

Main Street Breakfast

Morning Quick Sandwiches

1. Ham, Egg, Swiss, Avocado, Arugula, Roasted Red Peppers, Sundried Aioli, Rye Bread
2. Egg White, Swiss, Tomato, Avocado, Arugula, Sundried Aioli, Multigrain Bread
3. Sausage, Egg, American Cheese, Croissant
4. Ham, Egg, Sundried Aioli, White Cheddar, Sourdough Bread
5. Bacon or Sausage, Egg, White Cheddar, Ciabatta
6. Avocado Toast: 1. Garden- Tomato, Asiago, Avocado, MultiGrain
2. Bacon, Feta, Avocado, Sourdough
7. Asiago, Bacon, White Cheddar, Egg, Bagel
8. Chorizo, Egg, American Cheese, Scallions, Caramelized Onions, Sriracha Mayo, Brioche Bun
9. Ham, Egg, Swiss, Avocado, Dijon Mustard, Pretzel Bagel
10. Bacon, Cheddar, Egg, Chipotle Wrap

Waffles

Caramel Pecan Creme Brulee	Traditional
Chocolate Caramel	Strawberry
Strawberry Banana	Triple Berry
Blueberry	

French Toast

Traditional Brioche	Cinnamon Roll
Chocolate Caramel	Caramel Pecan
Strawberry Banana	Strawberry
Jalepeno Cornbread	Triple Berry
Blueberry	

Breakfast Favorites

Breakfast Burrito	Overnight Oats	Parfaits with Granola
Acai Bowls/Smoothies	Oatmeal Kit	Monster Protein Bites

Scrambles

All Scrambles are served with a choice of toast and a side of fruit

Fajita Steak -or- Chicken Scramble

Eggs, Fire Roasted Veggies , Fajita Chicken or Steak, Pepper Jack, Pico, Citrus Chili

Fire Roasted Scramble

Eggs, Fire Roasted Veggies, Spinach, Mushrooms, Cheddar Cheese

Chicken Hollandaise Scramble

Chicken, Onion, Spinach, Egg, Hollandaise Sauce, Feta, Tomato

Bacon & Cheddar Scramble

Bacon, Onion, Eggs, Cheddar, Tomato

Garden

Onion, Spinach, Asiago, Red & Green Peppers, Avocado, Egg Whites

Fiesta Citrus Chili & Chorizo

Red & Green Peppers, Jalapeños, Chorizo, Egg, Cheddar Cheese, Citrus Chili, Sour Cream, Green Onions

Ham & Swiss

Ham, Egg, Swiss Cheese, Sour Cream, Green Onions

Hollandaise

Egg, Spinach, Mushroom, Swiss Cheese, Hollandaise Sauce, Tomato

All Iowa

Bacon, Turkey Sausage, Ham, Egg, Pepper Jack Cheese

Steak Scramble

Onion, Mushroom, Steak, Egg, Pepper Jack Cheese, Tomato



OPEN

Monday thru Friday

6:30am -3:00pm

801 GRAND, Ste 370 | Downtown Des Moines

www.mainstreetcafeandbakery.com

515-282-2796

Also, Visit Us in Ankeny | 2510 SW White Birch Dr. | in Prairie Trail
7 Days a week | 6am to 9pm

Salads

All Salads are served with a choice of baguette

NEW Strawberry Bacon Pecan Salad

Spring Mix, Romaine, Feta, Bacon, Sugared Pecans. Topped with White Balsamic.

NEW Strawberry Poppseed Chicken

Romaine, Chicken, Blueberries, Strawberries, Pineapples, Mandarin Oranges, Sugared Pecans. Topped with Poppseed Dressing.

Blueberry Medley Salad

Spring Mix, Napa Blend, Chicken, Feta, Almonds, Sunflower Seeds, Blueberries. Topped with Poppseed Dressing.

Blackened Steak Salad

Romaine, Spring Mix, Gorgonzola Cheese, Onion, Tomato, Cucumber, Blackened Steak. Topped with Balsamic Dijon.

Chipotle Ranch Crunch Salad

Napa Blend, Asiago, Craisins, Peanuts, Blackened Chicken, Wonton Strips. Topped with Chipotle Ranch.

Cobb with Avocado Salad

Romaine, Gorgonzola, Tomatoes, Bacon, Avocado, Hard Boiled Eggs, Chicken. Topped with Greek Dressing.

