baby kale, bacon, crispy corn nuts,
avocado, cucumber, tomato,
goat cheese

TIJUANA CAESAR 16.95
kale & baby romaine, tortilla crisps,
pepitas, cotija cheese, anchovy, tajin

ROASTED SQUASH & APPLE GREENS 16.95
romaine & mixed greens,
cider dressing, roasted butternut squash
& honeycrisp apple, goat cheese,
walnuts, pepitas

7oz MARKET PROTEINS

WILD MEXICAN BROWN SHRIMP
WILD PACIFIC YELLOWFIN TUNA
FARMED BRITISH COLUMBIAN SALMON
WILD ALASKAN COD
WILD MEXICAN WHITE SEABASS

WILD MEXICAN SWORDFISH
WILD MEXICAN YELLOWTAIL
GRILLED CHICKEN BREAST
SEARED TOFU

entree plates

LEAN & MEAN PLATE 24.95
CHOOSE A MARKET PROTEIN
nori rice, garden salad,
grilled lemon

SUPER TUSCAN PLATE 29.95
CHOOSE A MARKET PROTEIN
braised tuscan kale, romesco'd
potatoes, charred scallion aioli

ROASTED BUTTERNUT SQUASH & GARBANZO TAJINE 29.95
CHOOSE A MARKET PROTEIN
lemon tahini, dukka, cilantro

TWO GRILLED FISH TACOS with RICE & BLACK BEANS 19.95
CHOOSE A MARKET PROTEIN
pico de gallo, pickled onions,
cabbage, spicy mayo, in a mejorado
corn or flour tortilla

O SEA BURRITO 19.95
CHOOSE A MARKET PROTEIN
nori rice, black beans, pico de
gallo, cabbage, spicy mayo, avocado
salsa, in a mejorado flour tortilla

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CLASSIC FRIES or GARDEN SALAD

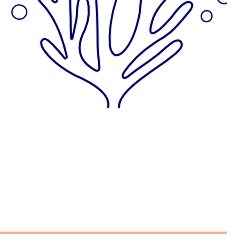
GRILLED FISH 17.95
LIL BURRITO 14.95
JR CHEESEBURGER 13.95
GRILLED CHEESE 12.95

sweets

THAI MILK TEA BLONDIE SUNDAE 9.95
'greater than the sum of its parts' —
vanilla ice cream, thai tea caramel, sea salt

CHOCOLATE BREAD PUDDING 11.95
chocolate chipotle ganache, salsa seca
streusel, housemade cinnamon whipped cream

RICE PUDDING with ROASTED HONEYCRISP APPLE 9.95
streusel & sea salt



beverages

NON-ALCOHOLIC
LEMONADE 3.95
ICED TEA 3.95
DAILY AGUA FRESCA 3.95
TOPO CHICO bottle 3.95
MEXICAN COKE bottle 4.95
DIET COKE bottle 3.95
SPRITE bottle 3.95

FRENCH-PRESSED COFFEE OR TEA
THE LOST BEAN COFFEE 5.95
regular or decaf
STEVEN SMITH TEAMAKER 5.95
British Branch Tea, Jasmine Silver Tip
Green Tea, Meadow Herbal Tea
ESPRESSO
ESPRESSO SHOT 3.95
AMERICANO hot or iced 4.95
LATTE hot or iced 4.95
CAPPUCCINO 4.95

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS

WE CARE FOR THE COMFORT AND SAFETY OF OUR GUESTS WITH DIETARY RESTRICTIONS & PREFERENCES. PLEASE INQUIRE WITH YOUR SERVER REGARDING ANY SPECIAL CONSIDERATIONS IN THE PREPARATION OF YOUR LUNCH OR DINNER.