



LUNCH



Veggies and Starters

Can't decide? Enjoy our Veggie Trio!
Choose any three for \$15

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| GF Brussels Sprouts – pancetta + balsamic + brown sugar | \$8 |
| V GF Zucchini – romesco sauce + herbs | \$6 |
| V GF Carrots – honey + ricotta + herbs | \$6 |
| V GF Roasted Mushrooms – whipped garlic aioli + herbs | \$6 |
| V GF Sweet Potato Wedges – maple syrup + herbs | \$6 |
| V GF Cauliflower – mustard + tahini + shallots | \$6 |
| French Onion Soup – cipollini onion + crouton + fontina cheese | \$5 |
| Seasonal Soup – Chefs choice | \$5 |
| V Hummus – evoo + chickpeas + tomato + cucumber + pizza flatbread | \$8 |
| Meatballs – tomato sauce + Parmesan + basil | \$8 |

Salads

Add ons... salmon \$5 / scallops \$6 / roasted chicken breast \$4

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| V GF Beef – arugula + orange zested goat cheese + fennel + roasted red and gold beets + candied walnuts + lemon vinaigrette | \$11/7 |
| Kale Caesar – avocado Caesar + multi-grain croutons + Parmesan + sun dried tomato | \$10/6 |
| GF Ember Cobb – bibb lettuce + shredded chicken + pancetta + buttermilk blue cheese + sunflower seeds + grape tomato + avocado + hard boiled egg + house made ranch | \$14/8 |
| V GF Quinoa and Spinach – marinated cucumber + grape tomato + feta + pistachio + lemon vinaigrette | \$11/7 |
| GF House salad – arugula + ricotta salata + radish + pistachios + lemon vinaigrette | \$9/5 |

Pasta

(GF) Pasta available \$2

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| V Baked Ziti – tomato sauce + mozzarella + Parmesan + spinach | \$10 |
| *GF Oak Roasted Salmon – ricotta gnocchi + tomato + capers + spinach + piccata cream sauce | \$14 |
| Meatballs – spaghetti + meatballs + tomato sauce + Parmesan + basil | \$12 |

Please inform server of any dietary restrictions

GF (gluten free) **V** (vegetarian)

* (could contain undercooked meats, egg or seafood)

Pizza

8" pizza (GF) crust + \$3 (cooked in same oven)

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| v Margherita – tomato sauce + mozzarella + basil + Parmesan | \$9 |
| v Forager – wood fired mushrooms + truffle + sage + goat cheese + roasted garlic | \$10 |
| Slightly South of Seacoast – tomato sauce + meatballs + taleggio cheese + Parmesan + fennel + banana pepper | \$11 |
| Ember – oak roasted chicken + tomato sauce + basil + mozzarella + whipped ricotta + piquillo pepper jam | \$11 |
| Boone Hall – Italian sausage + prosciutto + sopressata + tomato sauce + arugula + romano | \$13 |
| Plain Jane – tomato sauce + pepperoni + mozzarella + Parmesan | \$11 |
| Verde – pesto + mozzarella + Parmesan + roasted red peppers | \$10 |
| Calzone – meatballs + tomato sauce + mozzarella + ricotta + side tomato sauce (not available GF) | \$11 |

Add ons... meat: \$3 / veggie: \$2 / cheese: \$1.50

Sandwiches

All served with choice of... house salad, Caesar salad or veggie.

Choice of multi-grain or pizza bread (Meatball comes on hoagie roll).

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| Meatball – meatballs + mozzarella + Parmesan + Italian herbs + tomato sauce + toasted hoagie roll | \$12 |
| Roasted Chicken – oven roasted chicken breast + avocado + fontina cheese + bibb lettuce + tomato + pickled red onion + sriracha aioli | \$12 |
| v Veggie – hummus + zucchini + spinach + roasted red peppers + caramelized onions + garlic aioli | \$10 |
| v Caprese – fresh mozzarella + roma tomato + basil + balsamic glaze | \$10 |
| Ember Burger – two 4oz beef patties + white cheddar + bacon onion jam + bibb lettuce + tomato + brioche bun | \$13 |

Desserts

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| Nutella S'mores Pizza – toasted marshmallows + almonds + caramel sauce + powdered sugar | \$9 |
| Ice Cream – 3 flavor sampler, ask server for selection | \$9 |
| Seasonal Dessert – ask server for details | \$MKT |

Kids menu available • #emberkitchen

9.26.18



GlowFisch
Hospitality Group