Blackened Chicken Caesar Salad

Romaine, Asiago, Tomato, Onion, Croutons, Blackened Chicken. Topped with Caesar Dressing.

Blackened Salmon Salad

Spinach, Spring Mix, Red Peppers, Tomatoes, Onions, Cucumbers, Blackened Salmon, Feta, Walnuts. Topped with Lemon Vinaigrette.

Blackened Chicken Salad

Romaine, Pepper Jack, Cheddar, Bacon, Tomato, Blackened Chicken, Croutons. Topped with Creamy Parmesan.

Black Bean Burger Salad

Spring Mix, Spinach, Pepper Jack Cheese, Chopped Black Bean Burger Pattie, Avocado, Wonton Strips. Topped with Chipotle Ranch, Cilantro Cream, Corn Salsa.

Asian Chicken Salad

Romaine, Napa Blend, Cilantro, Chicken Breast, Red and Green Peppers, Wonton Strips, Sesame Seeds. Topped with Asian Dressing & Peanut Sauce.

Chicken Fajita Salad

Romaine, Pepper Jack, Fajita Chicken, Fire Roasted Veggies, Wontons and a side of Salsa. Topped with Salsa Ranch.

Blackened Shrimp Salad

Romaine, Blackened Shrimp, Onion, Tomato, Egg, Avocado. Topped with Yum Yum Dressing.

Pastas

All Pasta are served with a choice of baguette

NEW Lobster Mac N Cheese

White Cheddar, Lobster Bisque, Bay Leaves, Lobster, Paprika, Bread Crumbs

Chicken Taco Pasta

Penne, Onion, Tomato, Red & Green Peppers, Chicken, Alfredo, Taco Sauce, Cilantro, Doritos

Turkey Chili Mac N Cheese

White Cheddar, Turkey Chili, Cheddar Cheese, Chili Sauce

Beef Brisket Mac N Cheese

White Cheddar, BBQ Sauce, Cheddar, Brisket and topped with French Onions

Buffalo Chicken Mac N Cheese

Chicken, Buffalo Sauce, White Cheddar, Bacon, Tomatoes, Gorgonzola Cheese

Shrimp Pesto Pasta

Shrimp, Alfredo, Pesto, Spinach, Penne, Asiago, Diced Tomatoes

Spinach & Avocado Pasta

Olive Oil, Garlic, Basil Pesto, Lemon Juice Diced Tomatoes, Spinach, Basil, Feta, Avocado

Alfredo

Olive Oil, Red Peppers, Chicken, Alfredo, Asiago, Pistachios

Chicken Bacon Ranch Mac N Cheese

White Cheddar, Chicken, Bacon, Ranch Dressing, Tomato, Scallions

Sun-Dried Tomato Mac N Cheese

White Cheddar, Sun-Dried Tomatoes, Chicken, Sun-Dried Aioli, Parmesan Cheese, Scallions

White Cheddar Mac N Cheese

Traditional White Cheddar Mac N Cheese

Shrimp and Basil Pasta

Penne, Tomato Basil Sauce, Shrimp, Tomatoes, Fresh Basil, Asiago

Naan Flatbreads

Buffalo Chicken Flatbread

Buffalo Sauce, Chicken, Bacon, Onion Pepper Jack Cheese, Tomato, Ranch

Margherita Chicken Flatbread

Basil Pesto, Mozzarella, Chicken, Basil, Roma Tomato Topped with Balsamic Glaze

Mediterranean Flatbread

Olive Oil, Garlic, Italian Seasoning, Red Pepper, Cucumber, Roma Tomato, Onion, Mushroom, Mozzarella, Cucumber Arugula, Asiago

Steak Fiesta Flatbread

Chipotle Ranch, Steak, Fire Roasted Veggies, Pepper Jack Cheese, Cilantro Ranch

Taco Flatbread

Refried Beans, Salsa, Beef, Taco Seasoning, Cheddar, Onion, Tomato, Lettuce & Doritos

Chicken & Sundried Tomato Flatbread

Sun-dried Tomato Aioli, Fresh Mozzarella Cheese, Sun-dried Tomatoes, Chicken Breast, Arugula

BBQ Chicken

BBQ Sauce, Fresh Mozzarella Cheese, Red Onion, Chicken, Spinach, French Onions

All Sandwiches and Wraps are served with a choice of side:

Cup of Soup, Green Salad, Kettle Chips or Today's Specialty Side

Griddle Melts

New Roast Beef Cheddar Melt

Rye Bread, Horseradish Aioli, Roast Beef, Bacon, Onion, Cheddar, Coleslaw

New BBQ Rodeo Melt

Sourdough Bread, Horseradish Aioli, Onion, Pepper Jack Cheese, Pulled Pork, Coleslaw

Asian Melt

Sourdough Bread, Swiss, Blackened Chicken, Napa Blend Peanut Sauce, Cilantro Lime, Sesame Seeds.

Salmon Melt

Parmesan Sourdough, Lemon Aioli, Salmon, Tomato, Onion, Avocado, Cucumbers.

Turkey Bacon Avocado Melt

Parmesan Sourdough, Signature Sauce, Swiss, Cheddar, Tomato, Turkey, Bacon, Avocado

French Dip Melt

Hoagie Bun, Roast Beef, Bacon, Asiago, Sautéed Onions, Provolone Cheese, Worcestershire

Main St Cuban Melt

Jalapeno Cornbread, Dijon Mustard, Swiss, Ham, Smoked Turkey, BBQ Pork, Pickles

Tuna Albacore Melt

Sourdough Bread, White Cheddar Cheese, American Cheese, Swiss Cheese, Onion, Tomato, Tuna Albacore

Grill Cheese Melt

Sourdough Bread, Cheddar, Swiss, Asiago, Tomato & Onion

Wraps

On a Tomato Basil Tortilla

Turkey Bacon Gouda

Signature Sauce, Turkey, Bacon, Gouda, Lettuce, Tomato

Asian

Napa Blend, Cilantro, Red & Green Peppers, Asian Dressing, Chicken Breast, Peanut Sauce, Wonton Strips & Sesame Seeds

Buffalo Chicken

Ranch Dressing, Gorgonzola Cheese, Tomato, Onion, Romaine, Chicken, Buffalo Sauce

Chicken Caesar

Caesar Dressing, Romaine, Chicken Breast, Red Onion, Tomato, Asiago Cheese

Turkey Avocado

Dill Mayo, Turkey, Avocado, Arugula, Cucumber, Diced Tomatoes

Burgers

Frisco Burger

Parmesan Sourdough, Swiss, Cheddar, Burger, Caramelized Onions, Signature Sauce

BBQ Burger

Brioche, Burger, Gouda, Bacon, BBQ Sauce

Cheese Burger

Brioche Bun, Burger, Cheddar, Lettuce, Tomato, Onion, Pickle

Paninis

Steak Focaccia Panini

Focaccia, Chipotle Ranch, Blackened Steak, Fire Roasted Veggies, Pepper Jack Cheese.

Caprese Panini

Telera Roll, Fresh Mozzarella, Balsamic Glaze Roma Tomato, Basil.

Chicken & Chipotle Panini

Telera Roll, Chipotle Mayo, Blackened Chicken, Bacon, Tomato, Cheddar Cheese.

Smoked Turkey & Bacon Panini

Three Cheese bread, Smokey Mayo, Turkey, Bacon, Cheddar Cheese.

Turkey Reuben Panini

Rye bread, Signature Sauce, Swiss, Turkey, Sauerkraut.

Chicken Pesto Panini

White Bread, Pesto, Chicken, Tomato, Arugula, Fresh Mozzarella Cheese

Chicken Focaccia Panini

Focaccia, Chipotle Mayo, Chicken, Mozzarella, Tomato, Onions, Basil.

Vegan Panini

Naan Flatbread, Red Pepper Hummus, Cucumbers, Onion, Tomato, Avocado, Lettuce

Blackened Chicken Panini

Telera Roll, Blackened Chicken, Swiss Cheese, Red Adobo Sauce, Jalapenos, Roma Tomato, Cilantro Sauce

Signature Sandwiches

Turkey Cranberry Sandwich

Croissant, Cranberry Mustard, Roasted Turkey, Cheddar, Tomato, Onion, Spinach

Turkey Club Sandwich

Croissant, Chipotle Mayo, Roasted Turkey, Bacon, Cheddar, Lettuce, Tomato, Onion

BLT Sandwich

Multigrain, Mayo, Bacon, Lettuce, Tomato

Turkey Avocado BLT Sandwich

Sourdough, Mayo, Turkey, Bacon, Avocado, Lettuce, Tomato